AGING IN AMERICA AND ITS IMPACT ON LONG TERM CARE REDESIGN IN NEBRASKA

LTC REDESIGN STAKEHOLDER MEETING
MARCH 6, 2019
2017 PROFILE OF OLDER AMERICANS

10% of seniors are abused, neglected, and/or exploited annually

13.6% seniors are threatened by hunger

4.6 million live in poverty

85% have at least one chronic condition 60% have at least two

23% are Minorities
- 9% African American
- 8% Hispanic

12 million seniors
- 4% Asian or Pacific Islander

34% of older women live alone

6% of the labor force are older adults

2 million have primary responsibility for grandchildren

FUNDING FOR SENIORS NOT KEEPING PACE

Percent of Seniors Continues to Grow

2010
ONE IN EIGHT
ADULTS 65+

2030
ONE IN FIVE
ADULTS 65+
FUNDING FOR SENIORS NOT KEEPING PACE

From 1980 to 2015

86% POPULATION INCREASE ADULTS 65+

64% FUNDING DECREASE AoA FUNDING
AGING SERVICES UNABLE TO MEET DEMAND

63 MILLION ADULTS 60+

ONLY

11 MILLION SERVED
AGING SERVICES UNABLE TO MEET DEMAND

If these trends continue millions will be eligible and few will be served.

- **1980**: 36, 1980
- **2010**: 57, 2010
- **2030**: 92, 2030

- **1980**: 236, 1980
- **2010**: 155, 2010
- **2030**: ???, 2030

MILLIONS OF SENIORS

MILLIONS OF DOLLARS
The prevalence of disability increases with age.
DISABILITIES BY TYPE Age 65+

- Ambulatory: 66.5%
- Independent Living: 47.8%
- Hearing: 40.4%
- Cognitive: 28.8%
- Self-Care: 28.4%
- Vision: 19.2%
MORE NEEDS TO BE DONE TO HELP SENIORS STAY HEALTHY

COST OF FALL-RELATED INJURIES

$50 BILLION 2017
$70 BILLION 2020

(w/ $8.76 billion attributed to Medicaid)
MORE NEEDS TO BE DONE TO HELP SENIORS STAY HEALTHY

An AARP study reports that senior hunger attributes $130 billion in avoidable health care costs.

8% of Nebraskan households with someone over age 60 are food insecure.
MORE NEEDS TO BE DONE TO HELP SENIORS STAY HEALTHY

DENTAL CARE

16% of seniors have no natural teeth

800,000 ER visits for dental conditions per year

NO Medicare coverage for dental care
HOME & COMMUNITY BASED SPENDING AS A PERCENTAGE OF TOTAL MEDICAID LTSS SPENDING SURPASSED INSTITUTIONAL SPENDING

Figure 8. Medicaid HCBS and Institutional LTSS Expenditures as a Percentage of Total Medicaid LTSS Expenditures, FY 1981–2016

Data for FY 2014 through 2016 do not include LTSS within a large California managed care program. Data do not include expenditures through managed care organizations before 2008, and for certain states and program authorities starting in 2008. See Appendix A for more information.

*IICF/ID data for FY 1987 were nearly double expenditures for FY 1986 and for FY 1988. The reason for the one-time reported increase in expenditures is not known, and data from this outlier year were excluded.
AGING IN PLACE IS COST EFFECTIVE

Annual Facility Care Costs

- **$75,190**
  - Medicaid Financed Nursing Facility
- **$48,000**
  - Private Pay Assisted Living
- **$100,375**
  - Private Pay Nursing Facility
AGING IN PLACE IS COST EFFECTIVE

Annual Home and Community Care Costs

$18,720-$50,336
HOMEMAKER & ADULT CARE SERVICES

$7,570-$26,563
HOME & COMMUNITY BASED MEDICAID SERVICES
Medicaid HCBS Expenditures as a Percent of Total Medicaid LTSS

In FY16 only 28.2% of people with disabilities and older Nebraskans were served in HCBS settings; compared to 80.4% of individuals with intellectual and developmental disabilities.
OLDER AMERICANS ACT SERVICES

Help Seniors Stay at Home

90% of seniors want to stay in their homes

92% of home-delivered meal recipients said meals allowed them to live at home

53% of seniors rely on OAA transportation to remain in community

4 out of 5 seniors believe their current home is where they will always live
WHO ARE CAREGIVERS?

39.8 MILLION ARE CAREGIVERS

6 IN 10 ARE EMPLOYED
WHO ARE THE CAREGIVERS?

50-64: 34%
65-74: 12%
35-49: 23%
18-34: 24%
75+: 7%

1 in 10 Caregivers are 75 or Older
WHERE DO CARE RECIPIENTS LIVE?

48% his/her home

35% caregiver home

11% nursing facility, assisted living, retirement community

6% someone else's home
CAREGIVER TASKS

57% assist with medical/nursing tasks

78% who provide medical/nursing tasks are managing medications, and administering IVs, injections, and medications
CAREGIVER SERVICES UNABLE TO MEET DEMAND

8 OUT OF 10 COULD USE MORE INFORMATION AND SUPPORT
THE GROWING VALUE OF CAREGIVING

UNCOMPENSATED Family & Friend Caregiving* $470 BILLION Economic Value

TOTAL Medicaid Spending $449 BILLION

*CAREGIVERS IN 2013:
PROFILE OF CAREGIVERS IN AMERICA

- 82% care for 1 adult
- 15% care for 2 adults
- 3% care for 3+ adults

On average, caregivers help with 4.2
Instrumental Activities of Daily Living

Caregivers by Race:
- 16.9% White
- 19.7% Asian American
- 20.3% African American
- 21% Hispanic

$28+ billion in lost productivity for full/
part-time employed caregivers

49% felt they had no choice in taking
on this role

85% provide care to a relative

28% of caregivers have a child or
grandchild living with them

8.4 million provide care to
an adult with an emotional or
mental health issue

17.9 billion hours of unpaid
care for people with Alzheimer’s
& related dementias

600,000-700,000 families have an
adult with I/DD
living with aging family members
with no future planning