Lifespan Respite Subsidy Program Fact Sheet

(*Revised 03/2015*)

What is This Program?

This program pays for respite services to give the primary caregiver a temporary break. Respite means the provision of short-term relief to primary caregivers from the demands of ongoing care for an individual with special needs. Ongoing care means continuous, full-time supervision/care for a person with special needs. DHHS Manual reference 464 NAC 1-007 and 1-008. It is NOT for people who are receiving respite services from another government program.

Who Needs This Program?

Unpaid family caregivers who need a temporary break from providing ongoing care to persons of any age with special needs. Examples of special needs are developmental disabilities; physical disabilities; chronic illness; physical, mental or emotional conditions that require supervision; special health care needs; cognitive impairments such as Alzheimer's disease or dementia; or persons at risk of abuse & neglect. Eligibility is based on income guidelines. HOWEVER, if you have expenses directly related to the disability, these can usually be subtracted from the counted income. The person applying must have a caregiver living in the same home. **The program will provide up to $125 per eligible client per month.** Crisis respite funds may be used for "an unforeseen circumstance or unplanned event that calls for immediate action or an urgent need for short-term assistance or relief to substitute for the caregiver in the absence of any other funding source". Authorization amount depends upon available funds and individual circumstances of applicant. Applicant must be determined eligible for Lifespan Respite Subsidy to qualify.

What if I Have Questions or Need Help with the Application or Finding a Provider?

Call a Respite Network Coordinator in your area at 1-866-RESPITE (1-866-737-7483) for help with respite resources. You may also visit the DHHS supported website "Nebraska Resource and Referral System" at https://nrrs.ne.gov/respitesearch/. This free service will assist you 24/7 in finding Network-approved respite providers that best fit your needs and location. You can easily search for respite resources and supportive services throughout Nebraska on this site.

- What if I (caregiver) need help finding a Network-approved respite provider so I can have a break?
- How do I get a care recipient qualified for the Lifespan Respite Subsidy Program?
- How do I become a Respite provider?
- When/where is caregiver and/or provider training offered?

What are the Program Eligibility Income Limits?

DHHS program regulation 464-NAC 2-004.03 Financial Eligibility:

2-004.03A Family Size: Family size is determined by the number of adults and/or children related by blood, marriage or adoption who reside in the same household. An unborn child may be included. The following are considered separate families:

1. Related adults other than spouses and unrelated adults who reside together;
2. Children living with non-legally responsible relatives;
3. Emancipated minors;
4. A minor parent; and
5. Children placed outside the home and who are not residing full-time with the biological parents or usual caretaker.

2-004.03C Income Eligibility: Clients whose gross income minus allowable disregards is at or below 312 percent of the Federal poverty level for the appropriate family size, meet the income criteria for the Respite Subsidy Program.

2015 Income Levels (312% Federal Poverty Level)

Family Size	Monthly Income Criteria
1	$3,061
2	4,144
3	5,223
4	6,306
5	7,388
6	8,468
7	9,550
8	10,664

How do I Apply?

Submit a Lifespan Respite Subsidy application (and supportive documentation, if needed) electronically to dhhs.respite@nebraska.gov OR mail to: DHHS, Division of Children & Family Services, Attn: Economic Assistance, P.O. Box 95026, Lincoln, NE 68509-5044 OR Fax: (402) 742-8356. To speak with Program staff, call (402) 471-9188 (Linda Lehde, Social Services Worker) or (402) 471-1764 (Sharon Johnson, Program Coordinator) or (402) 471-9450 / (844)-807-1197 (Economic Assistance Support Staff). Note: Requests for crisis respite must be made through the Respite Coordinator serving your county.

Central Service Area Serving Adams, Blaine, Buffalo, Clay Custer, Hall, Hamilton, Franklin, Garfield, Greeley Harlan, Howard, Kearney, Loup, Merrick, Nuckolls, Phelps, Sherman, Valley, Webster, & Wheeler counties Sue Bochart, Coordinator Central NE Community Services PO Box 509 626 N Street Loup City NE 68853 308-745-0780 ext. 145 sbochart@cennecs.org	Northern Service Area Serving Antelope, Boone, Boyd, Brown, Burt, Cedar, Cherry, Colfax, Cuming, Dakota, Dixon, Dodge, Holt, Keya Paha, Knox, Nance, Madison Pierce, Platte, Rock, Thurston, Stanton, & Washington, Wayne counties Sue Bochart, Coordinator Central NE Community Services PO Box 509 626 N Street Loup City NE 68853 308-745-0780 ext. 145 sbochart@cennecs.org
Eastern Service Area Serving Douglas & Sarpy counties Ellen Bennett, Coordinator Partnerships in Caregiving 4223 Center Street Omaha, NE 68105 402-996-8444 edbenne@gmail.com	Southeast Service Area Serving Butler, Cass, Fillmore Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Seward, Saunders, Saline, Thayer, & York counties Mary Shada, Coordinator YWCA - Lincoln 2620 O Street Lincoln, NE 68510 402-434-3494 ext. 103 mary@ywcalincoln.org
Western Service Area Serving Banner, Box Butte, Cheyenne, Dawes, Deuel, Garden, Kimball, Morrill, Scottsbluff, Sheridan, & Sioux counties Sherri Blome, Coordinator Panhandle Partnership for Health and Human Services 300 Shelton St. Chadron, NE 69337 308-432-8190 specialprojects@wchr.net	Southwest Service Area Serving Arthur, Chase, Dawson, Dundy, Frontier, Furnas, Gosper, Grant, Hayes, Hitchcock, Hooker, Keith, Lincoln, Logan, McPherson, Perkins, Red Willow & Thomas counties Helena T. Janousek, Coordinator Southwest NE Public Health Dept. P.O. Box 1235 McCook, NE 69001 308-345-4990 respite@swhealth.ne.gov

Sharon J. Johnson, Statewide Respite Network Program Coordinator
402-471-1764 or sharon.j.johnson@nebraska.gov
Linda Lehde, Social Services Worker
402-471-9188 or linda.lehde@nebraska.gov
Department of Health & Human Services
Division of Children & Family Services, Economic Assistance
P.O. Box 95026
Lincoln, NE 68509-5026

Nebraska Respite Network
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