

## **Lifespan Respite Subsidy Program Fact Sheet**

*(Revised 06/24/2014)*

### ***What is This Program?***

This program pays for respite services to give the primary caregiver a temporary break. Respite means the provision of short-term relief to primary caregivers from the demands of ongoing care for an individual with special needs. Ongoing care means continuous, full-time supervision/care for a person with special needs. DHHS Manual reference 464 NAC 1-007 and 1-008. It is NOT for people who are receiving respite services from another government program.

### ***Who Needs This Program?***

Unpaid caregivers who need a temporary break from providing ongoing care to persons of any age with special needs. Examples of special needs are developmental disabilities; physical disabilities; chronic illness; physical, mental or emotional conditions that require supervision; special health care needs; cognitive impairments such as Alzheimer's disease or dementia; or persons at risk of abuse & neglect. Eligibility is based on income guidelines. HOWEVER, if you have expenses directly related to the disability, these can usually be subtracted from the counted income. The person applying must have a caregiver living in the same home. **The program will provide up to \$125 per eligible client per month.**

### ***What if I Have Questions or Need Help with the Application or Finding a Provider?***

Call a Respite Network Coordinator in your area at 1-866-RESPITE (1-866-737-7483) for help with respite resources. You may also visit the DHHS supported website "Nebraska Resource and Referral System" at <https://nrrs.ne.gov/respitesearch/>. This free service will assist you 24/7 in finding Network-approved respite providers that best fit your needs and location. You can easily search for respite resources and supportive services throughout Nebraska on the site.

- What if I (caregiver) need help finding a Network-approved respite provider so I can have a break?
- How do I get a care recipient qualified for the Lifespan Respite Subsidy Program?
- How do I become a Respite provider?
- When/where is caregiver and/or provider training offered?

## ***What are the Program Eligibility Income Limits?***

DHHS program regulation 464-NAC 2-004.03 Financial Eligibility:

2-004.03A Family Size: Family size is determined by the number of adults and/or children related by blood, marriage or adoption who reside in the same household. An unborn child may be included. The following are considered separate families:

1. Related adults other than spouses and unrelated adults who reside together;
2. Children living with non-legally responsible relatives;
3. Emancipated minors;
4. A minor parent; and
5. Children placed outside the home and who are not residing full-time with the biological parents or usual caretaker.

2-004.03C Income Eligibility: Clients whose gross income minus allowable disregards is at or below 312 percent of the Federal poverty level for the appropriate family size, meet the income criteria for the Respite Subsidy Program.

### **2014 Income Levels (312% Federal Poverty Level)**

Family Size	Monthly Income Criteria
1	\$2,989
2	4,034
3	5,079
4	6,125
5	7,170
6	8,215
7	9,260
8	10,305

## ***How do I Apply?***

Submit a Lifespan Respite Subsidy application (and supportive documentation, if needed) electronically to [dhhs.respite@nebraska.gov](mailto:dhhs.respite@nebraska.gov) OR mail to: DHHS, Division of Children & Family Services, Attn: Economic Assistance, P.O. Box 95026, Lincoln, NE 68509-5044. To speak with Program staff, call (402) 471-3531 (Linda Lehde, Social Services Worker) or (402) 471-1764 (Sharon Johnson, Program Coordinator) or (402) 471-9450 (Economic Assistance Support Staff).



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