

HRC NEWS & VIEWS



Volume 7, Issue 3

March 2011

NEW ROLES, NEW FACES BY MARJ COLBURN & SHERRY BLOCK

Vacancies over the past few months have allowed us to review and revise some job descriptions to better meet the needs of the program and the safety and security needs of the youth. As a result of some refiguring of positions, a new Recreation Specialist and a new Compliance Specialist position were created. A Youth Counselor leadership position was also developed for the PVC program, utilizing one of the YCs currently on our staff.

Following interviews, Tracy Polage accepted the Youth Counselor position in the Prevocational Center. His primary duties include working with the PVC staff to develop the vocational, educational and life skills programs for youth who have completed their high school credits or received their GED certificates. He continues his responsibilities as a YC, collaborating with his peers and school personnel to ensure safety and active treatment throughout HJCDP. Tracy works 7:00 to 3:30 shifts to cover the hours youth are in the Prevoc Center. He's doing a great job and we're pleased

to have him supporting staff and youth in PVC.

Following interviews, Josh Albrecht, formerly employed by YRTC Kearney, interviewed and was hired for the Recreation Specialist position. He has hit the ground running (a good thing for a recreation person) providing weight room safety training for youth and staff during his first two weeks at HRC. His essential duties include planning and providing recreation and special activities on and off campus to improve youth's leisure skills and collaborating with the treatment team to meet individual youth's needs. Mr. Albrecht's schedule has been set to allow him to lead the Physical Education classes and as many sessions of Organized Recreation as possible. Josh is certified as a Lifeguard and CPR/AED for the Professional Rescuer Instructor. We're glad to have him aboard!

Grant Johnson, former YC, interviewed and was hired for the Compliance Specialist position. In his new role, Grant will take over responsibility for incident investigations that are incomplete.

He will also be working with standards compliance related to Joint Commission and Medicaid standards. Grant will also be assisting with camera surveillance and environment of care safety concerns. Already certified as a Mandt instructor, Grant will become certified in First Aid and CPR training. He will be able to carry over the training piece into the actual work setting, making sure that policies and procedures are followed. Grant will serve on PIGroups related to client issues, be involved in Critical Incident Reviews and will serve on several committees where adherence to policy is crucial. Grant started in his new role on 2/28/11, and he is already busy at work finding processes that were implemented but for some reason have not been completed or could be done more efficiently. Grant will be working 8 hour days with an every other weekend rotation. Having Grant working on weekends will give him a chance to evaluate weekend activities/programs and areas that might need some improvement. Welcome to Grant in this new role.

MARCH OBSERVANCES

- INTERNATIONAL HAMBURGER AND PICKLE MONTH
- MIRTH MONTH
- NOODLE MONTH
- NUTRITION MONTH
- PEANUT MONTH
- POISON AWARENESS MONTH
- RED CROSS MONTH
- SOCIAL WORKER'S MONTH
- 2ND WEEK IN MARCH**
- PROCRASTINATION WEEK
- 3RD WEEK IN MARCH**
- CHOCOLATE WEEK
- INHALANTS & POISONS AWARENESS WEEK
- 4TH WEEK IN MARCH**
- EGG SALAD WEEK
- 3/20** EARTH DAY & SPRING EQUINOX (FIRST DAY OF SPRING)
- 3/22** GOOF-OFF DAY
- 3/26** MAKE UP YOUR OWN HOLIDAY DAY
- 3/27** FLY A KITE DAY
- 3/30** DOCTOR'S DAY



THE 60 DAY MARK BY MARJ COLBURN

HRC is fast approaching the magic 60 day mark to have our Plan of Correction submitted to Joint Commission. We have 5 standards identified as out of compliance, and everyone has been working really hard to remedy the problems identified by the surveyor. You are going to see some changes in how things are done as we resolve these issues with the Joint Commission.

"We've had many people working on many projects and we have the documentation to support the efforts made."

First and foremost, there will be a new Initial Treatment Plan and Problem List found on each youth's medical record. The Initial Treatment Plan is a one page document that will serve as a quick reference to staff regarding the youth's educational issues, any medical problems that staff need to be aware of and risks identified for each youth. The Problem List will serve as a tool for all staff to identify problems the youth might have. The Treatment Team will be the decision-maker as

to whether all of the problems identified are treated as part of this admission, are treated by an outside provider, or treatment is deferred until after the youth is discharged.

Josh has done a lot of work to bring the weight room equipment and

processes into compliance for the Plan of Correction. Staff competency training has been completed and new staff will be trained to be competent in this area also. Equipment has been repaired and the area has been rearranged to allow more space for the youth to stretch and get around between pieces of equipment. Posters are on the walls about stretching, and posters are ordered to remind youth and staff of appropriate use of the equipment.

Dr. Wyse's credentialing/privileging form has been revised to reflect his work with the adolescent population, his medication prescribing privileges and substance abuse treatment. The new revised forms were approved by the Governing Body in February.

The final date for submission to Joint Commission is March 27th but we are working to get our final report into them by March 16th. Should they not approve of any of our plans or if they need additional information that will give us a little cushion of time to submit it before time runs out on us.

Thanks to everyone who worked so hard to make sure the deficiencies were corrected. We've had many people working on many projects, and we have the documentation to support the efforts made. Your work has really been appreciated.

VITAL SIGNS HEALTH FAIR AT HRC BY JEAN LUTHER

There were 28 participants this year for the Mary Lanning Hospital Vital Signs Health Fair, four more than last year. The cost was \$30 for a Complete Blood Count (CBC) and Complete Metabolic Panel (CMP). The tests include triglycerides, total cholesterol, HDL cholesterol and LDL cholesterol. This is a lot less expensive than having it done at the doctors' offices. They also offered Prostate-specific antigen (PSA) and an A1C tests for an additional cost.

PSA is a protein produced by cells of the prostate gland and is a test for males over 50. Glycated hemoglobin (A1C) is performed to identify the glucose that a red cell is exposed to over a prolonged period of time. The result is reported as an average glucose level for that period of time. It is a test used by doctors to see how well the glucose levels

are controlled in diabetics and can also be a diagnosis for diabetes.

If you did not take advantage of this opportunity at HRC this year you can still participate in the Health Fair on March 25th and 26th at the Adams County Fairgrounds.



Jean used the ole "you won't feel a thing" and you know what, we didn't!

DANGER AT HRC BY CHERI DELAY



I imagine few people know that we have Danger among our employees at HRC. Former Hastings College Bronco Wide Receiver Maurice Mansfield, who was the top receiver for Hastings College a year ago and is currently a Youth Care Specialist II at HRC, was selected to play on the Danger team as a receiver and special teams kickoff. The Danger team is a professional indoor football team with their home turf at the Heartland Events Center in Grand Island. Maurice is one of two receivers the Danger signed at the first tryout.

Danger had its first home game on March 7 against Wichita Wild winning with a final score of 70 to 59. In a brief interview with Maurice, he

stated he loves football and has been playing since the age of 9. It is a passion of his. He works hard at it, and tries to perfect his craft and skills. He enjoys the team, the atmosphere, the other players and being challenged. His ultimate goal is to go to the next level in football. The team will typically hold practices Tuesday through Friday two hours a day and in addition to that he works a .8 position at the HRC. On Mondays, they usually spend time watching films of upcoming opponents games and films of their previous game to see how they can improve. He commented that some days it's hard to get himself up and going, but he is highly motivated to perfect his game and to excel at his job. He especially enjoys working with the youth in HJCDP. So far he has had no serious injuries just the usual bumps

and bruises.

He is new to the indoor game. Outside you have 100 yards, but inside you only have 50 yards and the width of the playing field is less with a wall to run into. It takes some adjusting to get used to this new football environment. He is considered a rookie, but excelled in the March 7 game catching 4 passes for 34 yards including touchdown catches of 2, 7 and 13 yards. He was happy he was able to contribute that much to the team and hopes to keep up with this standard that he has set for himself.

If you are interested in seeing one of the upcoming games, season and single game tickets are available at the Heartland Events Center Box Office and single game tickets can be purchased at your local Pump & Pantry.

MARCH HOLIDAYS DECLARED ON HRC CAMPUS BY CHERI DELAY

Since we do not have a federal or state holiday in March that provides us with a day off, the following holidays were suggested by HRC staff:

Thank You Day – March 21.

H.R. staff would like to celebrate a Thank You Day at HRC on March 21, 2011. We chose this day because it is the first work day of Spring and what a way to bring in the new season!!

The Human Resource Department had a very successful move. There were so many employees involved in this great success that we would like to honor all of them with a **BIG THANK YOU**. To Sherri Block for removing all her things to another area gathering boxes and carts, to the housekeeping department for having the new area in such a mint

condition for our move in and for having to clean up after us in the Building 8, to maintenance for all their hard work in moving all the files, furniture and boxes over to the new location and for having the new area all set up for us to move into, to the mail room for setting up our new mailbox, to Linda Weber for coordinating the moving of the phones, the copier and setting up the computers, and printer. Thank you

Educational Services for warmly welcoming us into the new area. Thank you to Jean Luther for making sure we have access to our new areas and we are all set up in compliance to the safety rules. Thank you Corinne for getting us all set up with new keys. Thank you to Terry and Sandra for picking up our excess supplies. Also a thank you to all

the Building 3 staff who have welcomed us to building 3.

Wear Your Slippers To Work Day – March 23, 2011

YC Chris Martin would like to declare March 23 as Wear Your Slippers to Work Day. She feels it would be an awesome holiday as many of our staff are on their feet so much of the day. It would be nice to wear something soft and warm on their feet as they go about taking care of business.

Spring Fever Day (Bridge Day)

Jean Luther feels since it's finally spring and it's been a long stretch between holidays for state Employees, she would like to name the last Friday in March as Spring Fever Day (or Bridge Day).

NEW EMPLOYEES BY BETH BARTELL



Josh Albrecht joins the HJCDP program in the position of Recreation Specialist. Josh feels welcomed at HRC and is happy to be in a facility

that provides good staffing ratios and programming to provide good outcomes for youth. Josh transfers to HRC from Kearney-Youth Rehabilitation Treatment Center.

Welcome to HRC, Josh!



Jessica Joslin returns to the HJCDP program as a Youth Counselor.

Welcome back, Jessica!

TORNADO DRILL

by Jean Luther



Nebraska Severe Weather Awareness Week is March 14th to 18th, 2011. Prior to this a note was sent out to staff to review HRC's policies and procedures for severe weather events and to ensure that the storm carts were adequately supplied. The storm carts are located in Room 065, the client storage area. There are blankets, flashlights, batteries, weather radios, cards and snacks. Tony Martin checked the storm cart, updated the supplies and informed staff of the readiness.

We participated during the drill to test our plan and procedures for severe weather and tornadoes. The objectives are:

- To test the procedures and locations for safe areas
- To ensure the equipment and materials gathered, are appropriate and staff know where they're located.

All staff and youth in Building 3 proceeded to the ground floor. This ensures enough staff are available to help with youth if necessary.

As part of the standards for emergency management an evaluation of the drill is to be performed. A request is sent to staff for any strengths or weaknesses they noted in the plan or procedures. Corrections or additions can then be incorporated into the plans. These plans and/or procedures are then tested during the next drill. Several things were identified immediately by the Youth Counselors, Heather Sidders and school staff as areas needing additional procedures, changes or equipment adjustments. They are as follows:

- The intercom announcement was heard in most areas, but not on the west end of the school or the therapy area.
- Announcements will need to be made by radio in addition to the intercom.

Questions were asked about the safe area for the Chapel. As noted on the Emergency Procedure Card in the Chapel, staff are to proceed to the lower level. The area is accessed with a 3212 key.

If you have any questions or concerns about the drill or procedures, please send them to Jean Luther so she can follow up on them.

GUESS THE SWEETHEARTS WINNER

The first person to correctly identify the brides featured in the February News & Views issue was Ruth Jeremias. Good job, Ruth!



Harmon and Sandra Warford. Sandra is a Supply Worker II in the Supply Store.



Wanda and Kirk Yochim. Wanda is a Personnel Assistant in Human Resources.

Happy Doctors Day
March 30, 2011



Dr. Michael Judson



& Dr. Gene Wyse

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AA/EOE/ADA



Nearly new Whirlpool washing machine.

2 households merging. Only used 6 months. Has a second rinse option. If delivery is an issue, we will deliver within 20 miles of Hastings. \$300.00 402-984-5610 ask for Cyndi

Large capacity Maytag washer & Kenmore dryer. Price negotiable. Contact Kenny Morehouse ext. 3433.

Easter bunnies to good homes! Mom is a Californian (breed) who won a purple at the fair last summer, Dad is a black Holland Lop (economy size rabbit with floppy ears) who hasn't been shown yet. Bunnies are black and as cute as can be! Will keep till Easter if needed. \$5 each, good pets and 4-H projects. Susan Kotas 402-469-4626

DO YOU KNOW?

How many heat, smoke and duct detectors are located in Building 3? Email your guess to Corinne Jensen by 3/22/11. A prize will be awarded to the closest guess.

Fresh Broccoli Salad from the kitchen of Jean Luther

2 heads fresh broccoli, chopped	3/4 c. sliced almonds
1/2 c. chopped red onion	1 c. mayonnaise
1/2 c. bacon bits	2 T. lemon juice
3/4 c. raisins (or raisins)	3 to 4 T. of sugar
1 can of drained, rinsed kidney beans	

1. Cut the broccoli and onion into bite-size pieces.
2. Combine with the bacon, raisins and nuts.
3. Mix well.
4. Prepare dressing with the mayonnaise, lemon juice and sugar. Mix until smooth and stir into salad.
5. Chill and let sit overnight.

KIDS SAY THE DARNDDEST THINGS

When my oldest daughter was about a first grader, the mother of one of her friends was pregnant. When I tucked Katherine in one night, she said, "Oh yeah, Shaunice's mom had her baby, it's a boy." I asked what they named him and she looked puzzled and couldn't quite remember. Finally she said "you know, the guy with the boat." Jimmy Houston? Bill Dance? Hank Parker? Turns out it was the guy with the BIG boat...they named the baby Noah!! **Submitted by Susan Kotas**

INTERNATIONAL FOODS CARRY-IN DINNER BY PAM SCHWABAUER

The Health And Wellness Committee will again be sponsoring an International Foods carry-in dinner on April 12, 2011. Please put this on your calendar so we can have as many staff as possible participate. The details are still being worked on and more information will be distributed the first part of April.



Looking for **desk** which will work well with laptop computer; **above ground gardening set up** – four feet off the ground 4x6 feet or negotiable AND **good carpenter** to make simple pantry door. Call Mary Lou @ 3479. Thanks.

Prop items for musical at Adams Central: a **whip** (horse, buggy, bull), a **monacle**, a pair of **old spectacles**, and a **round table cloth with fringe on it** (probably about 6-8 feet in diameter). Call Richard Johnson 402-670-2495



Find the pot of gold in this issue and win a prize.

Call Cheri Delay at ext. 3223 with the location and to claim your prize.

WORD OF THANKS

To All of You at HRC:

Thank you all so much for all your ongoing support and prayers and the support system you all created for Kurt as he battled his disease. You have all been so wonderful to us. Thank you for your monetary gifts, we truly appreciate all your kindness. Kurt truly enjoyed working with all of you. Kurt gave our family so many wonderful memories, which I'm sure he gave to all of you. Kurt taught us a lot about courage, strength, family and faith. Although he cannot fight his disease physically, he will fight it spiritually and we will continue to fight for him and others. Thank you all so much.

God bless,

Tricia, Tyler and Lizzie Weseman

"I've noticed that the harder I work, the luckier I get!"

By: Thomas Jefferson