

# HRC NEWS & VIEWS



Volume 6, Issue 6  
June 2010

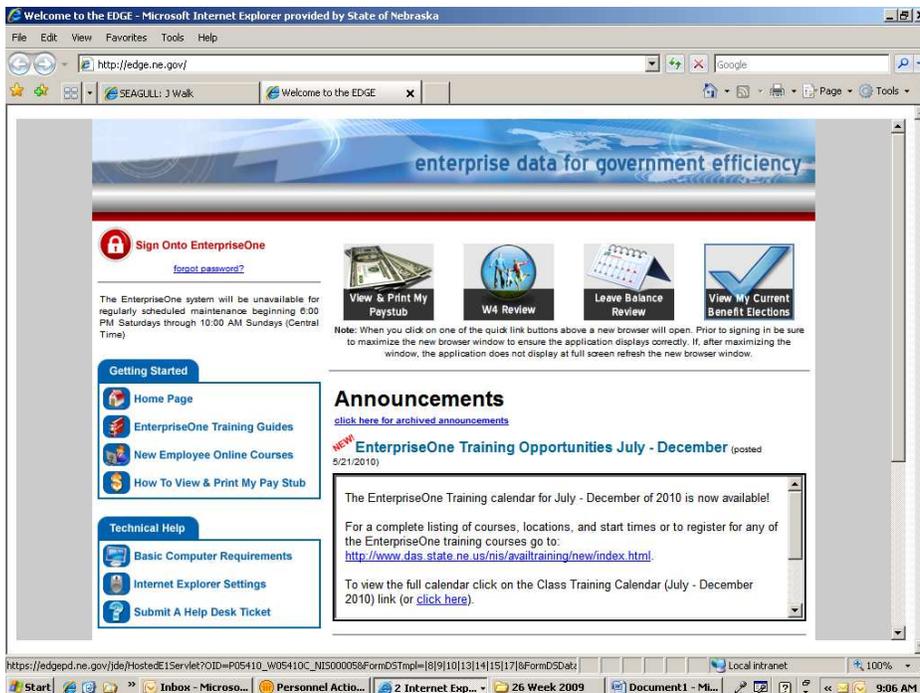
## IMPORTANT NOTICE — EMPLOYEE RESPONSIBILITY

Only “you” (the full-time state employee) know what you were enrolling in during Open Enrollment, so you are the only one who can verify that your Open Enrollment posted correctly. Sometime after July 5<sup>th</sup> you will need to go to EnterpriseOne (at

<http://edge.ne.gov/>) and click on “View My Current Benefit Elections”, log-in, and check to be sure everything is the way you enrolled. You can also click on “View & Print My Paystub”, log-in, and check to be sure the correct amount is being deducted from

your check. A screen shot of these options is shown below. If you have any questions, or something doesn’t look the way you think it should, please call Diann in HR at extension 3296, and we will look at it together. It’s much better to get things cleared up right

away than to wait months down the road. Thank you to everyone for getting your Open Enrollment completed on time!!!!!!



CONGRATULATIONS,  
CAROL HARRENSTEIN  
On the 1st Anniversary  
of life with a new liver!  
May you be blessed with  
many more years.

*With Sympathy & Condolences*  
*To our Co-Workers*  
*Jane Wells*  
*Irene Fronning (Bridges)*  
*Linda Graham*

## From Scot Adams, Director of Division of Behavioral Health

I'd like to thank everyone who participated in the Five-Star Metric Employee Satisfaction survey last December. Preliminary reviews of the survey showed that:

- You care about your co-workers
- You believe the work you do makes a difference.
- Communication isn't as good as it could be.
- Genuine feedback and thanks for a job well done aren't happening as frequently as you would like.

Many of you also said you hoped this survey wouldn't be "put on a shelf" and forgotten. CEO Kerry

Winterer is listening to what employees said, particularly about increasing communications to employees.

One of the most visible responses to the survey is the newly-revitalized Employee Homepage website at <http://www2.dhhs.ne.gov/>. Take a minute to check it out. Post something on the employee bulletin board, look at the videos and pictures that are "In the Box," and check out the "Neat to Know" section.

Another direct result of the survey is the comprehensive look that Bill Gibson and his leadership team are

taking regarding Regional Center employees' responses. Bill will be sharing information with you on that over the next few months.



I'll be doing some additional employee surveys this summer using Survey Monkey, a free online survey software & questionnaire tool. Please take the time to respond if you get a survey. I'll read your comments and use them to find better ways to communicate with you.



**SurveyMonkey**

## SURVEYS AND SURVEYORS BY MARJ COLBURN

It doesn't seem as though much time passes before we start talking about Joint Commission surveys again. Many of our current staff were not here in 2008 when the Joint Commission (JC) was last on campus. Russ Meyer and I plan to do some training for all staff related to what the JC survey entails, why it is important to us, and the expectations Leadership has of all staff related to the survey process. The official three-year period of accreditation process ends in January 2011, but the Joint Commission surveyors can arrive on campus at any time. When we were surveyed in January 2008, HRC had one surveyor on campus for 3 days.

Each morning the Joint Commission website is checked to see if there is a posting that HRC is identified for survey activity that day. The Joint Commission posts that information by 7 AM, and the surveyor usually arrives on campus the same day at around 8 AM. We don't have a large window of opportunity

to get organized by that time. That's why it's important for all staff to understand the survey process and how they fit into the survey – we want to be sure and cover that before we get into the actual event.

HRC plans to have the Switchboard make an announcement (or two) as soon as we are aware we have a surveyor scheduled to arrive. We will make that announcement as soon as the website informs us of their arrival, and again when the surveyor arrives on campus. An all HRC email will be sent. Bill Gibson and Scot Adams will be made aware of the surveyor's presence on campus so they can participate in the survey as well.

Cheri Delay coordinates all of the documentation requirements for the survey. There are certain policies, meeting minutes, facility plans and whatnot that the surveyor will request to review prior to beginning the actual survey in HJCDP. After reviewing documents the sur-

veyor will have access to the youth, staff, and the records of the youth.



In training we will spend some time talking about appropriate responses to surveyor questions. We will be completing some mock interviews for those sessions when the surveyor meets with groups of people, like the Infection Control Committee or Safety Committee. We will also develop a plan to assist the youth in feeling comfortable talking with the surveyor.

It's hoped we can get this training pulled together and offered to all staff by the end of June. We will make sure that staff are aware of this opportunity. It's important for all of us to help present the HJCDP program in the best light possible. It's very important for us to manage this survey and achieve accreditation for the next 3 years.

MICROSOFT OFFICE 2007 BY BETH BARTELL

For Microsoft Office 2007 training, go to the DHHS web page and click on this figure at the top right of the page. The on-line training is self study.



The Schedule of Computer Application Training in the Hastings area is below. Register on TRAIN or call Beth at 3291 to register.

**June 27, 2010 1:00—4:00pm**

**Outlook 2007 @ Grand Island**

You will learn how to do the following in Outlook:

- \*Address Messages
- \*Create and send New Messages
- \*Open Messages and attachments

- \*File Message in Folders
  - \*Delete Messages
  - \*Create a Contact
  - \*Create a Signature Block on Messages
  - \*Record appointments on your Calendar
- Also:
- \*Use the Yellow Pages in Lotus Notes

**August 12, 2010 1:00—4:00pm**

**Word 2007—Beginning @ Hastings**

Participants will learn to create, edit/format, save a Word document, and to manage documents on disks.

**August 17, 2010 9:30am—12:30pm**

**Excel 2007—Basic @ Hastings**

Introduction to the basics of working with a spreadsheet program. Participants will learn the elements of a spreadsheet, types of data, copying and linking formulas, formatting, and using charts and graphs for data representations.

**SUMMER BREAK**

BY SHERRY BLOCK



Yes, it's time for summer break already. The youth will not be in school June 22<sup>nd</sup> through July 1<sup>st</sup>. They will be in class on Friday, the 2<sup>nd</sup>, and then be off on Monday, the 5<sup>th</sup> for the July 4<sup>th</sup> Holiday. The youth will participate in team building activities at the National Guard Facility, softball games, swimming, and community service as we complete our "Adopt a Highway" spring clean-up project. A State Trooper will bring out the roll-over demonstration vehicle and discuss seat belt safety, Mike and Vicki Neiman will showcase their Taekwondo skills, and the K-9 members will put their rescue dogs through their paces. We'll wrap up the 2 week break with a cook out at the picnic shelter on July 5<sup>th</sup>. We'll need a few volunteers to help with a couple craft projects and a "minute to win it" game. The schedule will be available soon!

**Raspberry-Applesauce Salad** *from the kitchen of Marlene Petr*

- 1 each 6 oz. box Raspberry Jello + 1 pkg. Knox gelatin (helps to make salad firm)
  - 2 Cups Boiling Water
- Stir together until Jello and Gelatin are dissolved.

**ADD**

- 10 oz. Frozen Raspberries (that have been thawed)
- 12 oz. Applesauce (the thicker the better to make the salad firm)

Pour into a 9" by 13" pan. Place in refrigerator to chill and set. Before serving cover with cool whip. (Finely chopped walnuts on top of the Cool Whip is another option before serving.)

**Marlene challenges Dave Baisinger to a recipe next month!**

WE'RE GOING GREEN—**LIME GREEN** THAT IS BY JEAN LUTHER

It's time to update the Yellow Emergency Procedure Cards located by the phones. The new lime green sheets should be out shortly. Please read through the sheet so you are familiar with the procedures, locations of items you need and safe areas for storms and fires.

The procedures for fire alarm activation have changed. In the past the staff member with the med room key was responsible to check the alarm panel for the location in alarm, call the 911 center and direct staff. Those duties will now be handled by the Youth Counselors and Night Supervisors. When an alarm sounds staff will immediately evacuate the building unless otherwise directed by the Youth Counselor or Night Supervisor.



## PERSONAL LIGHTNING SAFETY TIPS BY JEAN LUTHER

In the United States, there are an estimated 25 million lightning flashes each year. During the past 30 years, lightning killed an average of 58 people per year. This is higher than 57 deaths per year caused by tornadoes and average 48 deaths to hurricanes. Yet because lightning usually claims only one or two victims at a time and does not cause mass destruction of property, it is underrated as a risk. While documented lightning injuries in the United States average about 300 per year, undocumented injuries are likely much higher.

- **Watch for Developing Thunderstorms:** Thunderstorms are most likely to develop on spring or summer days but can occur year round.
- **When to Seek Safe Shelter:** Lightning can strike as far as 10 miles from the area where it is raining. That's about the distance you can hear thunder. **If you can hear thunder, you are within striking distance. Seek safe shelter immediately.**
- **Outdoor Activities: Minimize the**

**risk of being struck.** Most lightning deaths and injuries occur in the summer. Coaches and other adults must stop activities at the first roar of thunder to ensure everyone has time to get to a large building or enclosed vehicle. Leaders of outdoors events should have a written plan that all staff are aware of and enforce. *Avoid water. Avoid the high ground. Avoid open spaces.* Avoid all metal objects including electric wires, fences, machinery, motors, power tools, etc. Unsafe places include underneath canopies, small picnic or rain shelters, or near trees. Where possible, find shelter in a substantial building or in a fully enclosed metal vehicle such as a car, truck or a van with the windows completely shut. If lightning is striking nearby when you are outside, you should crouch down and avoid proximity to other people.

- **Indoor Activities:** Inside buildings, stay off corded phones, computers and other electrical equipment that put you in direct contact with electricity. Stay away from pools (indoor or outdoor), tubs, showers and other plumbing. When inside, wait 30 minutes after the last clap of thunder, before going outside again.
- **Helping a Lightning Strike Vic-**

**tim:** Lightning victims do not carry an electrical charge, are safe to touch, and need urgent medical attention. Cardiac arrest is the immediate cause of death for those who die. Some deaths can be prevented if the victim receives the proper first aid immediately. Call 9-1-1 immediately and perform CPR if the person is unresponsive or not breathing. Use an Automatic External Defibrillator if one is available.

**Summary:** With common sense, you can greatly increase your safety and the safety of those you are with. At the first clap of thunder, go to a large building or fully enclosed vehicle and wait 30 minutes after the last clap of thunder before you go back outside.

When Thunder Roars,  
Go Indoors!



### **Crockpot Sauerkraut Dip** *from the kitchen of Marlene Petr*

- 1 Large Sour Cream
- 1 Large Can Sauerkraut-drained
- 1 Can Diced Tomatoes (I usually get the kind that has peppers, onions, etc. already in it)
- 1 Large Green Pepper-chopped
- 2 lbs. of Hamburger-browned

Chopped Onion and Garlic Powder are optional items. I usually put my chopped green peppers and onions in with my hamburger when I am browning it-then drain before adding to other ingredients. Good served with Tortilla Chips.

**Marlene challenges Dave Baisinger to a recipe next month!**

# School News by Dave Baisinger

The big school news is that we're moving to 82 South in Building 3. Why? We want to do some things that will help improve learning opportunities for our youth.

- \* We will have four classrooms instead of two. This means that we can divide the Journeymen and Challengers into four groups making smaller and more manageable class sizes. There will be two classrooms on the west end and two on the east end.
- \* There will be only one teacher in a classroom instead of the two we presently have. Once again, the smaller class size will make this possible.
- \* Each side will have a restroom, Oasis Room, and private learning areas rather than having to share. This means that

the two sides will have fewer opportunities to mix.

- \* GED students will have the opportunity to work apart from those doing credit recovery.
- \* There will be special education and Title 1 meeting areas on each side.
- \* The library will move to the Day Hall. In the library, besides the books, there will be ten computer ports where students can work on Apex or individual assignments. The "game" computers will be placed elsewhere.

Our goal is to have the move completed by the start of our new school year, July 1. Moving is seldom fun, but the changes described above will benefit our youth. And, as everyone knows, that's why we're here.

## FAMOUS TV FATHERS TRIVIA

BY CAROLYN BROWN

Be the first to submit all the correct answers to Corinne Jensen and win a prize!

What was the father's TV first and last name for:

1. Addams Family
2. Beverly Hillbillies
3. Bewitched
4. Brady Bunch
5. Dick Van Dyke Show
6. Father of the Bride Show
7. The Jetsons
8. Mayberry RFD
9. Mr. Ed Show
10. My Three Sons
11. The Cosby Show
12. Doggie Howser, MD
13. Empty Nest
14. Family Ties
15. Full House
16. Growing Pains
17. All In The Family
18. Little House on the Prairie
19. Sanford & Son
20. Dennis The Menace
21. Bonus Question:

If you were going to give your father a rose for Father's Day that meant "Appreciation and Thank You", what color of rose would it be?

## HAPPENINGS IN JUNE BY LINDA WEBER



Candy Month

Flag Month

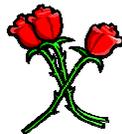
Rose Month

Drive Safe Month

Dairy Month

Adopt-A-Shelter-Cat Month

Fresh Fruit and Vegetable Month



June 8<sup>th</sup> – Race Unity Day

June 15<sup>th</sup> – Power of a Smile Day



June 15<sup>th</sup> – Electricity Day

June 20<sup>th</sup> – Ice Cream Soda Day

June 21<sup>st</sup> – Summer Solstice/1<sup>st</sup> Day of Summer

June 21<sup>st</sup> – Father's Day

June 24<sup>th</sup> - UFO Day



June 25<sup>th</sup> – LEON Day (Noel spelled backwards. It is now six months until Christmas)



For the visitors rooms: coloring books, crayons and non-toxic markers, story books, puzzles, and games for tots to teens (used items are fine). We could also use magazines for family members. **Sherry Block**



## It's June – Love is in the Air . . . . . By Cheri Delay

Weddings – All the planning – where, when, who – who's in the wedding party, who's being invited, who's sitting next to who. All the food to be prepared. All the decorations to put up and clean up. All the relatives to make happy. All the major and minor conflicts to solve. All the colors to choose from and all the dresses and tuxedos to try on. All the phone calls to make. All the money being spent. It's all a part of the preparation for what is to be one of the most memorable days of your life. We usually start planning a wedding at least one year away if not longer. So with all of that preparation time, how could anything possibly go wrong?!!!!!!!!!!!!!!

Mary Ann Koch – We were married outside at our rental home that used to be out by the medical park. We had planned the ceremony under a huge cottonwood in the corner of the yard. We had received permission from the Street Department to barricade the two roads leading to the spot. During the ceremony, we had a jogger run right by us as we were saying our vows. Guess he didn't think that pertained to him!!

Dr. Michelle Vincent – While I'm not married yet, I did recently get engaged and am in the midst of planning my March 2011 wedding. There have been many memorable events already! So far, I think the most memorable event was the weekend my fiancée and I got engaged. The day after we got engaged (Valentine's Day this year), we were driving back from Omaha in the middle of a blizzard and encountered lots of ice on the interstate resulting in us doing a complete 180 degree slide in the middle of three lanes of traffic. Thankfully, we made it to the side of the road

safely and made it home 6 hours later. We're crossing our fingers that we will not be repeating that blizzard or the driving conditions for our early March wedding!!

Jean Luther – My wedding was planned for 7:30 on a Friday evening. I arrived at the church with curlers still in my hair and my dress. I had finished making my \$8 white seersucker dress the night before. I also had a \$15 wide brimmed hat to finish off my wedding outfit. However, I forgot the hat (the most important thing in my mind) in Inland, about 10 miles away. The wedding was delayed for a half hour while someone went to re-

trieve  
my  
hat!

Love one another and you will be happy.

It's as simple and as difficult as that. – Michael Leunig

Wanda Yoachim – August 19, 2010 will be 10 years for us. I wanted a comfortable, simple wedding, even suggested we wear blue jeans, nice shirts. Not to be with my sisters, nieces, future-in-laws (my father was okay with it). I found a wedding dress. One week before the wedding, I found out it was not going to arrive on time. Canceled the order, and went shopping. Found the wedding dress (I am trying to sell it by the way), had it altered, and picked it up the morning of the wedding. I did have Barbie doll blue jeans pinned to the hoop under my dress, so I did wear blue jeans to my wedding.

Bill Gibson – After our wedding in the Berrien County, Georgia court house, Pat and I drove over to Jeckyll Island on the east coast between Charleston, SC and Savannah, GA. In the 1980's, it was still

pretty remote and desolate and quiet and the perfect place for a honeymoon. It was February, and it was cool but not too cold that you couldn't play golf or walk on the beach. When we got to the hotel the first night we were practically the only people in the place. We went to the room and opened the door and guess what greeted us – two dozen brand new truck tires stashed in the room. We called the front desk, and they wouldn't believe us until they came and looked at the tires and then they gave us another room. Turns out the tires had been stolen from a distributorship and there were five other rooms also filled with truck tires.

Kelly Hoelting – My husband and I were married on June 6, 1987 out west in the United Methodist Church in Grant, Nebraska. It was a beautiful clear day with slight wind noted. We decided to take our pictures together after the wedding ceremony. I will never forget the "ah" look on his face when I walked down the aisle. We had a reception down in the basement and a live band-dance at Front Street in Ogallala. We went to Lake Tahoe for our honeymoon. The lake was clear and there was so much beautiful scenery. We rode the glass bottom ferry boat on the lake. I will never forget the great time we had and the wonderful memories.

Marj Colburn – My college roommate, who is considerably shorter than I am, was my maid of honor. As we got up to the altar to exchange vows, I squatted down so she could flip my veil back. When I did, she said "I'm so sorry, I lost Marv's ring". Forgetting we were in church I did a "YOU WHAT?" Marv's best man figured out what was going on and slipped off his wedding band for us to use during the ceremony. Even though

Love is in the Air continued

I knew about the ring misadventure, I kept trying to jam his friend's ring (that didn't fit Marv) onto Marv's finger until he finally just rolled his fingers down into a fist. After the ceremony we found the ring in the church aisle – apparently my maid of honor had straightened my train as we came into the church and dropped the ring on the train. As we went up to the altar, I tugged on the train to get it through the altar railing and it flipped off into the aisle. Nobody really visited right after the ceremony because people were all walking around, head down, trying to find the ring.

Pam Schwabauer – We were married in Las Vegas and upon arriving was told our luggage was lost by the airline. We filled out lost and found papers, and then decided to check in at the hotel and then just casino hop until the luggage arrived. We periodically checked with the airline by phone about our luggage and they kept telling us it wasn't located. The problem about this lost luggage was our rings were in the bags and the rings were dated for the that day, sooo it was important we get married that day. To make a long story short, our luggage finally arrived at our room when we returned at 9:00 pm but had been there for quite some time. I called the airline to check again on our luggage and they reported it was in Denver to which I replied, "That's funny because it's sitting here in our hotel room!! The airline then replied, "How did that

happen, and I replied, "You tell me, you run the \*@!?! Airline!

There were also other frustrating incidents that day such as having to get married at 11:00 pm, the chapel we planned on getting married in was no longer there, the restaurant we planned to eat in was closed, and we were so tired we giggled through the ceremony!! Well....thank God those "little quirks" weren't an omen for our marriage as we are still together "for better or worse."

Heather Sidders – My husband dropped my ring when he was putting it on my finger, and it rolled down the aisle. We had to stop the wedding so he could chase it down. The funny thing is that he was a receiver in high school and known for being able to catch any ball, so when he fumbled the ring, it is something he still hasn't lived down.

Ruth Jeremias – My husband and I chose to get married in June as that month has special meaning for us. His brother had been married previously 6 months to the day before we were (in December). The weather they had was wonderfully sunshiny and people walked around outside in short shirt sleeves. Our wedding day dawned with cloudy skies and thunder storms. The weather gradually grew worse over the day, with much rain. There was a short break in the weather in the afternoon, long enough to enable me to get

the cake from where IGA is now to the church (First St. Paul's) across the street. I was hopeful that it would clear off, unfortunately that was not to be. The weather worsened to the point that during the actual ceremony, it was hailing and the tornado sirens sounded. The pastor rushed through the service so that everyone could get to the basement (where we thankfully had the reception). I later heard that there were 32 windows which were broken by the hail. We were told by several people that they hoped it didn't predict a stormy marriage. I'm not commenting on that, but we have our 39<sup>th</sup> anniversary a week from today (June 4<sup>th</sup>) so I guess it didn't spell disaster (well, so far anyway).

Mike Valenzuela – My wife and I had a country western themed wedding complete with two wedding candles for the altar with little felt cowboy hats on them. The candles burned faster than expected (it was a Catholic Mass, so very long!) The flame made it to the cowboy hat, and we had a small blaze going. This was after my best man forgot the wedding ring down in the dressing room. All in all, the best day of my life thus far.

Janet (Beach) Schueler – Married May 21, 2010 at the State Capital in the dome.

**I love being married. It's so great to find that one special person you want to annoy for the rest of your life.** – Rita Rudner

## NEW EMPLOYEES BY BETH BARTELL



**Mark Heaton** joins the HJCDP afternoon staff as a MHSSII. Mark has worked as an educator in public schools, including a teaching position at Kearney

YRTC.

**Maurice Mansfield** is a recent graduate of Hastings College, with a bachelors in Sociology, emphasis



on Criminal Justice. In his last year of college, Maurice worked at Bristol Station, a half-way house, in Hastings. Maurice is a MHSSII.

Welcome to HRC!

**HRC EDITORIAL BOARD**

Corinne Jensen, Editor – 3127  
Marj Colburn, 3166  
Sherry Block, 3260  
Carolyn Brown, 3295  
Cheri Delay, 3223  
Linda Weber, 3255  
Jean Luther, 3383

It is the policy of the Editorial Board to attempt to print any article that does not attack another person. The Editorial Board reserves the right to edit articles for size & content.

AA/EOE/ADA



Jean Luther flapping to the music

**DANCE LIKE A CHICKEN**

There are many strange and wonderful “extra” holidays that are on the calendar each year. On May 13<sup>th</sup>, HRC youth and staff celebrated “Dance Like a Chicken” day. Everyone had been alerted to watch for something special to happen on the 13<sup>th</sup>. An announcement was made about the day, staff were assigned strategic areas to assist, and “The Chicken Dance” went out over the intercom. Except for a few glitches with the intercom system, the event went over well. Staff and youth all got up from their desks and chairs to participate. Look for more fun and sometimes strange events to occur in the future!



Linda Graham is all smiles as she joins in the dance

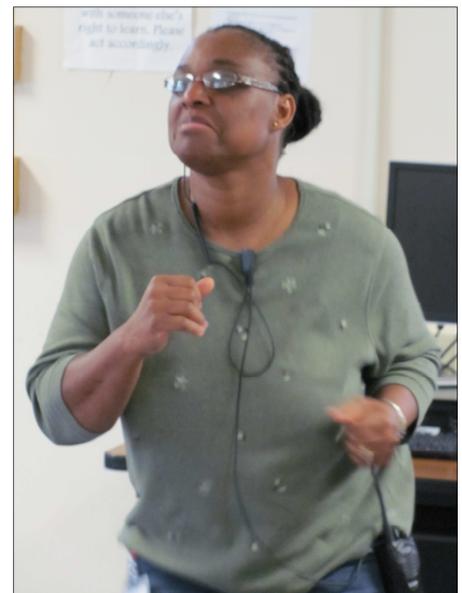


Heather Sidders enjoying the dance

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Teresa Mullen is not sure what to think of this



Chinedu Uche enjoying the break from school

