

HRC NEWS & VIEWS

Volume 6 Issue 7

July, 2010

EMPLOYEE OF THE QUARTER PRESENTED

Congratulations to Tamara Buscher, Mental Health Security Specialist II, Employee of the Quarter for July, August and September 2010!

What was expected to be a routine Report, turned out to be something special for Tammy earlier this month. Members of the Employee Recognition Committee presented Tammy with the news and her award for this special recognition.

Tammy was nominated by four of her co-workers. The nomination forms contained the following remarks: Tammy is consistently an active and positive member of her team. She displays a positive role model attitude and behavior. She is consistently going above and beyond her job duties, and is always willing to help out her team. She engages the youth in activities, and frequently works to keep them active and engaged.

Tammy is a hard working and unselfish employee. She is always on time, willing to work any area, creative, team player, open minded, has great documentation, works very well with the youth and is an inspirational authority figure to the youth.

Tammy is a team player and always willing to help out wherever she is needed. She is consistent and firm with her interactions with the youth, and yet versatile with any requests. She completes all her assigned duties efficiently and effectively. Tammy is dependable and a self-starter. Tammy is a vital asset to the HJCDP team.

Tammy communicates in a positive, supportive manner with her peers, and with the youth. She consistently encourages youth to put effort into their treatment work and to follow the guidelines. Her common sense approach is helpful in solving problems. Tammy does a good job facilitating activities and is often successful in getting reluctant youth to participate.

Tammy was presented with a certificate, key chain with the HRC logo and the parking space of her choice for the quarter.

Once again, we congratulate you on this selection which represents the recognition of your co-workers for a job well done. Keep up the good work!



Tamara Buscher, MHSS II

Thank You!

To those of you who laughed at me, thank you. Without you I wouldn't have cried.

To those of you who just couldn't love me, thank you. Without you I wouldn't have known real love.

To those of you who hurt my feelings, thank you. Without you I wouldn't have felt them.

To those of you who left me lonely, thank you. Without you I wouldn't have discovered myself.

But it is to those of you who thought I couldn't do it; It is you I thank the most, Because without you I wouldn't have tried.

Author Unknown

KEEPING UP TO SPEED BY MARJ COLBURN



- ◆ By now you have all heard that on July 16th Governor Heine-mann issued a message that all NAPE/AFSCME and SLEBC La-bor Contract covered employ-ees would be taking 16 hours of furlough leave in order to ease some of the financial stress in the state budget. Non-union employees all had their wages frozen earlier in the year. HRC is working with our sister facili-ties at NRC and LRC to draft a plan to address this furlough. We want to be sure all Regional Center staff are treated the same. It is anticipated that we should be able to manage this furlough process with minimal disruption to client care. As soon as the draft plan is final-ized and an implementation start date is set, you will be get-ting more information on how the process will be handled.
- ◆ HRC is also gearing up for the Joint Commission Survey that should happen sometime within the next year. Many of our new staff have never been through a JC survey, and have no idea what to expect. Russ Meyer and I have been working on a face-to-face in-service for staff addressing the process,

surveyors, and how to prepare. We are also updating the "Frequently Asked Questions" booklet that gives lots of infor-mation about processes and policies at HRC. This will help staff prepare for surveyor ques-tions as well. By this fall, we plan to have the revised book-lets available for review. Of course, there will be a quiz in-volved to be sure important information is reviewed and understood.

- ◆ One classroom has moved up to the new school area on the west end of 2 South. The move is providing additional space for the youth to spread out and learn. Work is ongoing on the wiring to have the east end ready for the other classroom. The plan is for that to be com-pleted by August 23rd and move the second classroom up.
- ◆ When the school area is com-pleted, we will start moving the Library up to the dayhall area on 2 South. This will free up space on the first floor for Hu-man Resources. Educational Services has already moved to the first floor in the old Chal-

lenger school space. As the Journeymen classroom moves up, they will be able to spread out into their full space with meeting rooms, training rooms, and the computer lab. It will be nice to have HR and Ed Services close to where staff work when we have training and when we have to manage things like Open Enrollment.

- ◆ Of course Housekeeping and Maintenance are trying to stay one step ahead of all these moves. They are making sure the areas look nice, cleaning floors, touching up paint and carpeting where we can. Maybe we should give them a breather before we start figur-ing out the next area to move and fix up!
- ◆ Thanks to everyone for all their hard work with the moves and for all the input related to the survey and the furlough. We will make sure that everyone is kept informed of what is hap-pening just as soon as we know. Thanks for your pa-tience, too.

MOVING UPDATE BY DAVE BAISINGER

The school move is just about over! The new Challengers (82) classrooms have been in use since our school break at the end of June. Along with the class-room furniture and computers, we moved the art room, items from several storage rooms, the teachers break room, cleared out the Learning Center, and several other areas. By Friday after-noon, July 23, the Journeymen's class-room (81) and everything else will have

been moved upstairs - with the excep-tion of the Library.

So far, the move has worked out well. The smaller classroom numbers have helped everyone: teachers, students, and staff. We're really looking forward to completing the move and getting everyone settled in.

Special thanks to everyone who has made the move go as efficiently as it

has: housekeepers, maintenance, and IS&T. They have all worked hard to make it happen and it's very much ap-preciated.



I Scream, You Scream, We All Scream For Ice Cream!!! By Cheri Delay

Because of the popularity of ice cream in the U.S., the month of July was designated by President Ronald Reagan as National Ice Cream Month beginning in 1984. The third Sunday in July was designated as National Ice Cream Day. At HRC, the Employee Appreciation Committee provided ice cream sundaes for all employees on Tuesday, July 20, which was very much enjoyed by all.

In honor of this special designation, we polled HRC staff and a few other ice cream fans for their favorite flavors as listed below.

Mint Chocolate Chip - Jean Luther French Vanilla-Linda Weber Coffee-Marj Colburn
Mint Mint Chocolate Chocolate-Dr. Michelle Vincent Peppermint Stick-Pat Adrian
Black Walnut-Carolyn Johnson Chocolate Chip Cookie Dough - Chris Martin
Ben & Jerry's Fish (Phish) Food-Bill Gibson Vanilla-Nancy Kingeum
Cookies & Cream-Pam Schusabauer Strawberry Cheesecake - Vicki Maulucci
Chocolate Mint-Corinne Jensen Ben & Jerry's Chocolate Fudge Brownie-Jessica Gard
Ben & Jerry's Cherry Garcia-Cheri Delay Homemade - Gary Peisiger
Vanilla soft serve from Dairy Queen-Jim Schuyler Chocolate Chip Mint-Kathy Stack
Homemade Vanilla made with real cream-Susan Kobas Homemade-Marlene Petr
Chocolate-Tami Buscher Strawberry-Arlene Harper Chocolate-Micki Schamens
Reese's Peanut Butter Cup-Jen Bangs Brownie Nut Fudge-Heather Sidders
Light Chocolate from Schwan's-Kelly Hoelting Strawberry-Kurt Weseman
Butter Brickle w/butterscotch topping & walnuts-Dr. Scott Adams Coffee-Gene Wyse
Strawberry-Marv Colburn Chocolate Chip Cookie Dough-Verlyn Reuerts
Monster Cookie-Lisa Sedlak Banana-Marsha Utecht Homemade Peach-Dave Baisinger
Bunny Tracks and Chocolate Moose-Sherry Block Orange Sherbet-Danita Boutin
Chocolate Chip from the Gibsons' store-Sandra Warford Pistachio-Greg Zoucha
Chocolate/Marshmallow/Caramel-Doug Benham Chocolate Chip Mint-Lynne Coates
Chocolate Chip Mint-Karen Newcomb Strawberry-Maria Alloway
Chocolate-Jerry Grafe Chocolate-Larry Veberil Homemade with Red Hots-Dan Bandel
Oatmeal Cookie Batter from Coldstone-Dean Stromer Chocolate-Carmen Novak
Butter Pecan-Phyllis Nelson Cookies 'n Cream-Crystal Perkins
Chocolate Chip Cookie Dough-Shelley O'Conner Vanilla w/Chocolate Syrup-Kay Heshaw
Chocolate Chip-Donna Hartzell Rockie Road-Charlene Gentert
Death by Chocolate by Bonnie Brae-Dr. Judson Chocolate Chip-Kerry Winterer
Pralines and Cream-Russ Meyer



THANK YOU EMPLOYEE APPRECIATION COMMITTEE
FOR THE DELICIOUS ICE-CREAM SUNDAES!



SIDDERS' ICE CREAM *from the kitchen of Heather Sidders*

- 5 eggs beaten
- 2 1/2 cups sugar
- 2 Tbsp. vanilla or 1 Tbsp. real vanilla
- 2 pint boxes Half and Half or 1 quart cream

Mix all ingredients together and put in container. Fill rest of container with milk for vanilla ice cream or chocolate milk for homemade chocolate ice cream.

Heather challenges Sherry Block to a recipe in August!

FOR SALE

Kirby Vacuum Cleaner with shampooer. Purchased new . Used once. Price ? Contact Carolyn J. ext. 3287 or bldg. 3 front desk



Spaghetti Salad *from the kitchen of Chris Martin*

- 1 pound Spaghetti noodles
- 1 pkg. dry hidden valley ranch mix
- 1 bottle of Zesty Italian dressing
- 2 cucumbers
- 2 tomatoes

Cook noodles until they are done, drain and rinse with cold water. Put noodles in large mixing bowl with lid. Mix the dry package of Hidden Valley mix with the bottle of Zesty Italian Dressing. set aside. Cut the cucumber and tomato into bite size chunks, put the cucumbers and tomato chunks on the noodles and then pour the dressing mixture over the top. Mix well. store in refrigerator.

I usually make it up a day ahead of when I need it, it tastes better after the dressing soaks into the noodles.

WANTED

Old rubber garden hose. It's going to be cut into small chunks, so it's condition doesn't matter.

Call Sherry, 3260

NEW EMPLOYEE JOINS HRC BY BETH BARTELL



Lacey Loy joins the afternoon shift in HJCDP as a MHSSII. Lacey is a graduate of the University of Nebraska at Kearney. She has a bachelor's degree in Psychology and Criminal Justice. Lacey recently worked at a children's Day Care and at a Probationary Reporting Center.

Welcome to HRC !

NEW EMERGENCY PROCEDURE CARDS

BY JEAN LUTHER

The new Emergency Procedure Cards will be out soon. You won't miss them...they'll be bright lime green. The present sheets state that the person with the med room key is responsible for checking the fire panel and relaying the information to other staff when alarms are activated. Now, the Youth Counselor or Night Supervisor is responsible for checking the fire panel and instructing staff on whether to remain in their safe area or evacuate the building.

The evacuation routes for school will also be different since the school has been relocated to the second floor. Youth and staff will

now be required to use the exit stairwells on the south side of the building for evacuation. Unit 81 will continue to evacuate to the east side of Building 3 and Unit 82 will evacuate to the west side of Building 3.

When you receive your new procedure card, please ensure that all of your safe locations are entered in the corresponding spaces. If you need further information or you're missing the procedure card, please let me know.



Patriotic sidewalk art for the 4th of July.



Magic Carpet Ride was a game played.

SUMMER BREAK

BY SHERRYB.

The youth's summer break started with a tour of the new Army Reserve and Nebraska National Guard training site and ended with a cook-out on the 5th of July. During the two week break from school, the boys went swimming and kayaking, worked on our Adopt A Highway project and "chalked the walks" with patriotic artwork. They painted hacky sacks and airplanes, fused bead designs, and played softball, basketball and "minute to win it" games. They participated in a team fitness competition at the Armory, fed treats to visiting rescued therapy dogs, and saw what happens to a body not belted into a rolling vehicle. They heard about the discipline involved in martial arts and how that translates to success in other areas of life. A young man with a history much like theirs told about his struggles with drugs, being in the penal system, and the goals he's now set for himself. Treatment work continued, but the youth enjoyed some movies, pizza and free time between therapy groups.



Sherry gets a breakfast break after all is said and done!

The preparation for all these activities takes a lot of teamwork. Corinne Jensen and Jean Luther did a great job putting all the Minute to Win It games together. The night shift helped with the bead and the Kool-aid Days projects. Marj came out to help with the picnic. Heather, Russ and Dr. Judson joined in activities when they could and the Youth Counselors and Coaches did a great job. Maintenance, Housekeeping, Nutrition Services, Staff Development - everyone had a part. Thanks to you, we survived another summer break and were ready for school in the new location when the teachers returned.



Youth compete in Minute to Win It games.



Dr. Judson decided the games weren't as easy as they looked.



Folding Kool-Aid Days shirts is a great community service project. By the first week in August we'll have delivered over 2000 to the Chamber of Commerce.



Kenny assists with the sit ups part of the National Guard team fitness competition.



Erica Wilson, Denise Ferguson, and Jamee Bockerman with Ansel, Abby and Wylie talked about the responsibilities of being a pet owner.



Heather took the youth swimming, they had the Kenesaw pool all to themselves.



Vicki and Mike Neiman demonstrate Taekwondo.



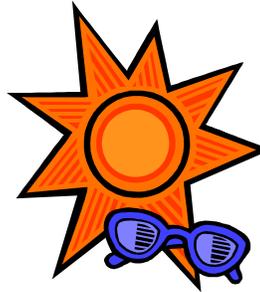
Ryan Haynes, accompanied by Mike Kottwitz, shares his story with the youth.



State Game and Parks Officers Jeff Jones and Daryl Teter and certified life guard Adam Hunt.



Grant and Russ stayed dry while kayaking at Lake Hastings.



Sgt. Jason Douglas led the tour of the new Francis S. Greenlief Training Site.



Corinne and Beth help with the "beading by design" project.



Lynne, Phil and Teresa are getting settled in their new classrooms.



Suzi & Beth moved Staff Development into the space just vacated by the school.



State Trooper Darwin Daily talks about seatbelt safety.



Trip number 43 for Dave as he moved school furnishings.



Tracy grilled the burgers to perfection for the 5th of July cookout.



ANSWERS TO FAMOUS TV FATHERS TRIVIA

Congratulations to Pat Adrian who answered all correctly.

What was the father's TV first and last name for:

1. Addams Family/Gomez Addams
2. Beverly Hillbillies/Jed Clampett
3. Bewitched/Darrin Stephens
4. Brady Bunch/Mike Brady
5. Dick Van Dyke Show/Rob Petrie
6. Father of the Bride Show/Stanley Banks
7. The Jetsons/George Jetson
8. Mayberry RFD/Sam Jones
9. Mr. Ed Show/Wilbur Post
10. My Three Sons/Stephen Douglas
11. The Cosby Show/Cliff Huxtable
12. Dougie Howser, MD/David Howser
13. Empty Nest/Harry Weston
14. Family Ties/Steven Keaton
15. Full House/Daniel Tanner
16. Growing Pains/Jason Seaver
17. All In The Family/Archie Bunker
18. Little House on the Prairie/Charles Ingalls
19. Sanford & Son/Fred Sanford
20. Dennis The Menace/Henry Mitchell
21. Bonus Question:

If you were going to give your father a rose for Father's Day that meant "Appreciation and Thank You", what color of rose would it be? **Pink**

We hope you enjoyed this trivia!

FREE MEMBERSHIP TRIAL OFFER

The Employee Wellness Committee welcomes all employees the opportunity to participate in a Free 30 Day Mini Membership trial at ANYTIME FITNESS in Hastings.

The Free Membership Trial is a wellness opportunity for HRC employees only. HRC does not endorse this business, but is appreciative of this offer to give employees a chance to improve their health and wellness.

Cards can be picked up at Corinne Jensen's office between 8:00 am to 4:30pm, or at Jean Luther's office from 6:00am to 2:30pm August 2 – August 6.

30 Free Mini Membership!

Day

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Company Name: _____ Phone (H): _____ (W): _____

Start Date: _____ End Date: _____

Email Address: _____

Club members only. *Restrictions apply. See us at the club for details. ©2008 Anytime Fitness, Inc. All rights reserved. Anytime Fitness is a registered trademark of Anytime Fitness, Inc. All other trademarks are the property of their respective owners.

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