

Women's and Men's Health Program

Cholesterol Guidelines

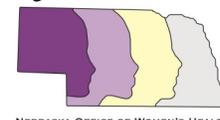
(to assist in developing your own policies and protocols)

Nebraska Department of Health & Human Services || Women's and Men's Health Programs
301 Centennial Mall South || P.O. Box 94817 || Lincoln, NE 68509-4817
402-471-0929 || 800-532-2227
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Funds for this project were provided through the Centers for Disease Control and Prevention Breast and Cervical Early Detection Program, Well Integrated Screening and Evaluation for Women Across the Nation and the Colorectal Cancer Screening Demonstration Program Cooperative Agreements with the Nebraska Department of Health and Human Services.

January 2020

Every Woman Matters



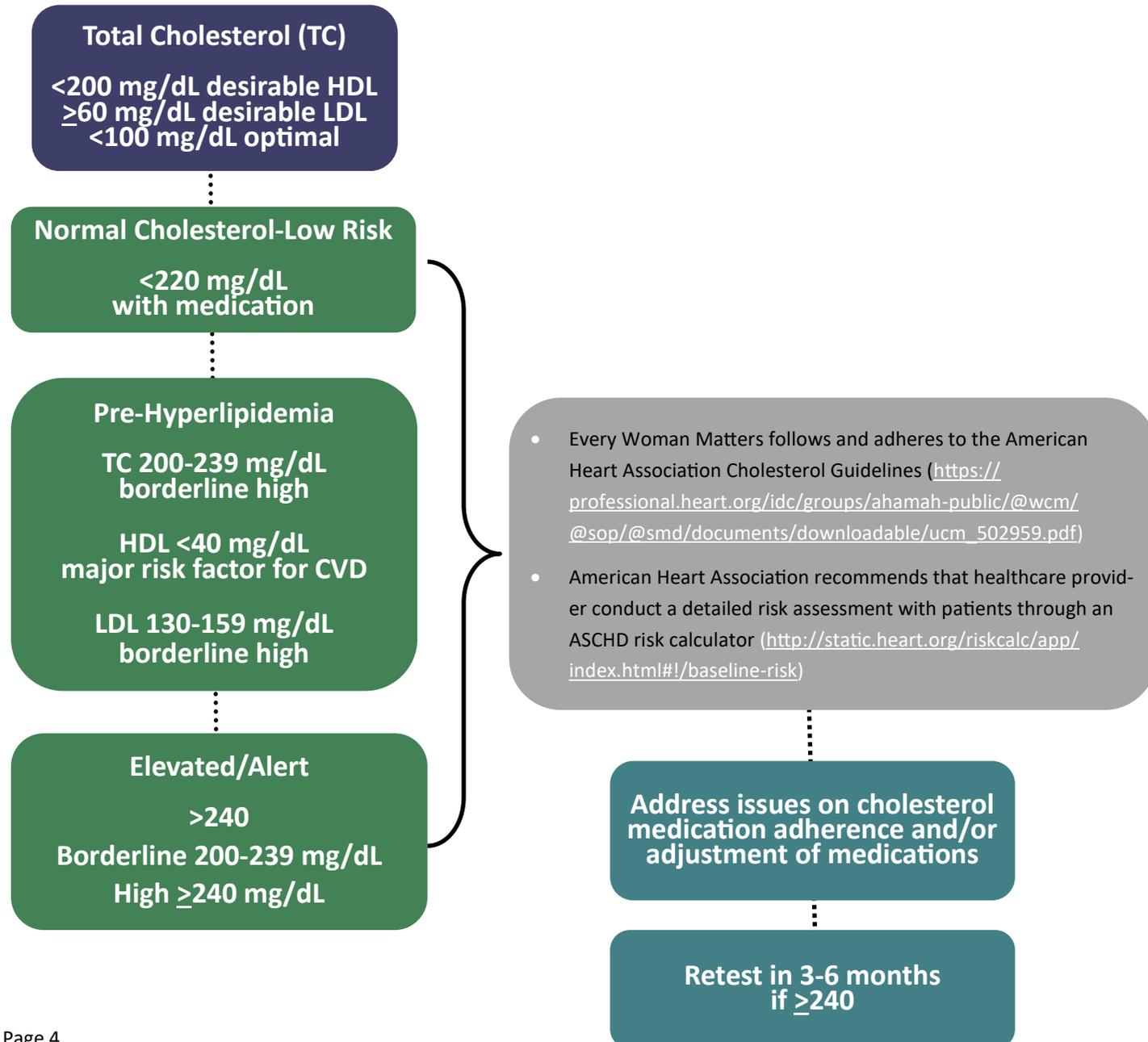
NEBRASKA OFFICE OF WOMEN'S HEALTH

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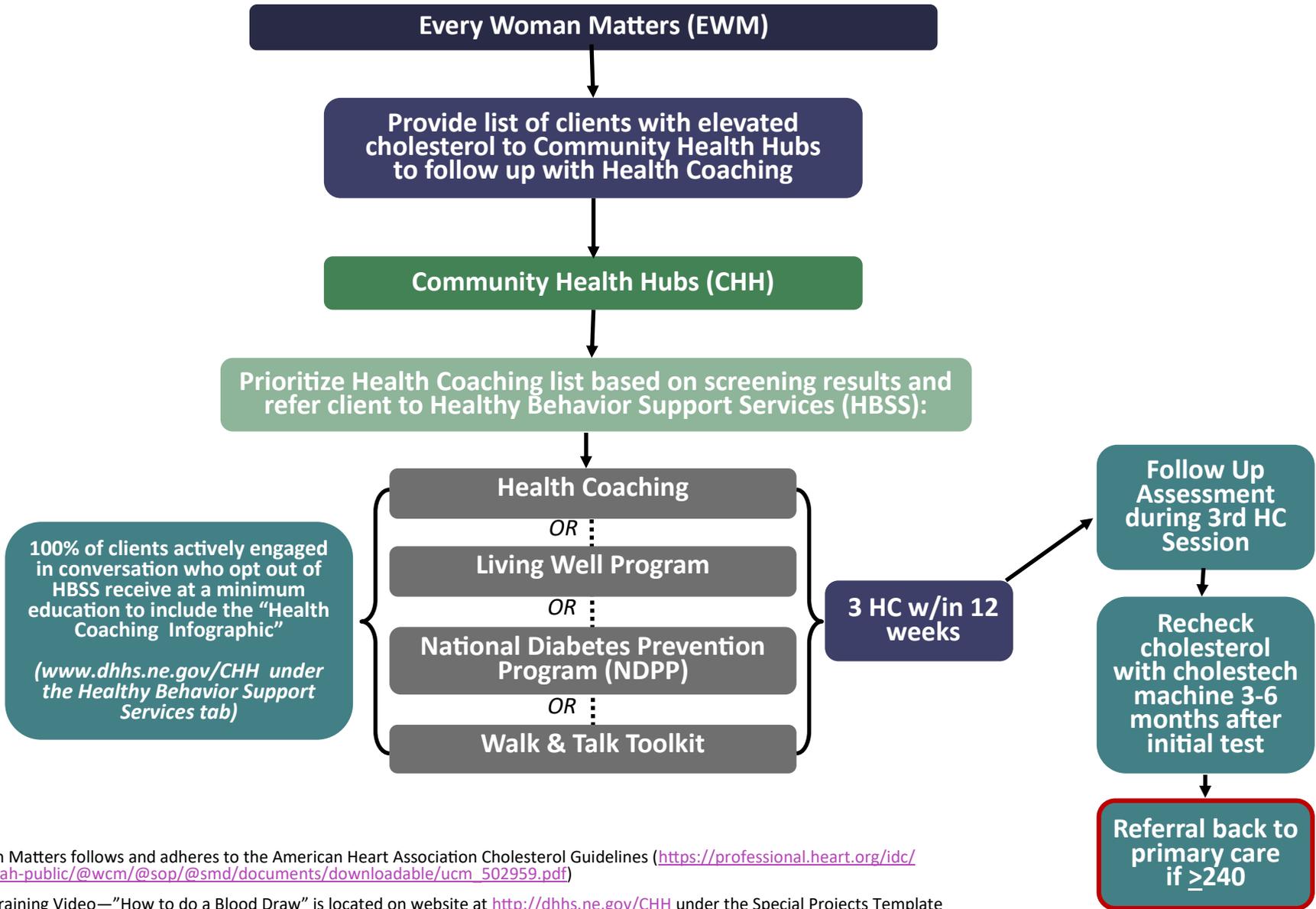
DEPT. OF HEALTH AND HUMAN SERVICES

Clinical Recommendations for Treatment and Follow-Up of Cholesterol



*Reimbursement policy on Page 4.

Community Health Hub Recommendations for Cholesterol Control



- Every Woman Matters follows and adheres to the American Heart Association Cholesterol Guidelines (https://professional.heart.org/idc/groups/ahamah-public/@wcm/@sop/@smd/documents/downloadable/ucm_502959.pdf)
- Cholesterol Training Video—"How to do a Blood Draw" is located on website at <http://dhhs.ne.gov/CHH> under the Special Projects Template tab. CHH are to refer to the training video so appropriate cholesterol procedures are followed.
- Cholesterol educational materials are available on the EWM website at: <http://dhhs.ne.gov/CHH>. The materials are located under the CHH Resources Tab.

Every Woman Matters Internal Guidelines for Cholesterol Control

Every Woman Matters (EWM)

Provide list of clients with elevated cholesterol to Community Health Hubs to follow up with Health Coaching

Run report of Client ≥ 240 after Health Coaching (monthly)

100% of women with ≥ 240 after completed Health Coaching will be offered one clinical follow-up

Letter and Cholesterol card is sent to client with a one month expiration

1:1 correspondence should include:

- Assessment of medication assistance
- Assessment of structural barriers
- Assessment of knowledge regarding condition
- Assessment of access to primary care

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Every Woman Matters Reimbursement for Cholesterol

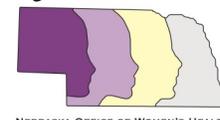
- Initial screening visit.
- Health Coaching sessions to Community Health Hubs
- Follow up total cholesterol by the Community Health Hub ≥ 240
- One clinical follow-up visit if client total cholesterol is ≥ 240 after Health Coaching is complete.

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