

Finding positive ways to deal with frustration, anger, and tension is important - especially when it comes to handling stress around our children and families.

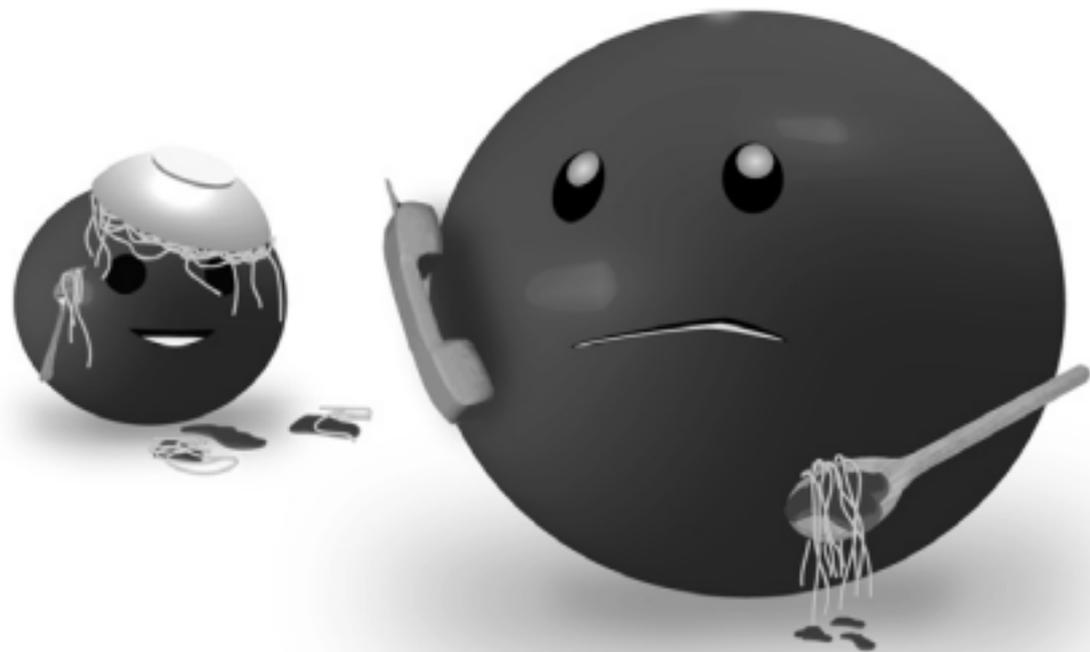
Learn how laughing, talking together and asking for help can make all the difference.

Rethink Your Reaction

Laugh • Talk • Ask

A campaign to promote safe and healthy family interaction from the Nebraska Child Abuse Prevention Partnership.

Visit www.NebraskaChildren.org for more information.



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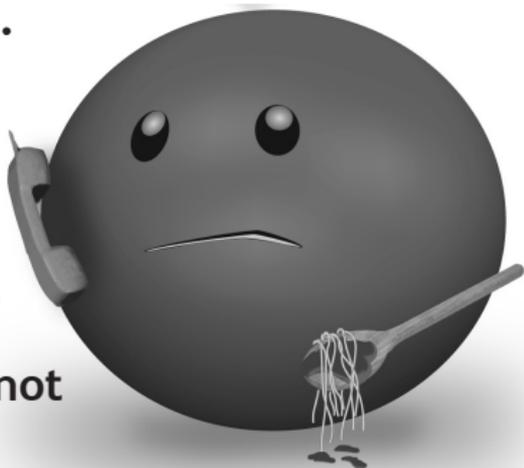
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There might be some jobs that are tougher than parenting...



But probably not too many.



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