Extracurricular Event and Club Sport Participation 
and Self Monitoring – COVID-19
Frequently Asked Questions

October 16, 2020

Q: Can I start a new club so that my school aged individual can participate in an extracurricular and not run the risk of quarantine?

A: No, the criteria for a school aged individual to self-monitor is specific to extracurricular events meaning school-sponsored events (sporting activity or other extracurricular activity), or an otherwise club-sanctioned team sport activity or event for School Aged Individuals. Having an event at a person’s house and calling it a club does not meet this definition.

Q: If my school-aged individual is on their way to an extracurricular or club sport event and is not wearing a mask while riding in a bus or vehicle, can they self-monitor instead of quarantine?

A: No, extracurricular events as defined in the Quarantine and Isolation directions excludes transportation to or from the event(s), pre or post event(s) activities or preparations, or other activities ancillary or in addition to the actual event(s) or practice.

Q: If my school-aged individual is seated in the bleachers to watch an extracurricular event, is this participating in the event?

A: No, a spectator is not a participant in the extracurricular event or club sport. It is recommended that a spectator follow social distancing and in the event that 6 feet of distance cannot be maintained, then to also wear a mask.

Q: If my school-aged individual is a cheerleader or dance team member and performing at an extracurricular event, is this participating in the event?

A: Yes, cheerleading and dance team are extracurricular events and would meet the definition of participation in an extracurricular event as defined in the Quarantine and Isolation directions.

Q: If my school-aged individual is in a locker room prior to or after an extracurricular event or club sport and is in close contact with a person who is COVID-19 positive, can they self-monitor in lieu of quarantine?

A: No, extracurricular events as defined in the Quarantine and Isolation directions excludes transportation to or from the event(s), pre or post event(s) activities or preparations, or other activities ancillary or in addition to the actual event(s) or practice.