

<b>Service Name</b>	<b>Medically Monitored Inpatient Withdrawal Management – LEVEL 3.7WM: ADULT SUBSTANCE</b>
<b>Funding Source</b>	Behavioral Health Services
<b>Setting</b>	Facility Based
<b>Facility License</b>	Substance Abuse Treatment Center as required by DHHS Division of Public Health
<b>Basic Definition</b>	<p>Medically monitored inpatient withdrawal management provides voluntary and involuntary medical and therapeutic interventions in an inpatient setting. This setting allows for 24-hour nursing coverage for hourly monitoring of the patient’s progress and medication monitoring. These facilities are staffed by physicians or APRNs who are available by phone 24 hours per day and are responsible for policies and procedures. A physician is available to assess the patients within 24 hours of admission. A physician assistant or nurse practitioner may perform the initial assessment under collaborative agreements with a supervising physician.</p>
<b>Service Expectations</b>	<ul style="list-style-type: none"> <li>• An addiction-focused history is performed or available for a physician to review during the admission process and within 24 hours of admission.</li> <li>• A physical exam is performed by a physician, physician assistant or nurse practitioner within 24 hours of admission. As part of this evaluation, appropriate lab and toxicology tests are ordered and interpreted. If a physical exam has been performed within the preceding 7 days at a higher level of care, that exam is available for review by the physician.</li> <li>• Multidisciplinary biopsychosocial assessments are performed to allow for the determination of the appropriate level of care when the patient is ready for dismissal from withdrawal management.</li> <li>• Daily assessment of the patient’s progress through history, physical exam and use with withdrawal scales are available. Treatment changes are made based on these evaluations.</li> <li>• An individualized treatment plan is assembled utilizing an interdisciplinary team of clinicians. Based on this plan, individualized treatment goals are developed and treatment objectives and activities to meet those objectives are created.</li> <li>• As part of the treatment plan, discharge and discharge planning are started on admission.</li> <li>• Therapeutic interventions are available 24 hours per day to include a range of cognitive, behavioral, medical, mental health therapies administered to the patient on an individual and group basis.</li> <li>• Services are provided to families and significant others.</li> </ul>

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<b>Length of Service</b>	Generally two to 5 days for individuals who are participating voluntarily. Individuals who are brought into care involuntarily will be released within 24 hours of admission unless they agree to continue services on a voluntary basis. However, length of stay is individually determined based on resolution of intoxication and withdrawal symptoms sufficient enough to allow for transfer to the next appropriate level of care.
<b>Staffing</b>	<ul style="list-style-type: none"> <li>• Physicians who are available 24 hours per day to supervise the clinical team, and who medically manage the care of the patient.</li> <li>• Physician assistants and nurse practitioners may perform assigned duties under collaborative agreements with the supervising physician.</li> <li>• A registered nurse or licensed practical nurse is available for primary nursing care and observation 24 hours per day. Nursing care may be on site during waking hours and available on call during night hours, unless medical condition of a patient warrants nursing presence.</li> <li>• Licensed alcohol and drug counselors or licensed mental health practitioner with appropriate addiction training are available during waking hours to administer planned activities to allow patients to complete their objectives in their treatment plans.</li> <li>• Direct Care Staff, holding a bachelor's degree or higher in psychology, sociology or a related human service field are preferred but two years of coursework in a human services field and/or two years of experience/training or years of lived recovery experience with demonstrated skills and competencies in treatment with individuals with a behavioral health diagnoses is acceptable.</li> <li>• Special training and competency evaluation required in carrying out physician developed protocols.</li> <li>• All staff should be educated/trained in rehabilitation and recovery principles.</li> </ul>
<b>Staffing Ratio</b>	Clinical Director to direct care staff ratio as needed to meet all responsibilities 2 awake Direct Care staff overnight
<b>Hours of Operation</b>	24/7

**Desired  
Individual  
Outcome**

The individual has successfully detoxified and has been assessed and referred for additional service/treatment needs