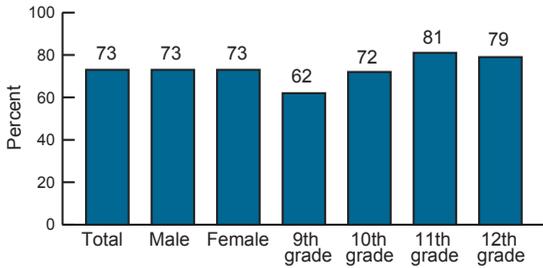
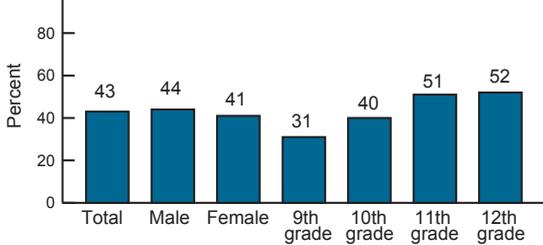


ALCOHOL

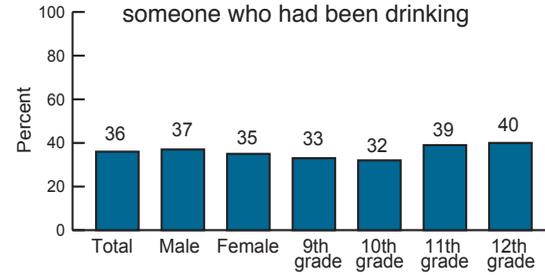
Percentage who had at least one drink of alcohol in their lifetime



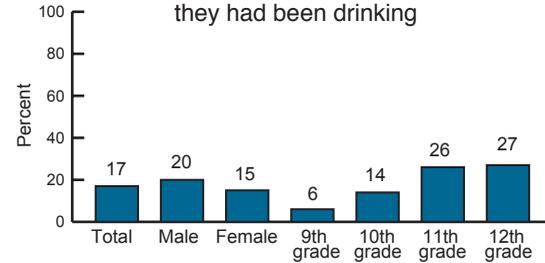
Percentage who had at least one drink of alcohol in the past 30 days



Percentage who rode in a vehicle in the past 30 days driven by someone who had been drinking

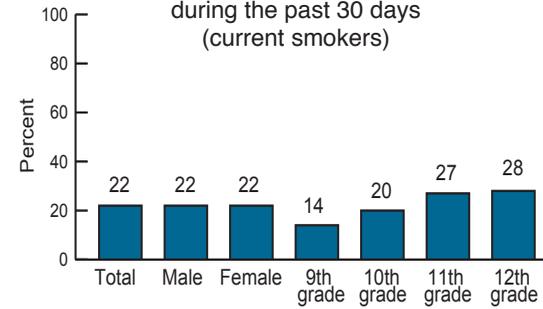


Percentage who drove a car or other vehicle in the past 30 days when they had been drinking

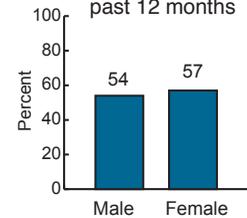


TOBACCO

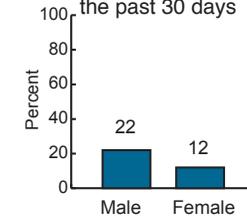
Percentage who smoked cigarettes during the past 30 days (current smokers)



Percentage of current smokers who tried to quit during past 12 months

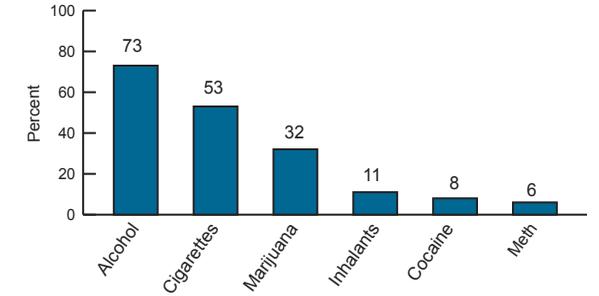


Percent who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days

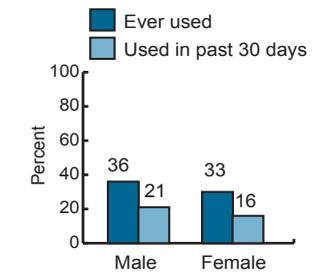


OTHER DRUGS

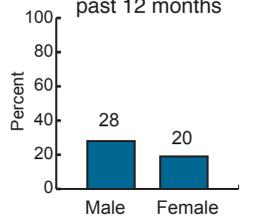
Percentage who have ever tried . . .



Marijuana:



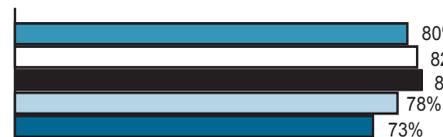
Percentage who had an illegal drug offered, sold, or given on school property in past 12 months



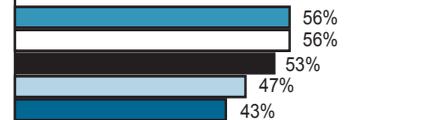
TRENDS...

1997* 1999* 2001* 2003 2005

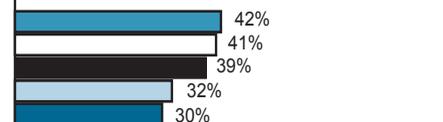
Had at least one drink of alcohol during their lifetime



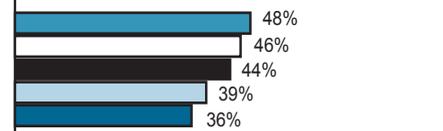
Had at least one drink of alcohol during the past 30 days



Had 5 or more drinks of alcohol in a row during the past 30 days



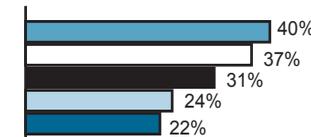
Rode in a vehicle driven by someone who had been drinking alcohol during the past 30 days



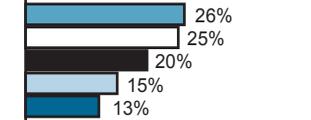
TRENDS...

1997* 1999* 2001* 2003 2005

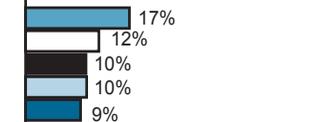
Smoked cigarettes during the past 30 days



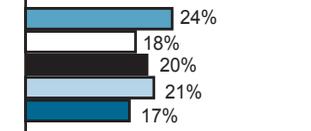
Smoked two or more cigarettes per day on the days they smoked



Chewed tobacco during the past 30 days



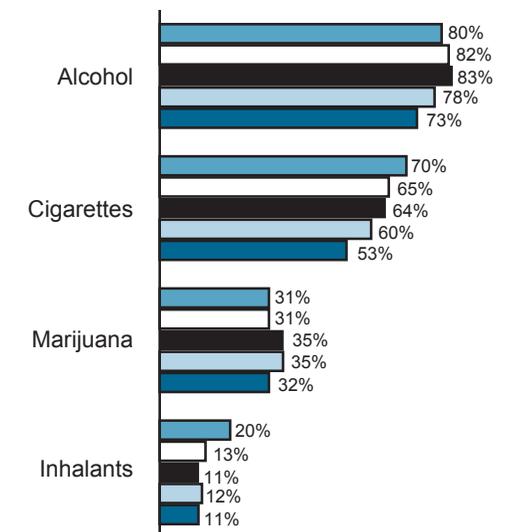
Smoked first whole cigarette before age 13



TRENDS...

1997* 1999* 2001* 2003 2005

Percentage who have ever used . . .



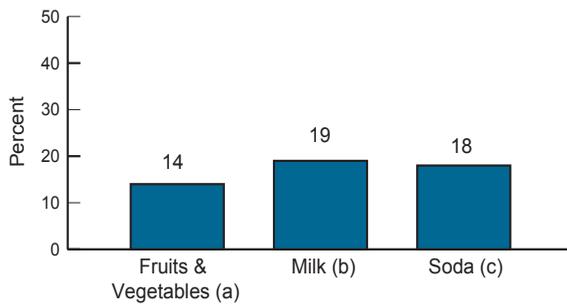
PHYSICAL ACTIVITY & NUTRITION

INTENTIONAL & UNINTENTIONAL INJURIES

SEXUAL ACTIVITY HIV/AIDS

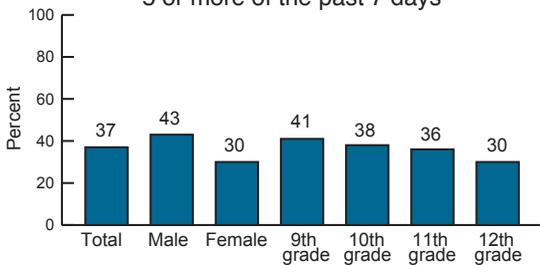
NEBRASKA ADOLESCENTS

Nutrition behaviors during the past 7 days

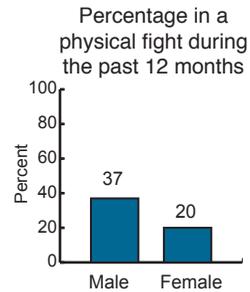


(a) Ate fruits and vegetables 5+ times per day
 (b) Drank 3+ glasses of milk per day
 (c) Drank 32+ ounces of soda per day

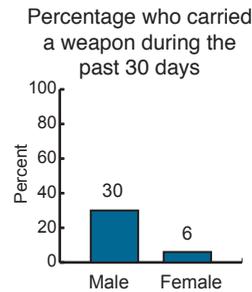
Percentage of students who participated in physical activity for 60+ minutes on 5 or more of the past 7 days



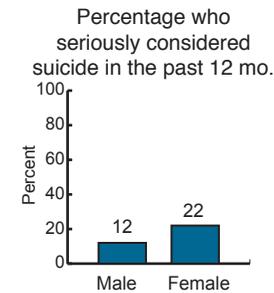
Fights:



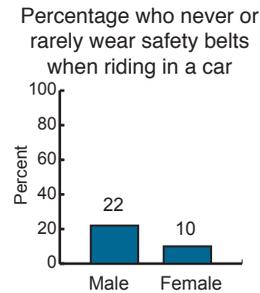
Weapons:



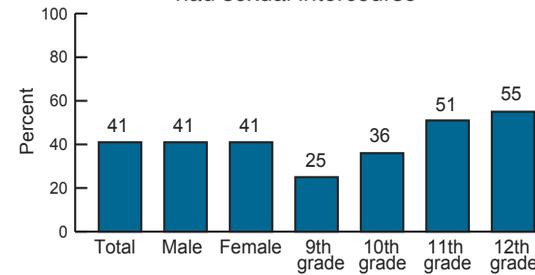
Suicide:



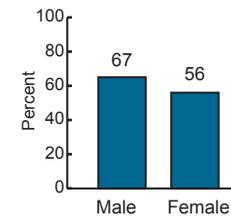
Safety Belts:



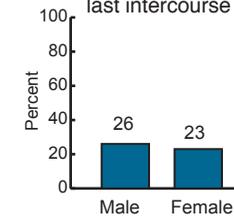
Percentage of students who have ever had sexual intercourse



Of those who had intercourse during the past 3 mo., percentage who used a condom during last intercourse



Of those who had intercourse during the past 3 months, the percentage who used alcohol/drugs before last intercourse



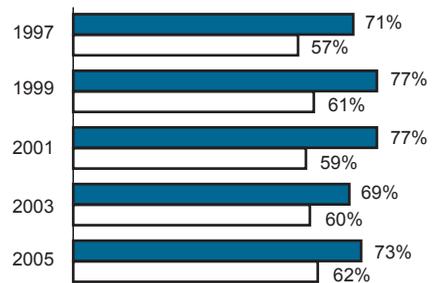
2005

This report is about Nebraska's adolescents and their health risks. It highlights results from the 2005 Youth Risk Behavior Survey of 3,755 Nebraska young people in grades 9-12 enrolled in a sample of public schools in the Spring of 2005.

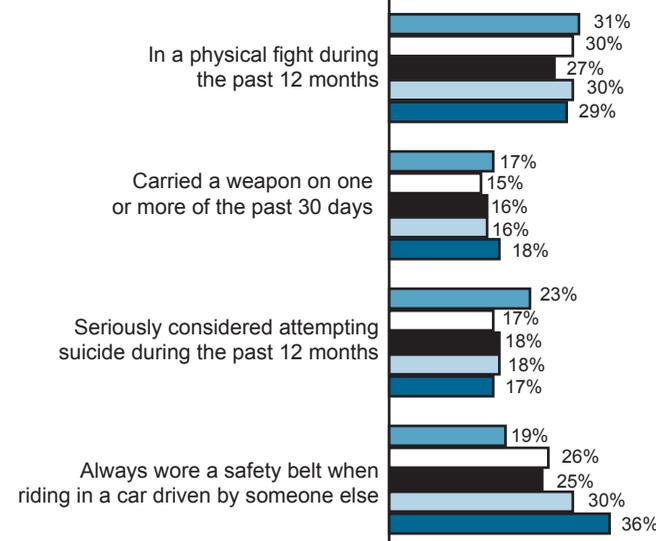
For information contact
 Nebraska Health and Human Services System
 402-471-2101 or
 1-800-745-9311
 TTY 402-471-9570
www.hhss.ne.gov

TRENDS...

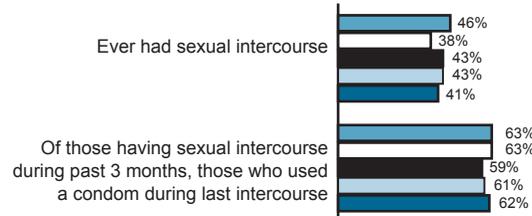
Percent who participated in vigorous physical activity for at least 20 minutes on three or more of the past seven days



TRENDS...



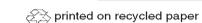
TRENDS...



This report is based on the 2005 Youth Risk Behavior Survey of a random sample of 9 - 12th grade students. The results are representative of all Nebraska public high school students in grades 9-12.

The Youth Risk Behavior Survey and this document are funded by a grant from the U.S. Centers For Disease Control and Prevention. The Buffalo Beach Company developed this publication under the direction of the Nebraska Health and Human Services System. Alternative formats are available at 402-471-2101.

*Data was not weighted to represent all students statewide.
 ADA/EOE/AA THP-04 (2/07)



NEBRASKA HEALTH AND HUMAN SERVICES SYSTEM

