

Safety Plan Example

DEPT. OF HEALTH AND HUMAN SERVICES

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Participar	Participant: PARTICIPANT NAME Effective Date: DATE SAFETY PLAN IMPLEMENTED					
Purpose: To provide an overview of the supports needed to maintain the safety and wellbeing of PARTICIPANT NAME and others.						
Provider:	AGENCY		Plan Written By:	NAME	□ Residential	Day Services
Description of Safety Concerns: • LIST ALL IDENTIFIED SAFETY CONCERNS/RISKS, INCLUDING A DESCRIPTION OF PRECURSORS/TRIGGERS/ETC. • EXAMPLE: Property Destruction – throwing items, punching walls, breaking eyeglasses and electronics • Triggers – changes in routine, loud environments • Precursors – pacing, mumbling under breath • Behavioral/Medical Risk screens						

Behavioral Supervision

Type of Supervision	Where/When/Why	When Not Available
DESCRIPTION OF WHAT	LOCATIONS AND TIMES SUPERVISION IS	WHAT IS THE PLAN FOR WHEN THE NEEDED
SUPERVISION IS NEEDED (appropriate	NEEDED AND REASON FOR	SUPERVISION CANNOT BE PROVIDED
to assessed need or exception funding)	SUPERVISION	
EXAMPLE: One to One Supervision (no	EXAMPLE: During all waking hours, both at	EXAMPLE: If non-shared 1:1 staffing is not available,
shared staff)	home and in public, due to high risk of	contact home manager or on-call manager to have
	physical aggression and elopement.	additional staff sent as soon as possible.
EXAMPLE: Visual Supervision	EXAMPLE: When in public places due to risk	EXAMPLE: If staff is unable to maintain visual
	of inappropriate sexual behavior	supervision in the public place, the outing should be
		discontinued.

Health Supervision

Type of Supervision	Condition/How effects Safety	Where/When/Why	When Not Available
DESCRIPTION OF WHAT	CONDITION REQUIRING THE	LOCATIONS AND TIMES	WHAT IS THE PLAN FOR WHEN THE
SUPERVISION IS NEEDED	SUPERVISION	SUPERVISION IS NEEDED	NEEDED SUPERVISION CANNOT BE
			PROVIDED
EXAMPLE: One to One	EXAMPLE: Dysphagia-difficulty	EXAMPLE: During all meals and	EXAMPLE: If non-shared 1:1 staffing is
Supervision (no shared	swallowing/unsafe swallowing	snack times to slow down eating,	not available at the typical meal/snack
staff)		ensure food consistency is correct	time, meals and snacks will be provided
		and bites are the correct size,	before the scheduled meal/snack time
		adaptive equipment is used.	when staffing is available.
EXAMPLE: Visual	EXAMPLE: Seizure disorder-will	EXAMPLE: When	EXAMPLE: Bathing may be postponed
Supervision	lose consciousness and fall	bathing/showering to ensure	until staff is available to supervise
		safety in the event of a seizure	

Safety Plan Example



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when sitting in a tub of water to
prevent injury or drowning

Supportive Devices

Device	Where/When/Why	Staff's Response	When Not Available
DESCRIPTION OF DEVICE	WHERE AND WHEN THE DEVICE IS	INSTRUCTIONS FOR STAFF	WHAT IS THE PLAN FOR WHEN
USED	USED AND REASON FOR USING	WHEN DEVICE IS IN USE	THE DEVICE IS
	DEVICE		UNAVAILABLE/NOT
			FUNCTIONING/ETC.
EXAMPLE: Door alarm	EXAMPLE: On all exit doors of the	EXAMPLE: When alarm sounds,	EXAMPLE: Backup alarm and
	home, turned on during hours of sleep	staff should immediately locate the	spare batteries should be kept on
	to address risk of elopement	participant and provide redirection	hand at all times.
		if attempting to elope.	
EXAMPLE: Safety Belt in	EXAMPLE: Fastened at all times when	EXAMPLE: Fasten belt when	EXAMPLE: Contact participant's
Wheelchair	in wheelchair as recommended by	participant is seated in wheelchair.	physical therapist to replace belt if
	physician, to address risk of falls when	When participant requests	broken. Provide increased
	participant stands without staff support	assistance to stand, provide	supervision to address fall risk
		assistance as soon as possible	until belt can be replaced.

Other Interventions

Intervention	Where/When/Why	Staff's Response	When Not Available
DESCRIPTION OF	WHERE AND WHEN INTERVENTION	INSTRUCTIONS FOR STAFF	WHAT IS THE PLAN WHEN THE
INTERVENTION	IS USED AND THE REASON FOR	WHEN INTERVENTION IS USED	INTERVENTION CANNOT BE
	THE INTERVENTION		USED
EXAMPLE: Psychotropic	EXAMPLE: As prescribed to treat	EXAMPLE: Staff administer	EXAMPLE: If medication is not
Medication	anxiety and aggressive behavior	medication as prescribed	available or cannot be given on
			time, contact on-call nurse
EXAMPLE: Locked cabinets/	EXAMPLE: Locked at all times when	EXAMPLE: Keep cabinets/	EXAMPLE: Spare locks kept in
pantry/refrigerator	participant is at home to address risks	pantry/refrigerator locked and	staff office in case a lock breaks
	related to pica and choking	ensure participant cannot access	
		keys. If participant accesses	
		locked areas, monitor for choking	
		risk and redirect.	