

# Nebraska Medicaid Home and Community- Based Services (HCBS) DD Waivers

## SERVICES QUICK GUIDE

*A brief overview of services available. For full service descriptions including definitions, limits, frequency, duration, provider types, and provider qualifications, you may refer to the Developmental Disabilities Service Directory.*

---

*Effective  
April 2017*

---

NEBRASKA

Good Life . . . . .

DEP

I

## SERVICES AVAILABLE

Services are available based on which Medicaid Home and Community-Based Services (HCBS) waiver you have.

Developmental Disabilities Adult Day Waiver = DDAD

Comprehensive Developmental Disabilities Waiver = CDD

	DDAD Waiver	CDD Waiver	Page No.
<b>Adult Day Services</b>	Yes	Yes	1
<b>Adult Companion Services*</b>	Yes	Yes	1
<b>Assistive Technology*</b>	Yes	Yes	1
<b>Consultative Assessment Service*</b>	Yes	Yes	1
<b>Crisis Intervention Support</b>	Yes	Yes	2
<b>Environmental Modification Assessment*</b>	Yes	Yes	2
<b>Habilitative Community Inclusion*</b>	Yes	Yes	2
<b>Habilitative Workshop</b>	Yes	Yes	3
<b>Home Modifications*</b>	Yes	Yes	3
<b>Homemaker Services*</b>	-	Yes	3
<b>In-Home Residential Habilitation*</b>	-	Yes	4
<b>Personal Emergency Response System (PERS)</b>	Yes	Yes	4
<b>Prevocational Services*</b>	Yes	Yes	4
<b>Residential Habilitation</b>	-	Yes	5
<b>Respite Service*</b>	Yes	Yes	5
<b>Supported Employment - Enclave</b>	Yes	Yes	5
<b>Supported Employment - Follow Along*</b>	Yes	Yes	5
<b>Supported Employment - Individual*</b>	Yes	Yes	6
<b>Transitional Services*</b>	Yes	Yes	6
<b>Transportation*</b>	Yes	Yes	6
<b>Vehicle Modifications</b>	Yes	Yes	6

\*Indicates service may be self-directed with an independent provider

## ADULT DAY SERVICES

---

Non-habilitative service. Provides supervision and support in a safe, supervised setting. Supports increase your independence with health and social needs. You may be assisted with activities of daily living (ADL) and health maintenance. You may not do work activities for no pay when others would be paid. You may volunteer. Service is provided away from where you live. You should access your community as much as possible. Your provider must be near to provide support, supervision, safety, security, and activities.

## ADULT COMPANION SERVICES

---

Habilitative service. Provided in your home, as needed. Service includes prompting and supervising you to complete tasks such as activities of daily living (ADL); health maintenance; meal preparation; laundry; teaching the use of police, fire, and emergency assistance; performing routine household activities to maintain a clean and safe home; and managing personal financial affairs. Provider does not complete these tasks for you.

## ASSISTIVE TECHNOLOGY

---

Equipment to increase, maintain, or improve your abilities. Assistive technology helps you increase your abilities to perform activities of daily living in your home, or to perceive, control, or communicate with your environment, thereby decreasing your need for others to help you.

## CONSULTATIVE ASSESSMENT SERVICE

---

Provides positive behavior support and non-physical crisis intervention to keep you safe. Provided under the direction of a Licensed Independent Mental Health Practitioner (LIMHP), Licensed Psychologist, or Advanced Practice Registered Nurse (APRN). You will be observed where you live and/or receive day services at any time of the day or night in person or by Telehealth. Current interventions are assessed. Your team is given best practices in intervention strategies, medical and psychological conditions, and/or environmental impact. A behavior support plan is developed and implemented to help you maintain your current living situation while ensuring both you and others are safe. Behavioral interventions are developed, piloted, evaluated, and revised, as necessary.



## CRISIS INTERVENTION SUPPORT

---

Habilitative services that is immediate, intensive, and short-term. May be added to your plan to address temporary increased behavior or severe occurrences of behavior. Provided under the direction of a Licensed Independent Mental Health Practitioner (LIMHP), Licensed Psychologist, or Advanced Practice Registered Nurse. Service includes the development of a behavior support plan, development of habilitative strategies, training, and technical assistance to carry out the plan. Treatment integrity support is included for you and your provider in the ongoing implementation of the plan. This service may be delivered in your home or in the community.

## ENVIRONMENTAL MODIFICATION ASSESSMENT

---

On-site evaluation decides what devices may be able to help you access your community and live in your private home, while ensuring your health, welfare, and safety. The evaluation includes functional necessity, appropriate assistive technology, home, or vehicle modification, and the need for the modification to ensure cost effectiveness.

## HABILITATIVE COMMUNITY INCLUSION

---

Habilitative service. Training and supports to help you learn or improve your skills in self-help, behavioral, social, and adaptive areas. Occurs in the community, separate from where you live. Activities are designed to increase your independence, community networking, and personal choice. You may not perform work activities, paid or unpaid, while receiving this service. You may practice skills taught in therapies, counseling, or other settings. You can plan and participate in regularly scheduled community activities, learn to use your community's transportation system, or build relationships. Includes assistance with activities of daily living (ADL), health maintenance, and supervision. If you are a child, services offer extra staffing necessary to meet exceptional care needs in a day-care setting.

## HABILITATIVE WORKSHOP

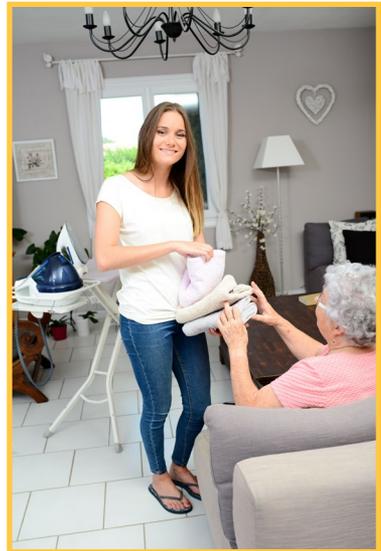
Habilitative service. Offers activities in a provider-controlled non-residential setting. May include supervision, regularly scheduled activities, formal training, and staff supports. Supports help you learn or improve skills in self-help, personal care, behavioral, health maintenance, and adaptive skills. You can learn skills for activities of daily living (ADL) and community living. Available when you do not have a plan for employment and do not want to work. Supports may reinforce but not replace skills taught in therapy, counseling, or other settings.

## HOME MODIFICATIONS

Modifications are physical adaptations to your private residence to ensure your health, welfare, and safety. They should give you greater independence. Modifications are provided within the current foundation of the house and may include the installation of ramps, widening of doorways, modification of bathroom facilities, or the installation of specialized electric and plumbing necessary to accommodate medical equipment.

## HOMEMAKER SERVICES

Non-habilitative service. Performance of general household activities, such as meal preparation, laundry service, errands, and routine household care. Temporarily provided when the person regularly responsible for household tasks is absent or unable to manage. Does not include care or supervision.





## IN-HOME RESIDENTIAL HABILITATION

---

Habilitative service in your own private residence. Helps you with the acquisition, retention, or improvement in skills related to living in the community. May include adaptive skill development, assistance with activities of daily living (ADL); habilitative community inclusion; transportation; opportunities for practicing skills taught in therapies, counseling sessions, or other settings; social and leisure skill development to assist you to live in the most integrated setting appropriate. Includes personal care, protective oversight, and supervision when needed.

## PERSONAL EMERGENCY RESPONSE SYSTEM (PERS)

---

An electronic device that helps you get help in an emergency. The system is connected to your telephone and programmed to notify a response center when you push the button.

## PREVOCATIONAL SERVICES

---

Habilitative services. Provides learning and work experiences, including career planning, job searching, and work experiences, so you can develop general strengths and skills that may lead to paid employment in an integrated job matched to your interests, strengths, priorities, abilities, and capabilities. Job-related skills may include the ability to communicate effectively with supervisors, co-workers and customers; generally accepted community workplace conduct and dress; ability to follow directions; ability to attend to tasks; workplace problem-solving skills and strategies; general workplace safety and mobility training. Services happen over a defined period of time and with specific outcomes to be achieved. You may use a program for benefits planning, such as Employment Network, the Nebraska Work Incentive Network (WIN), Ticket to Work services, or Work Incentive Planning and Assistance (WIPA) services. Job searching is one to one. Services include assistance with personal care, protective oversight and supervision when needed.



## RESIDENTIAL HABILITATION

---

Habilitative service in a residence controlled by an agency provider. Helps you learn or improve skills for living in the community. May include adaptive, social, and leisure skill development. Includes habilitative community inclusion, transportation, and practicing skills taught in therapies. May include prompting and supervision to help you complete tasks such as activities of daily living (ADL), health maintenance, meal preparation, performing routine household activities to maintain a clean and safe home, and managing money.

## RESPIRE SERVICE

---

Non-habilitative service. Provided when you are unable to care for yourself. It is a short-term, temporary relief to your usual caregiver living in the same private residence as you. Includes assistance with activities of daily living (ADL), health maintenance, and supervision.

## SUPPORTED EMPLOYMENT - ENCLAVE

---

Habilitative service. Occurs in a regular business setting for groups. You work with a team at a worksite with initial training, supervision, and ongoing support provided by a specially trained on-site supervisor employed by your DD provider agency. You are paid by your DD provider at a subminimum wage. The goal is continued paid employment and work experience leading to a job in the community where you are paid at or above the minimum wage, equal to the wages and benefits of coworkers without disabilities. You may learn work skills, appropriate work behavior, and behavioral and adaptive skills needed to hold a job. Services must promote integration into the workplace and interaction with people without disabilities.

## SUPPORTED EMPLOYMENT - FOLLOW ALONG

---

Habilitative service. Helps you keep your job in the community where you are paid at or above minimum wage. Services may include support through phone calls with your employer. Your provider will have regular as-needed contact and follow-up with your employer and you to help you keep your job. Service may include observation and supervision, teaching job tasks and monitoring at the work site a minimum of twice a month.

## SUPPORTED EMPLOYMENT - INDIVIDUAL

---

Habilitative services. Formal training and staff support provided one-to-one to help you obtain and keep a competitive job in the general workforce or customize self-employment. At your job, you should make at or above the minimum wage, equal to the wages and benefits of coworkers without disabilities. The goal is paid employment that meets your personal career goals. Activities needed to stay employed can include supervision and training. You may use a program for benefits planning, such as Employment Network, the Nebraska Work Incentive Network (WIN), Ticket to Work services, or Work Incentive Planning and Assistance (WIPA) services. Does not include supervisory activities that are a normal part of a business setting.

## TRANSITIONAL SERVICES

---

One-time basic household set-up expenses needed for transitioning from an institution to a private residence. Transitional Services may include essential furniture, furnishings, household supplies, security deposits, basic utility (such as water, gas, and electricity) fees or deposits, or moving expenses.

## TRANSPORTATION

---

Non-habilitative service. Enables you to access waiver services, community activities, and resources as specified in your service plan. Not intended to replace formal or informal transportation options, like the use of natural supports.

## VEHICLE MODIFICATIONS

---

Service provides adaptations or alterations to an automobile in order to accommodate your special needs. The vehicle must be your primary means of transportation. Modifications are specified in your service plan as necessary so you can fully access your community in a safe manner.