Developmental Disability (DD) Agency Provider Training:

Therap Case Note
Questionnaire and the Human
and Legal Rights Advisory
Committee (HLRAC)

Date: February 2024

NEBRASKA

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DEPT. OF HEALTH AND HUMAN SERVICES



Agenda

- 1.Introductions
- 2.Review Provider Human and Legal Rights Committee (HLRC) Documentation Requirements
- 3. Overview of the Therap Case Note Questionnaire
- 4. Overview of the Liberty Review Process
- 5. Referrals to the HLRAC and DDD Quality.
- 6. The HLRAC Role and Functions



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Housekeeping Items

Chat and the Q & A options are available for questions today. Please feel free send questions if you have them.

Clicking closed captioning will show the live transcript.

A copy of the presentation will be available on the DDD website, as well as the recording after both sessions have been completed.

HLRC Documentation Requirements

Nebraska Developmental Disability Services Act

"All persons with developmental disabilities shall be afforded the same rights, dignity, and respect as members of society who are not disabled;"

Information about participant rights can be found in the DDD Policy Manual in Chapter 3.1.

Information Provided to Agency HLRCs

Per DDD policy and regulations, agency providers must provide specific information to the rights review committee members for rights restrictions reviews. (Chapter 3.4)

The required information helps the committee members make informed decisions when reviewing rights restrictions.

Rights Restriction Description

A description of the rights restriction including when, where and how it's used.

This includes specific information about use of the rights restriction so the committee can be sure the provider uses the restriction correctly and when necessary.

When the description of the rights restriction and its use is unclear, the committee should not approve the restriction.

Restriction Reason

The reason for the rights restriction, including the risk being addressed and how the rights restriction addresses the risk.

The committee makes sure the identified risk is a real and immediate risk as defined per DDD Policy: a real and immediate risk to the health or safety of the participant or others, or a risk of the participant committing a crime.

When the risk does not justify a rights restriction or the rights restriction does not actually address the risk, the committee should not approve the restriction.

Less Restrictive Methods Previously Tried

A summary of what has been tried before to address the identified risk.

There must be documentation of how the ISP team tried to address the risk with non-restrictive or less restrictive support, which was unsuccessful.

When the team has not used other supports or strategies, the rights review committee must consider if it is appropriate to approve the rights restriction when the ISP team has not tried less restrictive supports.

The committee may recommend the ISP team consider a less restrictive support before they approve the restriction.

Benefits Vs. Potential Negative Effects (1/2)

A summary of the benefits and potential negative effects of the rights restriction.

This can include but is not limited to:

- Side effects of medications.
- Risk of discomfort or injury.
- Disruption to the participant's life.
- Limiting the participant's privacy.
- Decreasing the participant's freedom.
- Limiting the participant's integration in the community.

Benefits Vs. Potential Negative Effects (2/2)

The review committee determines whether the benefit of the rights restriction outweighs the potential negative effects.

The risk addressed by the rights restriction should be serious enough to justify the rights restriction and any potential negative effects.

Habilitation Programs and Supports

Habilitation programs and other supports to reduce the need for the rights restriction.

There must be a habilitation program, behavior support plan, or other supports in place to reduce the risk, which requires the rights restriction.

When there is no habilitation program or other support, the review committee cannot give approval.

Plan of Reduction

Criteria set by the ISP team for reducing the rights restriction.

The committee reviews the criteria and the participant's progress towards meeting the criteria.

When there is no specific, measurable criteria for reduction set by the ISP team, the rights review committee cannot approve the rights restriction.

When the participant has met criteria, but the ISP team decided not to reduce the rights restriction, the provider should give the rights review committee the reason for the decision and the new criteria for reduction set by the team.

Approval Documentation

ISP team approval for the rights restriction before use and semiannually thereafter, as documented in the ISP.

Written informed consent from the participant for the rights restriction.

Six Months of Supporting Documentation (1/2)

At least six months of any relevant supporting documentation including, but not limited to:

- Incident reports
- Daily logs and other information showing the need for the restriction.
- Habilitation program data, when available.
- Physician contact forms for a restriction related to psychotropic medication or medical needs.
- The safety plan which includes the rights restriction.

Six Months of Supporting Documentation (2/2)

Habilitation Program Data to report:

- When the rights restriction addresses behavioral risk, habilitation program data comes from the behavior support plan.
- When the rights restriction addresses risk related to adaptive skills, habilitation program data comes from the program teaching the adaptive skills.
- When a habilitation program has not been in place for six months, the rights review committee must review all available data.

Psychotropic Medication Restrictions

When reviewing psychotropic medications, the rights review committee cannot make decisions about what medications and doses the physician prescribes.

The rights review committee should review restrictive psychotropic medication using the same criteria as any other restriction.

When the rights review committee decides medications prescribed are excessive or inappropriate, the committee can request a referral to the prescribing physician for review of the participant's medications or to another medical professional for a second opinion

HLRC Case Note Questionnaire

Therap Entry Requirements

DD agency providers will be required to enter agency HLRC information into Therap effective March 1, 2024.

The information must be entered within 10 business days of the committee meeting occurring.

Case Note Questionnaire

The case note questionnaire will be the Therap form utilized.

This allows for customization of the form as well as the ability to run reports.

Therap has turned on the case note module for all providers.

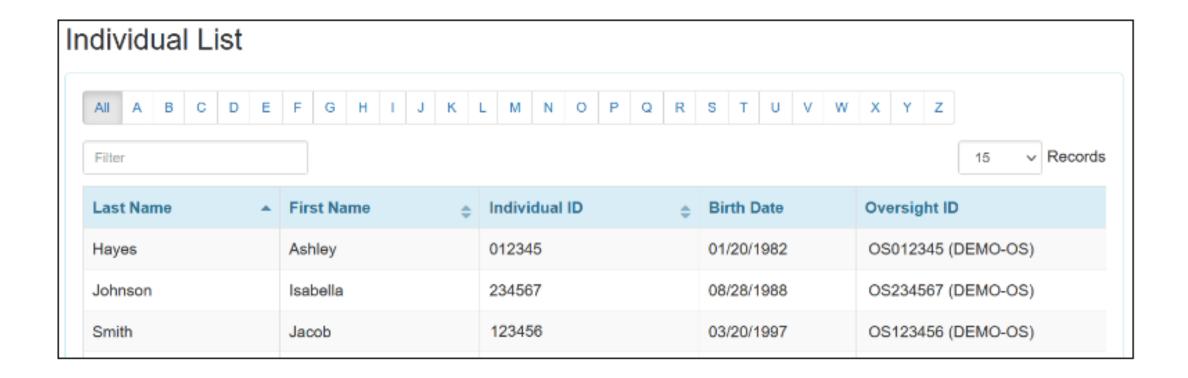
Starting a Case Note: Option 1

Starting a case note from the "Individual" tab.



Individual List

Select the participant from the "Individual List."



Starting a Case Note: Option 2

Starting a case note from the "Individual Home Page".

Modules

- ▶ Attendance
- Behavior Data
- ▶ Behavior Plan
- Budget
- **▼** Case Note





Last Month

Last Three Months

Search

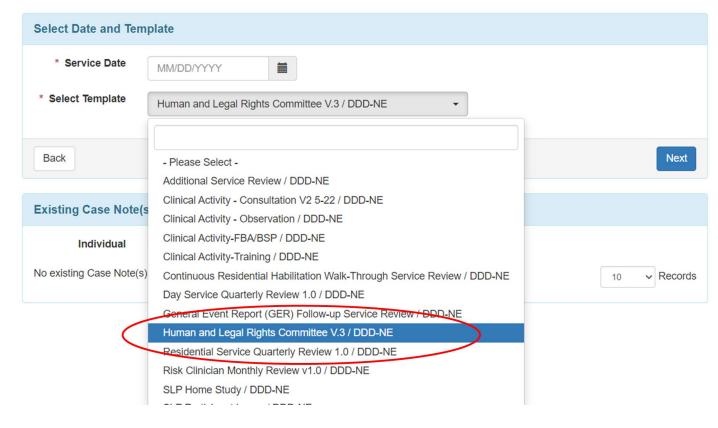
Bulk PDF

Template Selection

Service date is the date the case note is entered.

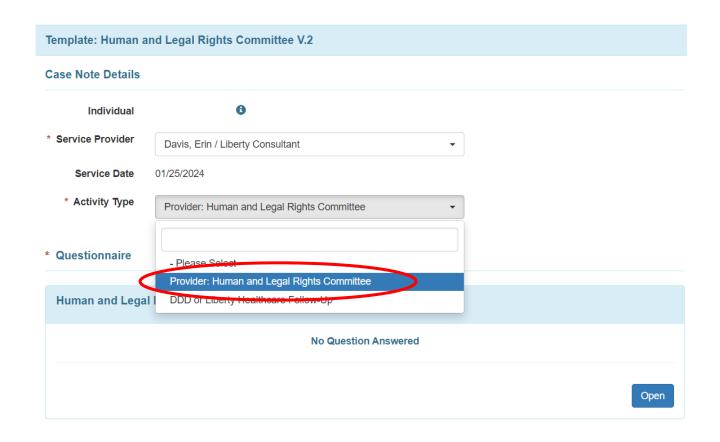
Select the "Human and Legal Rights Committee" template.

New Case Note



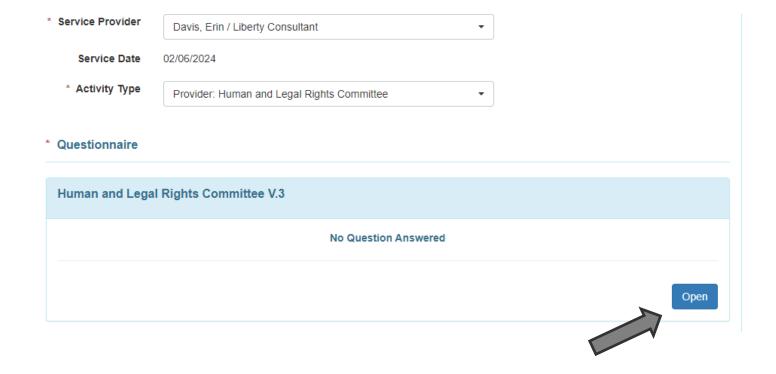
Case Note Activity Type

The activity type is "Provider: Human and Legal Rights Committee."



Opening the Questionnaire

After the activity is selected, clicking on open will open the questionnaire pop-up.



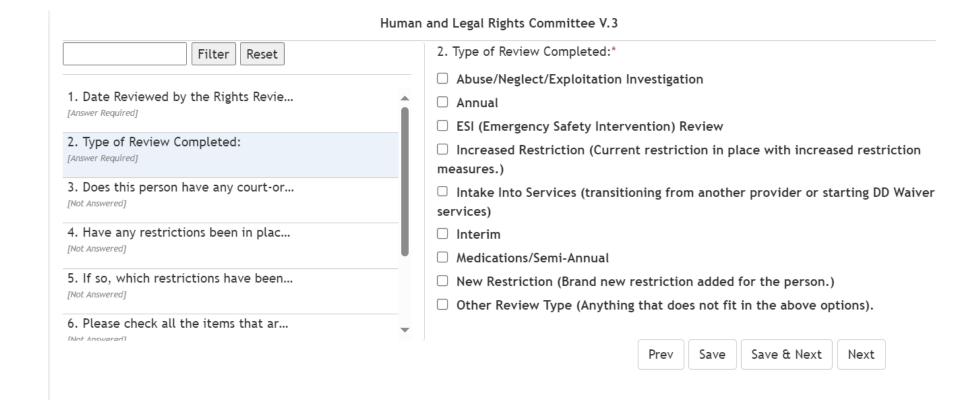
HLRC Review Date

Question one is the date the committee met and completed the review.



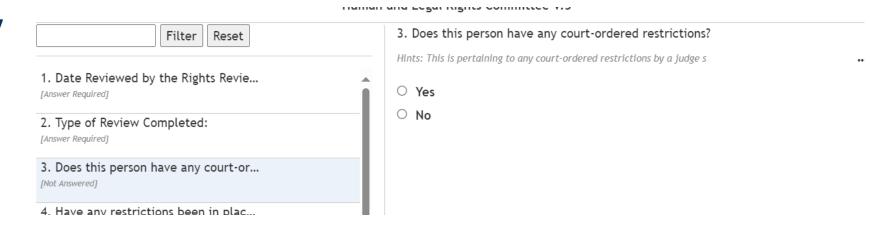
Committee Review Type

Question 2 allows for selection of more than 1 review type.



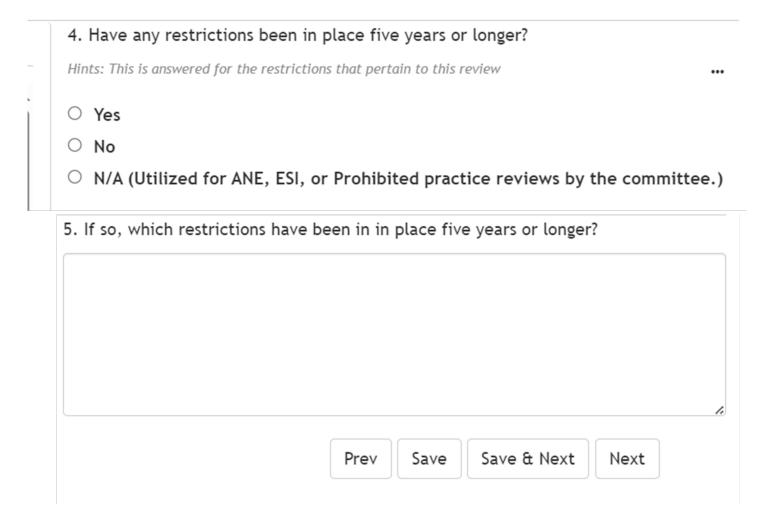
Court-Ordered Restrictions

This does not apply to court-appointed roles like guardians or conservators



Restrictions: Five Years or Longer

This is criteria we look at for individuals who may need to be referred to the HLRAC.



Information Provided to the HLRC

Question 6 is the option to select the items provided for the review.

The information can be attached or indicated in box 7 where the information is in Therap.

attached. Hints: Per requirements of the DDD Policy Manual in Section 3.4 A copy of the required information provided to the committee for each restriction reviewed: description, reason, what was previously tried, benefits vs. potential negative effects, programs and supports to reduce the need for the restriction, reduction plan, ISP team approval, written informed consent from the participant, & at least 6 months of supporting documentation. Documentation showing the committee, or a subcommittee reviewed all use of restraints or ESIs. (Per requirements of the DDD Policy Manual in Chapter 7.2, section K) ☐ Documentation showing the committee, or a subcommittee reviewed all incidents in which a violation of a participant's rights may have occurred. (Per requirements of the DDD Policy Manual in Chapter 7.2, section K) ☐ All reported allegations of abuse, neglect, or exploitation. (Per requirements of the DDD Policy Manual in Chapter 7.2, section K) ☐ Discussion notes, voting records, etc. Save & Next Next Save

6. Please check all the items that are attached to this case note and attach to the

case note or indicate in box 7 where the information is located in Therap if not

Comment Box

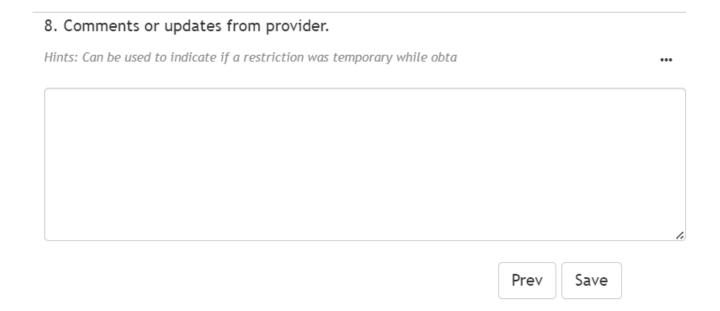
Box seven is used to list where items are in Therap.

It can also be used to explain why items may not be available.

7. Please use this section to notate the location of documents in Therap if not attached or the reason something is unavailable. If an item is not attached and there is no						
documented reason why, it will be as	ssumed t	he item	is unavaila	ble.		
						le
	Prev	Save	Save &	Next	Next	

Comments or Updates

This box can be used to provide any other information or updates.



Case Note Completion

Click "Submit" to complete the case note when all the information has been entered.



Liberty Healthcare Reviews

Liberty Review Process

Liberty Healthcare will review a sample of completed case notes each month.

• The sample is still being determined as we implement this process.

Case note entries are reviewed for compliance with policy and regulations as well as possible referrals to the HLRAC.

Referrals to DDD Quality

The following will be referred to the DDD Quality Team:

- Items missing in HLRC documents or the ISP that are required per policy and regulations.
- Restrictive measures identified that are not in the ISP or reviewed by the committee.
- Risks that are not considered genuine or immediate.
- Any prohibited practices identified.

Referrals to the HLRAC

- Restriction in place for five years or longer.
- Participants with more than three rights restrictions.
- Plans of reduction that are not reasonable or attainable.
- There is no, or limited, documentation of least restrictive options that have been previously tried.
- Rights restrictions that potentially have less intrusive interventions, supports, or methods to utilize.

Team and Agency Referrals

ISP teams and agency HLRCs can request restrictions to be reviewed by the HLRAC through an SComm. We will have a mailbox setup for these requests.

The requests will be reviewed on a case-by-case basis to determine if it is appropriate for the HLRAC to review.

We are still developing the referral process and will share more information about this once finalized.

HLRAC Purpose and Role

Purpose and Role of the HLRAC (1/2)

The overall goal of the HLRAC is to impact a reduction of rights restrictions for participants and increase positive outcomes.

The HLRAC helps promote participant rights and recommends best practices for agency HLRC functions.

The HLRAC will also assist with identifying systemic change recommendations to the Division.

Purpose and Role of the HLRAC (2/2)

The HLRAC is advisory in capacity and will not replace local committees.

The HLRAC meets quarterly and provides recommendations from the reviews.

The HLRAC does not approve or deny restrictions.

The participant, guardian, provider, and service coordinator, will receive communication that details the recommendations for the team to consider.

Membership

The HLRAC can have up to 15 members.

The members have a wide range of experience and expertise that includes but is not limited to:

- Participant
- Family Member & Guardian
- Advocate
- Board Certified Behavior Analyst

- Medical Doctor
 - Pharmacist
- Psychiatric-Mental Health Nurse Practitioner
- Physical Therapist



Communication and Guidance

A provider bulletin will be issued regarding the case note questionnaire requirement.

We will also provide a guidance document on the case note questionnaire.

Technical Assistance & Resources

Technical assistance will also be available.

For questions regarding the case note template, please contact Erin Davis.

For questions on DDD policy and requirements, please contact Sarah Henrichs.

A copy of this presentation and the training recording will be available on the DDD Webpage.

Questions & Feedback



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