

WHEREAS,

National Family Caregivers Month spotlights that most people who need care rely on family and friends for their support; and

WHEREAS.

In 2019 there were 240,000 Family Caregivers in Nebraska providing an estimated 199 million hours of care worth \$2.9 billion dollars. They provide this unpaid care to adult family members and/or children with disabilities; and

WHEREAS.

The number of people who need assistance with activity limitations is growing substantially as our senior population increases; and

WHEREAS.

Caregiving, especially for those providing the most intensive care, often comes with a great physical, emotional, and financial toll; and

WHEREAS.

With the shortage of health care workers in the United States today, these caregivers represent the backbone of our care system; and

WHEREAS,

Nebraska caregivers and service providers identify the top five caregiving issues as caregiver stress, financial issues, caregiver resources, caregiving training, and balancing work and caregiving responsibilities; and

WHEREAS.

The Nebraska Caregiver Coalition is committed to promoting and supporting issues important to caregivers through coordination, education, public policy and research, and development initiatives; and

WHEREAS,

Nebraska joins the nation in declaring November 2022 as Family Caregivers Month to honor and support the daily contributions of family caregivers.

NOW, THEREFORE,

I, Pete Ricketts, Governor of the State of Nebraska, DO HEREBY PROCLAIM the month of November 2022 as



in Nebraska, and I do hereby urge all citizens to take due note of the observance.

IN WITNESS WHEREOF, I have hereunto set my hand, and cause the Great Seal of the State of Nebraska to be affixed this Twenty-first day of November, in the year of our Lord Two Thousand Twenty-two.

Attest: