

Service Name	FAMILY ASSESSMENT
Setting	Outpatient services are rendered in a professional office, clinic, home or other environment appropriate to the provision of psychotherapy services.
Facility License	As required by DHHS Division of Public Health
Basic Definition	The family assessment is a process for gathering and organizing information that involves exploration of family structure and composition as well as member relationships, characteristics, interactions, and dynamics. A thorough family assessment is the foundation in setting clear, specific, and achievable goals.
Service Expectations (basic expectations for more detail see Title 471 chapters 20 and 32)	<ul style="list-style-type: none"> • To increase the functional level of the family in support of the individual’s mental health/substance use disorder active diagnostic symptoms. • Assessment looks at internal, as well as external factors that affect the family. • Identification of family strengths and needs in order to develop a plan with the family that contains measurable outcomes to assist them with problem solving within the context of their family unit. • The assessment is specific enough to serve as the basis for a treatment plan geared to the particular family. • Consultation and/or referral for general medical, psychiatric, psychological needs.
Length of Service	One session
Staffing	<p>A licensed practitioner of the healing arts, practicing within their scope of practice.</p> <ul style="list-style-type: none"> • Physician • Physician Assistant • APRN • Licensed Psychologist • Provisionally licensed Psychologists • Licensed Independent Mental Health Provider(LIMHP) • Licensed Mental Health Provider (LMHP) • Provisionally licensed Mental Health Provider (PLMHP) • All staff should be educated/trained in recovery principles, and trauma informed care.
Staffing Ratio	One therapist to one family
Desired Individual Outcome	Completed assessment with treatment planning identified.