

Nebraska Behavioral Health  
**System of Care**

**1-888-866-8660**



**Family  
in crisis?**

*Help is only a call away.*



A service of the Nebraska Department  
of Health and Human Services  
Provided by Boys Town

Distributed by Nebraska Children and Families Foundation  
in partnership with the Nebraska Division of Behavioral Health.

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## Youth Mobile Crisis Response (YMCR)

is a free resource for families and youth of any age who are experiencing a behavioral health crisis anywhere in Nebraska.

YMCR therapists are available 24/7 and help is provided in the community, home, or through video consultation **within one hour of your call.**



## System of Care

System of Care is Nebraskans working in partnership to support youth mental health. This happens through resources and supports designed to make it simpler for families to get the help they need through flexible care options in the home or close to home.

Youth and families are key players in this partnership — creating services that meet the unique needs of each family.



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