

## Behavioral Health Resources For Schools

### Suicide Prevention



The Division of Behavioral Health received a 5-year award from SAMHSA to address youth

suicide prevention. The University of Nebraska Public Policy Center, Nebraska State Suicide Prevention Coalition, Nebraska Department of Health and Human Services Division of Behavioral Health, Nebraska Department of Education, Regional Behavioral Health Authorities, and Interchurch Ministries of Nebraska are partnering to carry out activities that address suicide prevention.

Schools are a key setting for suicide prevention. Teachers, mental health providers, and all other school personnel who interact with students can play an important role in keeping them safe.

The best way to prevent suicide is to use a comprehensive approach that includes these key components:

- Promote emotional well-being and connectedness among all students.
- Identify students who may be at risk for suicide and assist them in getting help.
- Be prepared to respond when a suicide death occurs.<sup>1</sup>

Community-based suicide prevention coalitions are located across the state and schools will find them a valuable partner in suicide prevention. Visit the following website to locate a coalition in your area: <http://www.suicideprevention.nebraska.edu>

<sup>1</sup> Suicide Prevention Resource Center

**Resources.** The following state and national websites offer informational topics on and tools for suicide prevention.

**State:**

- **NE Department of Education:**  
<http://www.youthsuicideprevention.nebraska.edu>, or  
<https://www.education.ne.gov/safety/suicide-prevention/>
- **Schools: Five-Year Plan for Suicide Prevention**  
[https://www.education.ne.gov/wp-content/uploads/2017/07/NE\\_LB\\_923\\_Five\\_Year\\_Plan.pdf](https://www.education.ne.gov/wp-content/uploads/2017/07/NE_LB_923_Five_Year_Plan.pdf)
- **Nebraska State Suicide Prevention Coalition**  
<http://www.suicideprevention.nebraska.edu>

**National:**

<http://www.sprc.org/>



**Suicide Prevention Resource Center**

[About Suicide](#) [Effective Prevention](#) [Resources & Programs](#) [Training](#) [News & Highlights](#) [Organizations](#)

**Q.P.R. - Evidence-Based Prevention:**

Innovative, practical and proven suicide prevention. Contact the Regional Behavioral Health Authorities for training opportunities in QPR.

**More about QPR:**

<https://qprinstitute.com/about-qpr>



**Question**



**Persuade**



**Refer**

**3 Simple steps anyone can learn to help save a life from suicide**