

Behavioral Health Resources for Schools

System of Care: Services

Prevention Is Effective! Treatment Works! People Recover!

An array of community-based services and supports for children and youth with or at risk for mental health or other challenges and their families have been identified for implementation under the System of Care. In addition to Crisis Response which is operational statewide, each of the local system of care teams is implementing one or more of the following services based on need in their area:

- Care coordination
- Child and Parent Psychotherapy
- Crisis Response (Statewide)
- Intensive Outpatient Therapy
- Mental health services in schools
- Multi-systemic Therapy (MST)

The System of Care works to maximize services provided by Divisions of DHHS (Behavioral Health, Children and Family Services, Developmental Disabilities, Medicaid and Public Health) as well as other system partners such as the Administrative Office of Probation. Contact your local system of care in your Region to find out which services are available at the local level.

- Parent Child Interaction Therapy
- Parents and Children Together (Region 6)
- Therapeutic consultation
- Youth and family peer support



Behavioral Health Regions

Region 1 (308) 635-3173 http://region1bhs.net/ **Region 4** www.region4bhs.org/ (402) 370-3100 **Region 2 Region 5** (308) 534-0440 www.r2hs.com/ www.region5systems.net (402) 441-4343 **Region 6 Region 3** (308) 237-5113 www.Region3.net (402) 444-6573 www.Regionsix.com