

# Behavioral Health Resources for Schools

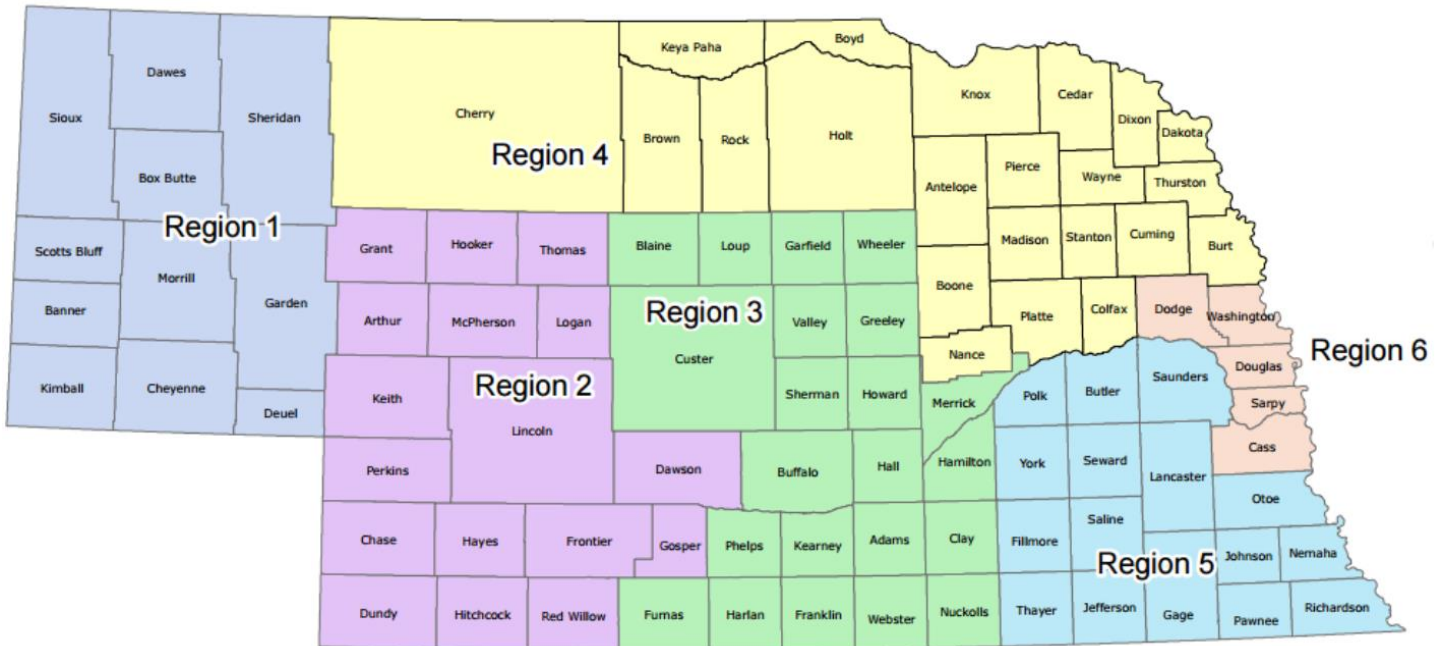
## System of Care: Accessing Services

Behavioral Health Services for children, youth and their families can be accessed statewide in any of the following ways:

- 1** **Nebraska Family Helpline, (888) 866-8660**, for resources and referral. A free, resource for parents and educators who have any type of question regarding a child's behavior. Trained Helpline operators are available 24 hours a day, 7 days a week to assess immediate safety needs, identify the potential level of a behavioral health crisis, make recommendations or referrals to appropriate resources, and help callers connect to emergency resources or providers in their area.
- 2** **Regional Behavioral Health Authorities**, referred to as “regions” offer services based on the needs and demographics of each Region’s service area. Each Region has an administrative office.
- 3** **The Family Run Organizations** and **Community Collaborations** work together around common issues and concerns affecting families serving each of the state’s six Regions with a strong focus on emotional, behavioral and mental health challenges. Members have personal experience with disability and the child serving agencies and use their knowledge and experience to help other families.
- 4** **Medicaid** covers a wide array of services to eligible children and families. Accessing these services is made through one of the 3 organizations within the managed care program known as **Heritage Health**. For assistance accessing available services, contact the managed care organization assigned.

The map on the following page reflects the six behavioral health regions’ service area and provides contact information for the region, family organization and community collaborative.

# Behavioral Health Regions Family Organizations Community Collaboratives<sup>1</sup>.



**Region 1 Behavioral Health Authority:** (308) 635-3173 / <https://region1bhs.net/>  
**Panhandle Partnership:** (308) 633-3818 / <https://panhandlepartnership.com/>

**Region 2 Human Services:** (308) 534-0440 / <https://www.r2hs.com/>  
**Families 1<sup>st</sup> Partnership:** (308) 520-3743  
**Families CARE:** (308) 237-1102 / <https://familiescare.org/>

**Region 3 Behavioral Health Services:** 1-800-321-4981 / <http://www.region3.net/>  
**Hall County Community Collaborative:** (308) 385-5125 / <http://www.h3cne.org/>  
**Families CARE:** (308) 237-1102 / <https://familiescare.org/>

**Region 4 Behavioral Health System:** (402) 370-3100 / <https://www.region4bhs.org/>  
**Dakota County Connections:** (402) 494-3337 ext: 22 / <http://dakotacountyconnections.com/>  
**Zero 2 Eight Collaborative:** (402) 562-5661  
**Norfolk Family Coalition:** (402) 640-2409 / <http://norfolkfamilycoalition.org/>  
**Parent to Parent Network:** 1-877-379-9926 / <http://parent-parent.org/>

**Region 5 Systems:** (402) 441-4343 / <http://region5systems.net/>  
**United Way of Lincoln and Lancaster County:** (402) 441-7774 / <http://www.unitedwaylincoln.org/>  
**Families Inspiring Families:** 1-888-441-4369 / <http://familiesinspiringfamilies.org/>

**Region 6 Behavioral Healthcare:** (402) 444-6573 / <http://www.regionsix.com/>  
**Fremont Family Coalition:** (402) 402-721-4158 / [http://www.fremontunitedway.org/fremont\\_family\\_coalition.html](http://www.fremontunitedway.org/fremont_family_coalition.html)  
**Douglas County Collaborative:**  
**Lift Up Sarpy:** (402) 292-2961 / <http://liftupsarpycounty.org/>  
**Nebraska Family Support Network:**  
 1-800-245-6081 / <https://nefamilysupportnetwork.org/>

\*The links in the boxes above are not active. Go to the [Quick Connect](#) page for contact information and active links.

<sup>1</sup> Map and directories compiled by Behavioral Health Education Center of Nebraska (BHECN)  
 "Helping People Living Better Lives"