

Behavioral Health Resources For Schools

Evidence-Based Practices

Evidence-based practice (EBP) is the integration of best research evidence with clinical expertise and patient values. An Evidence-Based Practice:

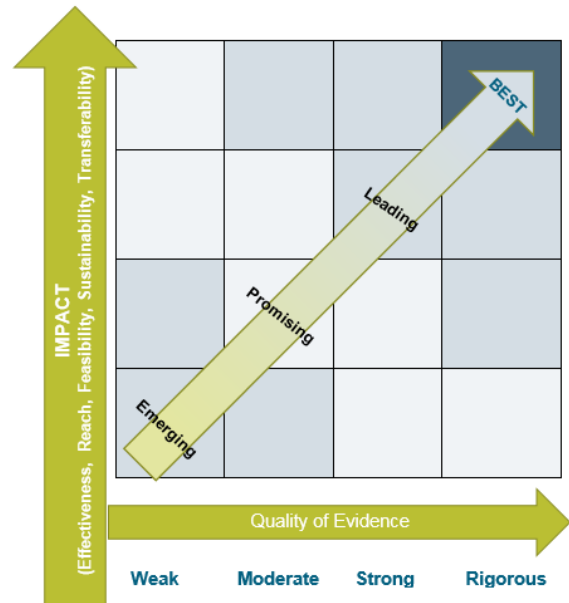
- Is shown that it is supported by data, not just based on theory.
- Has been repeatedly tested and shown to be more effective than standard care.
- Can be reproduced in other settings.

Evidence-based practices (EBP) are foundational to Nebraska's public behavioral health system. EBP prevention programs and intervention services for mental health and substance use disorders are delivered through the Public Behavioral Health System.

Resources

SAMHSA Evidence-Based Practices Resource Center (Sort by topic, population and target audience)

<https://www.samhsa.gov/ebp-resource-center>



Mental Health Treatment Evidence-Based Practices (EBP)

<https://www.samhsa.gov/ebp-web-guide/mental-health-treatment>

University of Maryland School of Medicine: Evidence-Based Practice Center (EBPC)

<http://trainingcenter.umaryland.edu/Pages/The-Evidence-Based-Practice-Center.aspx>

Child Trends: What Works!

(Searchable register of over 700 programs)

<https://www.childtrends.org/what-works>

National Child Traumatic Stress Network: <https://www.nctsn.org/>