

# NEBRASKA PARTNERSHIP for MENTAL HEALTHCARE ACCESS in PEDIATRICS (NEP-MAP)

## Clinical Demonstration Project

Holly Roberts, Ph.D.  
Christian Klepper, Psy.D.



University of Nebraska  
Medical Center

MUNROE-MEYER INSTITUTE

# Clinical Demonstration Project Goal

- To improve access for children and families to pediatric mental and behavioral health services
  - Utilize our existing network of integrated behavioral health clinics across Nebraska



# Clinical Demonstration Goals

- Enhance early screening of behavioral health disorders
- Conduct a clinical demonstration project in a network of providers to expand and diversify integrated behavioral health provision in PC pediatric and family medicine practices, with a focus upon rural communities
- Evaluate the overall effectiveness of increasing access to PCP's to behavioral health consultation

NEBRASKA PARTNERSHIP  
FOR MENTAL HEALTHCARE ACCESS IN PEDIATRICS

A Good State of Mind



[www.dhhs.ne.gov/NEPMAP](http://www.dhhs.ne.gov/NEPMAP)



# Behavioral Health Consultation

- **Enrolled Providers:**
  - wish to seek tele-behavioral health consultation from the expert team
  - will agree to data reporting requests required by the project
  - will agree to limited requests to participate in training and technical assistance with the project.

**NEBRASKA PARTNERSHIP**  
FOR MENTAL HEALTHCARE ACCESS IN PEDIATRICS

A Good State of Mind

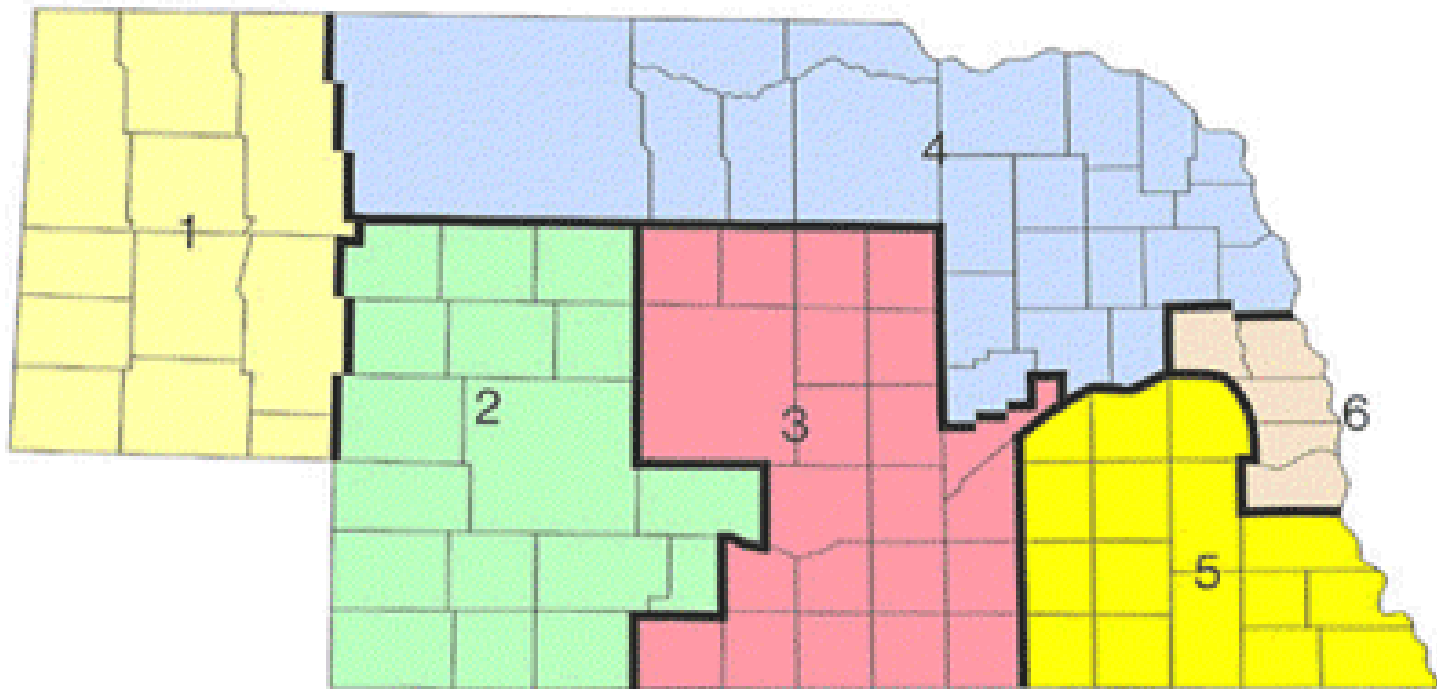


[www.dhhs.ne.gov/NEPMAP](http://www.dhhs.ne.gov/NEPMAP)



# Regions of Nebraska

- Enrolled Providers in 5 of 6 Regions



**NEBRASKA PARTNERSHIP**  
FOR MENTAL HEALTHCARE ACCESS IN PEDIATRICS

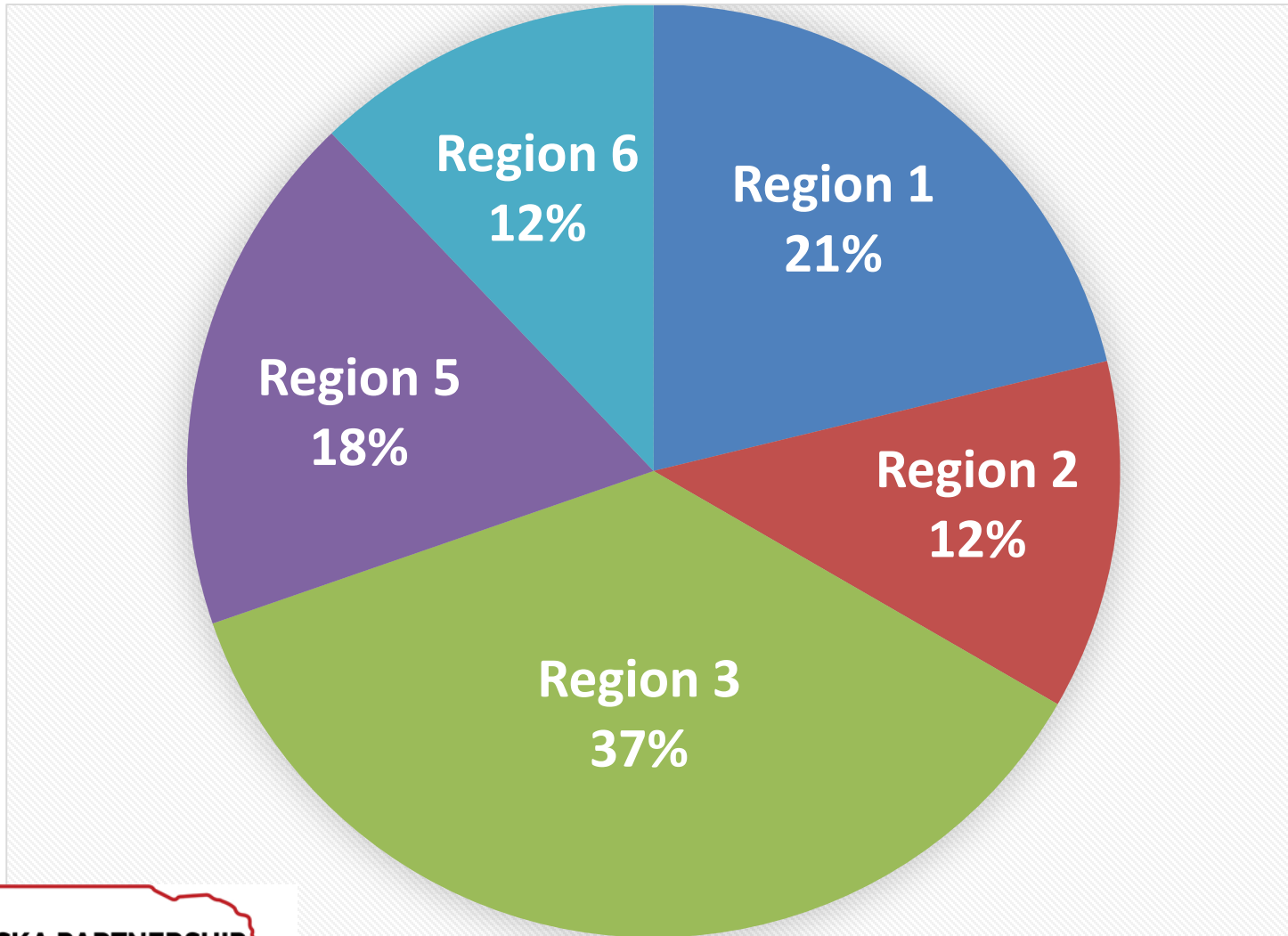
A Good State of Mind



[www.dhhs.ne.gov/NEPMAP](http://www.dhhs.ne.gov/NEPMAP)



# Total Enrolled Providers=33



**NEBRASKA PARTNERSHIP**  
FOR MENTAL HEALTHCARE ACCESS IN PEDIATRICS

A Good State of Mind



[www.dhhs.ne.gov/NEPMAP](http://www.dhhs.ne.gov/NEPMAP)



# Tele-Behavioral Health Consultation



## Behavioral Health Consultation for Primary Care Providers

Munroe-Meyer Institute

### Hours and contact

9 a.m. – 5 p.m. Monday through Friday  
(excluding holidays)

Call Dani Porter at 402-559-3838

### Visit our website

[unmc.edu/mmi/departments/psychology/psych-patientcare/teleproviderconsult.html](http://unmc.edu/mmi/departments/psychology/psych-patientcare/teleproviderconsult.html)

### Scan with your smartphone



Munroe-Meyer Institute  
985450 Nebraska Medical Center  
Omaha, NE 68198-5450  
402.559.3838

[unmc.edu/mmi/departments/psychology/psych-patientcare/teleproviderconsult.html](http://unmc.edu/mmi/departments/psychology/psych-patientcare/teleproviderconsult.html)

[unmc.edu/mmi](http://unmc.edu/mmi)

### What is the Tele-Behavioral Health Consultation Team?

The UNMC Tele-Behavioral Health Consultation Team (TBHC) provides psychiatry support to primary care providers in Nebraska who are managing pediatric patients with behavioral health problems. The goal of the program is to increase access to pediatric mental healthcare across the state of Nebraska. TBHC Team works to meet this goal by providing guidance and consultation to primary care providers on diagnosis, medications, and psychotherapy interventions to assist primary care providers in better managing the mental and behavioral health needs of their patients.

### How does it work?

Support is available for referring providers through phone or audio/video teleconference consultations. Only enrolled providers in the state of Nebraska are eligible to participate.

- Initiate a request by calling Dani Porter at 402-559-3838 or visiting the website at [unmc.edu/mmi/departments/psychology/psych-patientcare/teleproviderconsult.html](http://unmc.edu/mmi/departments/psychology/psych-patientcare/teleproviderconsult.html)
- To become an enrolled provider, email Holly Roberts ([hroberts@unmc.edu](mailto:hroberts@unmc.edu)).
- A member of the psychiatric team will be available to provide telehealth consultation during the week within 48 hours.

Note: The TBHC is not an emergency service. Emergencies will be routed to local emergency services. Additionally, the TBHC team does not prescribe medication but they can provide support for prescribers.

The (UNMC Tele-Behavioral Health Consultation Team) is supported by an award from Nebraska Department of Health and Human Services (NEDHHS). The award is made possible by the Health Resources and Services Administration's (HRSA) Pediatric Mental Health Care Access Program, Grant No. U4CMC32322, with NEDHHS as lead state agency. The contents of the project are the responsibility of UNMC/MMI and do not necessarily represent official views of, or endorsement by, HRSA or NEDHHS.

### Meet the Consultation Team



Ryan Edwards, M.D.  
Psychiatrist



Cindy Ellis, M.D.  
Developmental-Behavioral  
Pediatrician



Terri Mathews, Ph.D.,  
APRN-NP  
Psychiatric Nurse Practitioner



Holly Roberts, Ph.D.  
Pediatric Psychologist



Christian Klepper, Psy.D.  
Pediatric Psychologist



Dani Porter  
Office Associate

**NEBRASKA PARTNERSHIP**  
FOR MENTAL HEALTHCARE ACCESS IN PEDIATRICS

A Good State of Mind



[www.dhhs.ne.gov/NEPMAP](http://www.dhhs.ne.gov/NEPMAP)



# Tele-Behavioral Health Consultation



## Behavioral Health Consultation for Primary Care Providers

Munroe-Meyer Institute

### Hours and contact

9 a.m. – 5 p.m. Monday through Friday  
(excluding holidays)

Call Dani Porter at 402-559-3838

### Visit our website

[unmc.edu/mmi/departments/psychology/psych-patientcare/teleproviderconsult.html](http://unmc.edu/mmi/departments/psychology/psych-patientcare/teleproviderconsult.html)

### Scan with your smartphone



UNIVERSITY OF  
**Nebraska**  
Medical Center



Munroe-Meyer Institute  
985450 Nebraska Medical Center  
Omaha, NE 68198-5450  
402-559-3838

[unmc.edu/mmi/departments/psychology/psych-patientcare/teleproviderconsult.html](http://unmc.edu/mmi/departments/psychology/psych-patientcare/teleproviderconsult.html)

[unmc.edu/mmi](http://unmc.edu/mmi)



### What is the Tele-Behavioral Health Consultation Team?

The UNMC Tele-Behavioral Health Consultation Team (TBHC) provides psychiatry support to primary care providers in Nebraska who are managing pediatric patients with behavioral health problems. The goal of the program is to increase access to pediatric mental healthcare across the state of Nebraska. TBHC Team works to meet this goal by providing guidance and consultation to primary care providers on diagnosis, medications, and psychotherapy interventions to assist primary care providers in better managing the mental and behavioral health needs of their patients.

### How does it work?

Support is available for referring providers through phone or audio/video teleconference consultations. Only enrolled providers in the state of Nebraska are eligible to participate.

- Initiate a request by calling Dani Porter at 402-559-3838 or visiting the website at [unmc.edu/mmi/departments/psychology/psych-patientcare/teleproviderconsult.html](http://unmc.edu/mmi/departments/psychology/psych-patientcare/teleproviderconsult.html)
- To become an enrolled provider, email Holly Roberts ([hroberts@unmc.edu](mailto:hroberts@unmc.edu)).
- A member of the psychiatric team will be available to provide telehealth consultation during the week within 48 hours.

Note: The TBHC is not an emergency service. Emergencies will be routed to local emergency services. Additionally, the TBHC team does not prescribe medication but they can provide support for prescribers.

The (UNMC Tele-Behavioral Health Consultation Team) is supported by an award from Nebraska Department of Health and Human Services (NEDHHS). The award is made possible by the Health Resources and Services Administration's (HRSA) Pediatric Mental Health Care Access Program, Grant No. U4CMC32322, with NEDHHS as lead state agency. The contents of the project are the responsibility of UNMC/MMI and do not necessarily represent official views of, or endorsement by, HRSA or NEDHHS.

### Meet the Consultation Team



Ryan Edwards, M.D.  
Psychiatrist



Cindy Ellis, M.D.  
Developmental-Behavioral  
Pediatrician



Terri Mathews, Ph.D.,  
APRN-NP  
Psychiatric Nurse Practitioner



Holly Roberts, Ph.D.  
Pediatric Psychologist



Christian Klepper, Psy.D.  
Pediatric Psychologist



Dani Porter  
Office Associate

**NEBRASKA PARTNERSHIP**  
FOR MENTAL HEALTHCARE ACCESS IN PEDIATRICS

A Good State of Mind



[www.dhhs.ne.gov/NEPMAP](http://www.dhhs.ne.gov/NEPMAP)





## Behavioral Health Consultation for Primary Care Providers

The UNMC Tele-Behavioral Health Consultation Team (TBHC) provides psychiatry support to primary care providers in Nebraska who are managing pediatric patients with behavioral health problems. Providers are available to offer guidance on diagnosis, medications, and psychotherapy interventions to assist primary care providers in better managing patients in their practices. Support is available through phone and synchronous audio/video teleconference consultations to referring primary care providers.

### How Does it Work?

1. The participating provider or representative initiates a request to Dani Porter at (402) 559-3838 or through the website at [unmc.edu/mmi/departments/psychology/psych-patientcare/teleproviderconsult.html](http://unmc.edu/mmi/departments/psychology/psych-patientcare/teleproviderconsult.html)
2. A member of the TBHC team will contact the provider within the same business day to offer guidance.
3. The TBHC is not an emergency service. Emergencies will be routed to local emergency services.
4. The UNMC TBHC team does not prescribe medication. They provide support for prescribers.

### Team Members



**Terri Mathews, Ph.D., APRN-NP**  
Psychiatric Nurse Practitioner



**Ryan Edwards, M.D.**  
Psychiatrist



**Cindy Ellis, M.D.**  
Developmental-Behavioral  
Pediatrician



Scan with your  
smartphone for  
more information!

Scan me

UNIVERSITY OF  
**Nebraska**  
Medical Center



**NEBRASKA PARTNERSHIP**  
FOR MENTAL HEALTHCARE ACCESS IN PEDIATRICS

A Good State of Mind



[www.dhhs.ne.gov/NEPMAP](http://www.dhhs.ne.gov/NEPMAP)



The UNMC Tele-Behavioral Health Consultation Team is supported by an award from Nebraska Department of Health and Human Services (NDHHS). The award is made possible by the Health Resources and Services Administration's (HRSA) Pediatric Mental Health Care Access Program, Grant No. U49MC032322, with NDHHS as lead state agency. The contents of the project are the responsibility of UNMC MMI and do not necessarily represent official views of, or endorsement by, HRSA or NDHHS.

## Behavioral Health Consultation for Primary Care Providers

The UNMC Tele-Behavioral Health Consultation Team (TBHC) provides psychiatry support to primary care providers in Nebraska who are managing pediatric patients with behavioral health problems. Providers are available to offer guidance on diagnosis, medications, and psychotherapy interventions to assist primary care providers in better managing patients in their practices. Support is available through phone and synchronous audio/video teleconference consultations to referring primary care providers.

### How Does it Work?

1. The participating provider or representative initiates a request to Dani Porter at (402) 559-3838 or through the website at [unmc.edu/mmi/departments/psychology/psych-patientcare/teleproviderconsult.html](http://unmc.edu/mmi/departments/psychology/psych-patientcare/teleproviderconsult.html)
2. A member of the TBHC team will contact the provider within the same business day to offer guidance.
3. The TBHC is not an emergency service. Emergencies will be routed to local emergency services.
4. The UNMC TBHC team does not prescribe medication. They provide support for prescribers.

### Team Members



**Terri Mathews, Ph.D., APRN-NP**  
Psychiatric Nurse Practitioner



**Ryan Edwards, M.D.**  
Psychiatrist



**Cindy Emswiler, M.D.**  
Developmental-Behavioral Pediatrician



Scan with your smartphone for more information!



**NEBRASKA PARTNERSHIP**  
FOR MENTAL HEALTHCARE ACCESS IN PEDIATRICS

A Good State of Mind



[www.dhhs.ne.gov/NEPMAP](http://www.dhhs.ne.gov/NEPMAP)



The UNMC Tele-Behavioral Health Consultation Team is supported by an award from Nebraska Department of Health and Human Services (NDHHS). The award is made possible by the Health Resources and Services Administration's (HRSA) Pediatric Mental Health Care Access Program, Grant No. UNMC2212, with NDHHS as lead state sponsor. The views and opinions expressed in this document are those of the project and do not necessarily represent official views of, or endorsement by, HRSA.

# Making a Consultation

## CALL

Call Dani Porter at **402-559-3838**

## QR CODE

Scan with your smartphone



## WEBSITE

[Request a consultation](#)

Meet the team

Ryan Edwards, M.D.

Cindy Ellis, M.D.

Christian Klepper, Psy.D.

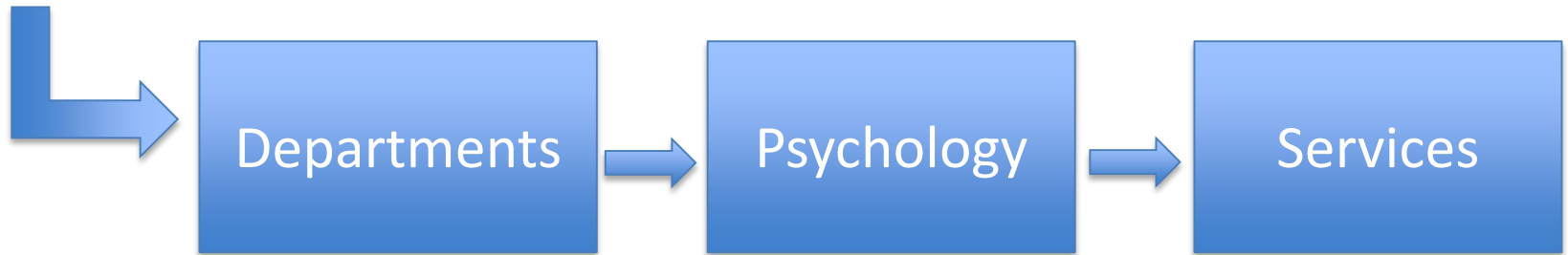
Terri Mathews, Ph.D., APRN-NP

Holly Roberts, Ph.D.

# Tele-Behavioral Health Consultation

- Check out our website!
- <https://www.unmc.edu/mmi/departments/psychology/psych-patientcare/teleproviderconsult.html>

[www.unmc.edu/mmi](http://www.unmc.edu/mmi)



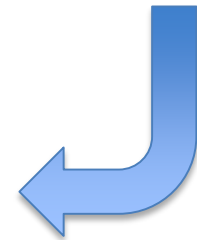
**NEBRASKA PARTNERSHIP**  
FOR MENTAL HEALTHCARE ACCESS IN PEDIATRICS

A Good State of Mind



[www.dhhs.ne.gov/NEPMAP](http://www.dhhs.ne.gov/NEPMAP)

Tele-Behavioral Health  
Consultation



# Tele-Behavioral Health Consultation: Staying Connected

- Important to keep connected with enrolled providers
  - Quarterly Newsletter
  - Monthly/Bi-Monthly Meetings (in-person and zoom)
  - CE Series for PCPs (Anxiety, ADHD, Screening) starting in June
  - Covid-19 response opportunities

**NEBRASKA PARTNERSHIP**  
FOR MENTAL HEALTHCARE ACCESS IN PEDIATRICS

A Good State of Mind



[www.dhhs.ne.gov/NEPMAP](http://www.dhhs.ne.gov/NEPMAP)



# Next Meeting

- We will have a full report of behavioral health screening results
- Preliminary results indicate practice effects between pediatricians and family practice providers

**NEBRASKA PARTNERSHIP**  
FOR MENTAL HEALTHCARE ACCESS IN PEDIATRICS

A Good State of Mind



[www.dhhs.ne.gov/NEPMAP](http://www.dhhs.ne.gov/NEPMAP)





# University of Nebraska Medical Center

MUNROE-MEYER INSTITUTE

**NEBRASKA PARTNERSHIP**  
FOR MENTAL HEALTHCARE ACCESS IN PEDIATRICS

A Good State of Mind



[www.dhhs.ne.gov/NEPMAP](http://www.dhhs.ne.gov/NEPMAP)

UNIVERSITY OF  
**Nebraska**  
Medical Center