

Present: Jennifer Auman, Kathy Karsting (reporting), Andrea Riley, Terri Marti, Tori Sorenson, Sharon Dalrymple, Jessica Cook, Rayma Delaney, Lynne Brehm, Abbi Swatsworth, Kim McClintick, Mariella Resendiz, Krynn Pekney, Brenda Tracy, Dusti Storm, Jessie Coffey, Christian Klepper, Sarah Hanify, Amber Hartsock, Laura Wooters, Lynn DeVries, Drissa Toure, Chris Ivory, Gay McTate, Jennifer Irvine, Michele Rayburn, Greg Donovan, Mona Zuffante, Holly Roberts, Barb Jackson, Connie Shockley, Josie Rodriguez, Anna Whaley, Robyn Maly, Bernie Hascall

Welcome Activity

Jennifer called the meeting to order with a check in activity with all participants using chat box to share replies. IF ONLY..., IT MAKES ME..., I HAVE TO..., WHEN ALL IS SAID AND DONE...

Parent Experience

Tori offered a Parent Experience regarding her middle school children. Tori is interested in the concept of “trauma-informed curriculum” for her children. Exposure to electronics is disruptive to her children. The growing integration of computers in schools might be a problem for some. Also noted challenges some children face in writing legibly. Some literature and learning (example: slavery in the U.S.) may be triggering for children who have experienced trauma. COVID has opened an opportunity to Tori to regulate inputs for her kids, and she feels there is a difference in behavior. Discussion included how schools are preparing to address the mental health issues children may experience when they return to school following COVID. How can parents be prepared to speak to the school about their children’s mental health needs when school resumes? Noted there is a role for family organizations to address emerging needs.

Technical Workgroup Reports

#1: Screening and Referral Guide: (Kathy Karsting) The Guide is nearly ready for release, thanks to all participating at all levels. Sharing next week will be first to TWG#1 members, then systems advisory committee members, followed by public posting on the NEP-MAP webpage. Discussion on dissemination: Managed Care Organizations’ Weekly Provider Bulletin; Family Organizations (Sharon Dalrymple); primary care providers in the clinical demonstration project; school nurses; LPHDs could share with their local providers; ESUs; Planning region teams; Early Development Network; Community Action Programs; disseminate with Community Screening Survey key informant interviews; school counselors and school psychologists, other school behavioral health providers, Answers4Families listserves; professional associations – NE Medical Association, NE American Academy of Pediatrics Chapter, NE Nurse Practitioners.

Consider cultural appropriateness of material. Should the entire document be translated so Spanish-speaking families see it is for and about their children? Is it sufficient that we name cultural considerations and identify screening tools available in multiple languages? Technical Workgroup #2 will help us navigate these and other questions.

#2: Culturally and Linguistically Appropriate Standards and Equity: (Greg Donovan and Andrea Riley) TWG #2 has formed. Now forming their vision of working to inform and assure that Primary Care Providers, especially in rural areas, are aware of and engaged in CLAS practices. Goal is to reach ALL who need care. Looking for full integration of CLAS practices so that all providers are engaged: how does this intervention best reach everyone (no one left out, no differential benefits from some not others).

Andrea encouraged inquiries if group members are unfamiliar with CLAS standards. Training is available as needed, and Andrea will help make connections between trainers and interested group members.

#3: Family Inclusion Workgroup: (Jenni Auman). The group is built, with numerous family advocates and family-serving members. The purpose of the group is to assure family voices and perspectives are included in all of our work. The group will be leading development of a survey for families of children with and without special health care needs, to better understand parents' views of whether their children's mental health needs are met, do they have adequate family supports, do they feel respected and empowered as decision makers for their children in care settings.

Brenda Tracy reported on screening all K-5 students three times a year at Norris Public Schools using Student Risk Screening Scale. Positive screening results are referred to school counselors. This discussion widened: among all special education directors statewide working with IEPs and transition planning.

Clinical Demonstration Project Update: (Holly Roberts and Christian Klepper) Holly and Christian shared a slide set. The UNMC MMI project is incorporating the NEP-MAP logo on their marketing projects. Holly reported 33 providers are enrolled in the MMI project in five of six behavioral health regions (none as yet in Region 4).

Evaluation Project Update: (Drissa Toure) Drissa described developments in the Community Screening Survey. IRB approval for the Community Screening Survey has been received; some revisions/modifications are being processed now in advance of taking the survey to four audiences: School Nurses, Home Visiting programs, Early Care and Education, and Foster Care. The evaluation team is including a couple of questions related to the current COVID environment and perceptions of key informants on impacts of COVID on pediatric mental health. Hoping to launch next week. The method will be up to 50 Key Informant interviews, conducted by video-conferencing.

Jennifer Auman announced the national PMHCA all-grantees meeting scheduled for April 23 and 24, 2020 has gone to a virtual platform, and several group members are attending, representing TWGs, clinical demonstration project, evaluation, family, and operations. Nebraska will join a presentation in the meeting on April 24 to discuss Nebraska's approaches to continuous quality improvement and sustainability through the cross-systems advisory group and technical workgroups.

Expansion/New Project Proposals:

New Clinical Demonstration Project: The NEP-MAP project team proposes developing another clinical demonstration project in partnership with Children's Hospital and Medical Center, Behavioral Health, under the leadership of Dr. Mike Vance and Dr. Jen McWilliams. This partnership is proposed to bring up another project of 50 or more enrolled providers who are not part of the existing MMI clinical demonstration project. The Children's Behavioral Health proposal includes an ECHO project as a vehicle for provider engagement and enrollment.

New Data Methodology: NEP-MAP proposes working with Answers4Families at UNL to devise a streamlined data gathering system for enrolled providers as an alternative to the current MMI Clinical Demonstration project methodology.

Program Presentation:

Parent Leadership Academy Training: (Sharon Dalrymple and Terri Marti). Emerging from Family Organizations participating in Behavioral Health System of Care. The Academy is developed by families for families, to empower families with tools, training, skills and supports to articulate and represent the needs of families in power situations (such as school IEP meetings). Sharon and Terri shared an overview of curriculum, Levels 1 – 3. Begins with knowing yourself, to understanding diversity in Nebraska, and how to communicate effectively. Curriculum moves through a series of empowering experiences. Level 1 total training period is 2 days; Level 2 is one day; next comes Train the Trainer. Now thinking through how to move to ZOOM in two-hour increments as live training events in-person may be indefinitely postponed due to COVID.

The meeting adjourned.