



04.16.2021 Notes

Welcome Activity:

Reflection: What's the ONE THING you did this week to practice SELF-CARE? : Partners shared their Self-Care activities in the chat box. Activities such as exercising and watching what they ate were among the majority of activities. Also mentioned were spending time outside, with loved ones and meditation/yoga and singing.

Announcements: Jenni Auman

- Year 2 Highlights posted on the NEP-MAP website! Check them out at dhhs.ne.gov/NEPMAP
- Children's Mental Health Week, May 2-8, 2021: Jenni notified the group to watch for NEP-MAP Recognitions and the fact that we are currently updating our roster. Please look for an email from: Jennifer.auman@nebraska.gov & Edin.Salkanovic@nebraska.gov requesting verification of contact information (mailing address) for each NEP-MAP member to update the current roster.

Technical Work Group #2: Greg Donovan, Kathy Karsting

Kathy opened up the conversation by informing partners of the last TWG 2 meeting, where Christian Klepper, co-lead and partners shared a reflection "What do we want the larger systems advisory committee to know about the work of technical workgroup # 2, the workgroup on CLAS and equity. Greg Donovan continued by sharing his excitement about the fact that this workgroup is very broad in its scope and definition of equity. Another aspect that is encouraging is the fact that TWG 2 works on actions that are tangible as opposed to spreading itself thin over various other areas. The evaluation team has met twice to discuss how equity issues can be advanced through the survey of both beneficiaries and providers. The process of including the various questions and methodologies of the evaluators were discussed. The results of the survey process will define future direction for the workgroup. Other aspects currently being discussed are the development of a fairly small awards process to work with providers to advance equity in their equity work.

Program Focus: Nebraska Indian Child Welfare Coalition: Misty Frazier

<https://nicwc.org/> , Misty@nicwc.org

Misty Frazier, the executive director of the Nebraska Indian Child Welfare Coalition, shared information about her young organization. NICWC attained its non-profit status in June 2019. NICWC is a non-profit organization that works towards improving compliance and implementation of the Indian child welfare act. The work is based on historical trauma and the injustices placed upon the indigenous populations. One of the stronger areas of NICWC is the fact that a lot of education is conducted on the Indian Child Welfare Act and issues surrounding Native American families and children. Data from the state foster care review office report on Nebraska's indigenous youth was

presented. A snapshot from the 2018 listening session report was also shared. A lot of the same issues reported from 40 years ago when ICWA was enacted, are still present today. Another activity NICWC undertakes is tracking of any national cases that could have an impact on ICWA. NICWC tagline which really sums up who they are and what they do is “Indian children culturally connected, rights protected.” Coalition meetings are held the 3rd Friday of every month. NICWC educates, advocates and brings people together. NICWC is the only organization in the country that has Native American TIPS-MAPP (a program designed to help prospective adoptive/foster parents understand the difference between the desire to help and making the commitment to bring children into their home) trainers. Misty is the only TIPS-MAPP master trainer who is indigenous/native American. NICWC’s major accomplishment was the passing of LB566 passed in 2015, which revised the Nebraska ICWA statute.

One of the issues presented in attempting to collaborate with NICWC and this type of organization is the issue where there are a limited number of indigenous professionals and most indigenous professionals are invited to participate in any and all different projects. Misty was invited to invite members of NICWC to NEP-MAP for collaboration.

Topic Updates:

- **Sustainability Planning Report:** *Kathy Karsting*

Kathy informed the group of the sustainability session where 11 NEP-MAP members met to discuss the sustainability framework and brainstorm an approach of the topic of sustainability planning for NEP-MAP. Materials from the University of Georgia Public Policy Center was utilized to prompt discussion on sustainability. One good aspect of this tool is the pre-sustainability planning, prompting organizations to do a fairly in-depth self-assessment, to think about “are you positioned for sustainability” plus other elements.

At this point in time we are looking at gathering more data guided by this self-assessment in order to get a sense of “where are we” in regards to sustainability planning. Edin sent a link to each NEP-MAP member inviting them to participate in the survey which involves 7 questions. This survey takes 10-15 minutes to complete. The survey will show an excerpt of the sustainability self-assessment and invites you to look at some of those parameters and give us some feedback.

Surveymonkey link: <https://www.surveymonkey.com/r/JM9996Z>

The toolset also gives some guidance on how to experiment with a “return on investment calculator.”

The University of Georgia Public Policy Center Organizational Self-Assessment Tools and information can be found on the links below:

<https://www.ruralhealthinfo.org/sustainability/pdf/formative-assessment-tool-quick-course.pdf>

<https://www.ruralhealthinfo.org/sustainability/pdf/sustainability-self-assessment-tool.pdf>

<https://www.ruralhealthinfo.org/sustainability/pdf/bringing-the-future-into-focus-sustainability-planning-workbook.pdf>

<https://ruralhealthlink.org/roi/>

- **Reach Out and Read - Kathy Karsting, Rachel Fox**

Kathy shared how Reach Out and Read is a program that involves placing books in the hands of primary care providers so that when they walk through the exam room door to meet with families with young children age 0-5 there will be a book in hand for the provider to hand off to the parent & child. By the time the child is age 5 they will have accumulated a small library of 10 books. The goals of Reach Out and Read, an evidence based program that looks at the benefit in developing literacy and communication through early parent read aloud programs with their young children. Programs like this can help develop social and emotional literacy and teach how to talk about and identify feelings. The approval of funds has been received and we are now positioned to enter into the NEP-MAP Reach Out and Read project. The project description calls for 2 levels of project operations.

The 1st level is what we can do as a NEP-MAP group. NEP-MAP initiates the projects, purchases the books and makes an agreement with the project manager and carries the project on. The goal states, “we are making this initial investment with providers by reaching out and engaging other in this project”

The 2nd level speaks to an aspirational effort to have NEP-MAP to take that initial investment and organization plus distribution and seek out corporate partners and others who can help fund, invest and establish a Reach Out and Read Program in Nebraska in order to reach far more practices overall across the state for beyond 2023. Reaching out to private entities for continuation of the project past 2023 has bared fruit and shows great potential. The NEP-MAP Reach Out and Read project was invited to participate in a significant literacy read aloud conference, which is sponsored by the Public Library System and originates in Seward Nebraska. Soon we will be able to interact with an audience and talk about this work to grow social and emotional literacy. NEP-MAP reached out to Rachel Fox and her non-profit organization You Go Girl, who has accepted the challenge of initiating this project in a management role.

Rachel Fox

- **Improving Screening and Equity Practices: small practice-level Quality Improvement projects- Kathy Karsting, Greg Donovan**

Jenni stated how NEP-MAP would like to give the opportunity for small practice-level quality improvement projects funded by NEP-MAP. Kathy shared that this too is the way we proposed to our Federal partners to use some of the carryover funds. One thing to keep in mind is these projects will be rather short-term, meaning these projects have to be finished by September. We would reach out to providers and have them let us know if they have any ideas for quality improvement practices in their practice to either improve screening of children or if they have thoughts about how they might want to improve some equity-related practices in their organization. The role of TWG2 has been

and will continue to be to really iron-out these ideas. The total for this project will be \$22,000.

- **Data tool testing:** *Charlie Lewis, Kathy Karsting, Holly Roberts*

Kathy introduced Charlie Lewis with UNL Center on Children Families and the Law to come up with an easy way on how to collect provider information and discussed the fact how some providers like using an app for data collection. Charlie Lewis and team introduced the NEP-MAP App, which is still in its early stages. The app will work in real time as the provider sees the patient. The app will work on a hierarchy system. The team has stated that they are looking for feedback on the usability of the app. Changes are made per team member suggestion. Kathy clarified that NEP-MAP does not collect any personal health identifiers. The data collection will primarily look at the primary care provider and their activity. The provider will show how many children they've seen, their age, race, ethnicity and gender. Screenings, referrals and treatment will be noted and counted with the help of the app.

- **Family-centered Care Coordination:** *Kathy Karsting*

Kathy shared that the initial investment was to turn to Sarah Swanson and Mark Shriver with the Munroe-Meyer Institute to invite them to bring their knowledge and expertise about family centered care coordination. It emerges from their work at MMI and the Family Care Enhancement Project with parent resource coordinators, some of who are members of the advisory committee such as Sarah Swanson. One aspect of opportunities to achieve positive outcomes is to look through the lens of the community health worker in Nebraska which allows us to see the family centered care coordinator as an individual who is there as a peer and colleague of the parent with shared life experiences and to provide knowledge on how to navigate systems of care. Sarah provided information on how community health workers might be trained and deployed within a primary care provider.

A 2 tiered approach is currently being discussed on the implementation of this project. What can we do with the resources at hand and what can we do to leverage something bigger and more sustainable. In the 1st year goal, Mark and Sarah with MMI were asked to work with their partners and consider putting together training modules to allow CHW's to acquire the knowledge and skills for a model of family centered care coordination. Then NEP-MAP, for its remaining years, will reach out to CHW's to spread that skillset. Goal 2 is to look at how we can function here in Nebraska and challenge ourselves to look to the possibility of developing strategies at deploying a pilot project that would involve 6-10 community health workers practicing the skillset to family centered care coordination located in primary care practices.

2021 Meetings: 11:00am – 1:00pm CST

- Friday, July 16
- Friday, October 15