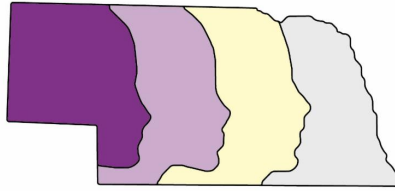


*Every Woman Matters*



## Women's & Men's Health Programs Community Health Hub Newsletter

May 2021

### Motivational Interviewing (MI) Training

Have you taken the Fall 2020 MI Training that was offered? Maybe you need a refresher? Maybe you have new staff on board?

For those of you who are interested in viewing the Motivational Interviewing training that was held last fall, there's now a way that you can access the training via a secured site.

At your convenience, you can access the training by going to: <https://partners-dhhs.ne.gov/LHD/Pages/Training.aspx>. Once you click on the link, if you do not have access to view the page, please let your TA know so that we can get you access.

### NEW! DHHS Blood Pressure Tracker

In December 2020, the American Heart Association made a decision to no longer support their online blood pressure tracking system. Because of this, the Every Woman Matters Program, with the assistance of the DHHS IS&T staff, developed an online tracker.

#### Online Blood Pressure Tracker Monitoring System

[Blood Pressure Tracker Monitoring System Guidance](#) 

[Blood Pressure Tracker Monitoring System Flyer](#) 

[Blood Pressure Tracker Monitoring System Webinar](#) 

[Blood Pressure Tracker Monitoring System](#) 

The tracker is an online tool that will help your clients log their blood pressures over a period of time so that they can keep an eye on their health and also share these numbers with their healthcare provider.

Training and an overview of the tracker system was given to all CHH Staff in February 2021. The overview of the new tracking system can be found [here](#) under the Healthy Behavior Support Services tab.

### Fall 2021 CHW Health Navigation Course

The Community Health Worker (CHW) Health Navigation Course will be offered virtually this fall beginning in August of 2021.

- Online orientation is scheduled for Tuesday, August 10 at 12:00 pm
- First virtual in-person sessions will be held September 28th-29th
- Second virtual in-person sessions will be held November 16th-17th

The CHW Facilitation Team is looking at a 4-6 hour timeframe each session for these trainings. Course Facilitators will communicate with students via Zoom regarding assignments. More details, promotional flyer and application packet will be available in early May.

## Follow Up Assessment Updates

The Women's & Men's Health Program is currently making some adjustments to the follow-up assessment. This assessment is especially important for the Health Coach to complete with the client on the third and final health coaching session and input post biometrics. This data collection ties into CDC required MDE's (minimum data equivalent) program outcomes and the overall evaluation. The assessment can be accessed electronically via this link or completed via hard copy and emailed to your TA.

## What is the HALT Platform?

On the recent Community Health Hub Leadership call, Brian Coyle, Public Health Coordinator of the National DPP & Physical Activity within the DHHS Chronic Disease Program, provided background information and an overview of the HALT platform. HALT is a Nebraska-branded platform utilizing Nebraska-based Lifestyle Coaches. It is a virtual platform which Hubs can access statewide in the delivery of pre-recorded sessions of the National Diabetes Prevention Program and is set to kick off July 2021.



Please contact Brian Coyle for more details.

Visit: <https://youtu.be/L71IXSaYGnc> to listen to the CHH Leadership meeting where HALT was discussed in further detail.

## Need Quitline Materials?

Did you know you can print Nebraska Tobacco Quitline brochures and marketing materials as you need them?

Visit: <http://quitnow.ne.gov/QuitlineOrderForm> and click on Downloadable Resources to see what options are available!

# Medicaid Expansion Education Campaign

In November 2020, the program released a Request for Proposal in order to find a contractor to:

- Assess Attitudes/Knowledge - Assess what makes Nebraska men and women ages 40-64 more or less likely to enroll in Heritage Health Adult (HHA).
- Develop and test educational messages for Nebraska women and men around the importance of preventive screenings (mammogram, Pap test, cholesterol, blood glucose, blood pressure, colon cancer screenings).
- Create and print (if appropriate) materials that utilize the tested messages.
- Host Wrap-Around Focus Groups – message development and focus group testing of messages related to wrap-around services and access to HHA for existing WMHP clients.
- Assess Client Participation in a Volunteer Program

Proposals were received mid-December and the program chose to work with KidGlov. We are excited to get the contract underway and start learning more. Work on the contract will began in March 2021. We have been working on finalizing a survey that will assess attitudes and knowledge around program services, preventive screenings and Medicaid enrollment. We anticipate this survey will be sent out in May. Once we have additional information to share we will include it in the next CHH Newsletter.

## Nebraska Department of Health and Human Services Women's & Men's Health Programs

301 Centennial Mall South | P.O. Box 94817 | Lincoln, NE 68509-4817

Toll Free: 800-532-2227 | In Lincoln: 402.471.0929

Email: [dhhs.ewm@nebraska.gov](mailto:dhhs.ewm@nebraska.gov)

