

MEETING MINUTES
Palliative Care Advisory Council
May 7, 2018
1:00 p.m. to 3:00 p.m.
Omaha, NE

Members In Attendance:

Holly Adams
Stephen Lazoritz
Andrew Macfadyen
Todd Sauer
Sabrina Schalley
Stacie Sinclair

By Phone:

Marcia Cederdahl
Linda Rock

Staff:

Shirley Pickens-White
Andrea Wenke
Christine Esch

Call To Order:

Dr. Lazoritz called the Palliative Care Council (the Council) meeting to order at 1:08 pm and introductions were made. Shirley Pickens-White was introduced as the new program manager for Women's Health Initiatives. Shirley made the Open Meeting Act Location Announcement.

Open Meeting Act Location Announcement: In accordance with Section 84-1412 of the Nebraska Revised Statutes, a copy of the Nebraska Open Meetings Act is located on the counter near the door.

Vacancies:

Shirley mentioned that the DHHS representative is the only Council vacancy and that Jennifer Eurek is no longer on the Council. Shirley stated that Marcia Cederdahl replaced Jennifer Eurek.

Approval of Minutes:

Dr. Lazoritz reviewed the minutes from the February 16, 2018 meeting. Dr. Macfadyen made a motion to approve the meeting minutes and Dr. Sauer seconded the motion.

Guidelines and Definitions:

Council members discussed replacing the CMS definition of palliative care (PC) on website landing page with the CAP-C definition of PC. The CMS definition will go into the Council's guidelines. Dr. Lazoritz asked for a motion to approve the definition included in the guidelines. Motion made by Andrew Macfadyen and seconded by Linda Rock. Shirley mentioned the numbering on the guidelines will need to be changed and Section VIII of the Parliamentary Authority should read NDHHS shall be facilitated by staff of Women's Health Initiatives. Dr. Macfadyen made a motion to adopt the guidelines with changes to:

- Incorporate CMS definition of PC into Council guidelines
- Correct numbering of the guidelines

- Section X: Parliamentary Authority “NDHHS shall be facilitated by staff of the Women’s Health Initiative”

Dr. Sauer seconded the motion to adopt and change the information on the guidelines.

Discussion on Meetings and Locations:

Dr. Lazoritz suggested at the next meeting that the website should be reviewed and Stacie Sinclair idea was doing a survey for each meeting by filling in the gaps with different topics of what PC is and what the Council will stand behind to address that issue. Dr. Lazoritz was hoping that by Fall, the Council would decide on their priorities and what they want to accomplish this year. Marcia Cederdahl mentioned that they could do ongoing education for PC providers. Dr. Lazoritz met with UNMC Public Health Dean, Ali Kahn and discussed possibility of public health students doing Capstone Projects in PC. Dr. Lazoritz suggested a PC survey would be a good Capstone Project.

The Council tentatively decided on the following dates and locations for future meetings

- Monday, August 6, 2018 at WellCare in Lincoln (1:00 p.m.-3:00 p.m.)
- Monday, November 5, 2018, location TBD in Omaha (1:00 p.m.-3:00 p.m.)
- Monday, February 4, 2019, location TBD in Lincoln (1:00 p.m.-3:00 p.m.)

Sabrina Schalley made a motion to approve the meeting times/dates and Dr. Sauer seconded the motion.

Discussion on LB931:

Stacie Sinclair presented an overview for LB931 and what it means for the dispensing of opioids to patients in PC treatment. Stacie mentioned that the federal government is planning to discuss this in an educational plan for providers. Stacie stated that CAP-C and other national partners had some concerns with difficulty in accessing opioids for PC patients. Andrea wanted to know the status of the bill that dealt with new parolees and the use of opioids and Marcia Cederdahl mentioned that it didn’t get out of committee. Marcia stated that people should be educated more on opioid use. Dr. Sauer wanted to know if there was any data supporting the outcomes of the new dispensing restrictions that other states had implemented. Stacie Sinclair stated that she was not aware of any data that supports current policies. Dr. Macfadyen wanted to know if the Council was talking about this bill or future bills since LB 931 only deals with patients under nineteen years of age. Dr. Macfadyen said the current data suggests that children don’t need more than a 7-day opioid prescription.

Palliative Care Webpage:

Andrea went over the PC webpage and a PDF format of the webpage was sent out to the council members. Andrea mentioned some items on the website:

1. Palliative Care: Consumers
2. Palliative Care: Information for Providers
3. Palliative Care: Pediatric Care
4. Palliative Care: Frequently Asked Questions
5. Palliative Care: Resources
6. Palliative Care: About Us

Andrea mentioned that review of the website goes through Communications and Legislative Services at DHHS. Dr. Lazoritz wanted to know if “consumers” can be changed to “patients and families.” Andrea is going to add more Spanish materials to the PC webpage. Council discussed what content should be linked to the PC site. Andrea will continue to improve site content and will work with Communications to determine best external PC sites to link to. Dr. Sauer suggested that contact be made with hospitals that are listed to find out their preference for how they are linked. Dr. Lazoritz stated that the webpage was well done.

Best Practices/Recommendations:

Dr. Lazoritz mentioned coming up with a list of best practices/recommendations that the NE Legislature can use as reference for future LB proposals that address the opioid epidemic.

Meeting Adjourned at 3:00

The next meeting: Monday, August 6th 2018

The minutes taken by: Christine Esch