

Nebraska PRAMS Survey Topics Phase 9 - 2023 Births

Before Pregnancy:

- **Disability**
- **Maternal Health** – General (Health conditions)
- **Preconception Care and Readiness** (Healthcare visits access and topics)
- **Health Insurance** (Access and types before, during, after pregnancy, reasons for not having access to health insurance)
- **Pregnancy Intention**

During Pregnancy:

- **Prenatal Care** (Visit to a doctor, nurse, or another healthcare worker to get checkups and advice about pregnancy, checkup topics about health conditions such as high blood pressure, pregnancy problems)
- **Vaccination and Influenza** (Before, and during pregnancy, if offered by a healthcare provider)
- **Oral Health** (Cleaned teeth or not)
- **Maternal Warning Signs** (Access to information, sources of information)
- **Tobacco & Other Nicotine Products** (Before, during, and after pregnancy), cigarette and e-cigarette use
- **Alcohol Use** (During pregnancy)
- **Stress** (Before or during pregnancy)- tough experiences, feeling unsafe
- **Discrimination** (Before or during pregnancy)- feeling emotionally upset
- **Physical Abuse** (Before, during pregnancy)

After Pregnancy:

- **Delivery Method** (Types and reasons, if labor induced by whom and reasons)
- **Infant Morbidity and Mortality** (Baby alive or not, Hospital stay lengths, baby living with mom)
- **Breastfeeding** (Lengths, reasons for stopping)

- **Infant Sleep Environment** (Baby position when sleep, frequency of baby sleeping alone, same room with adults, baby sleep place and situations)
- **Contraception** (Reasons for not using, birth control types)
- **Postpartum Care** (Maternal, reasons for not having, check up topics and health conditions)
- **Mental Health** (Felt down, had little interest, felt nervous, not able to stop worrying, followed up by a healthcare provider, need for mental health services, access to health services, reasons why didn't get mental health services, overall mental health)

Other Experiences:

- **Food Insecurity**
- **Social Determinants of Health** (Issues raised from lack of transportation)
- **Occupational Status & Workplace Leave** (if had a pay job)
- **Prenatal Relationship & Support** (Support from baby's father or partner for baby's basic needs)
- **Discrimination** (Discrimination experiences)-felt inferior, treated, or judged unfair based on race in different places
- **Stress** (Social and emotional support, postpartum living situation)
- **Emergency Preparedness**
- **Income** (Household income, number of people depended on this income)