



LEARN.

Lactation Education Across Rural Nebraska

The Nebraska Department of Health and Human Services (NDHHS) introduced the Lactation Education Across Rural Nebraska (LEARN) campaign to Nebraska birthing hospitals. The goal is to make improvements in hospitals' maternity care practices based on hospital mPINC scores that will ultimately better support breastfeeding. Check out the new changes that may be implemented at your local birthing hospital.



1 Newborn-mother dyads stay in the room together the entire hospital stay

Providers and nurses are expected to complete routine newborn exams and procedures in the mother's room



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3 Newborns remain in uninterrupted skin-to-skin contact for at least 1 hour or until the first breastfeeding is completed

Educate parents on the benefits of breastfeeding and the use donor breast milk supplementation if necessary



4



5 Breastfeeding mothers are shown how to position and latch their newborn, assess effective breastfeeding, and hand express milk

Learn more about the LEARN Hospital Champion Campaign at <https://dhhs.ne.gov/LEARN>

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