

## Nebraska Same Day and Open Access

**"Same day" means a provider can create an appointment the day they are contacted.**

**"Open Access" means that a provider can serve walk in patients during these hours.**

**[In case of Emergency , or if you feel there is an immediate danger to yourself or others, you may want to contact the 988 Helpline. Learn more about the 988 Help line here.](#)**

### Region 1

**4110 Avenue D, Scottsbluff, NE 69361  
Phone: 308-635-3173**

**Counties in Region 1: Banner, Box Butte, Cheyenne, Dawes, Deuel, Garden, Kimball, Morrill Scottsbluff, Sheridan, Sioux**

<b>Community Action Health Center</b>		<b>975 Crescent Drive, Gering NE 69341</b>			<b>Phone:</b>	<b>308-633-5766</b>
Medication Management-Mental Health	Adult	<b>M-F</b>	<b>Same Day</b>	8:00am-5:00pm	<b>Open Access</b>	No
		<b>Sa-Su</b>	<b>Same Day</b>	No	<b>Open Access</b>	No
Outpatient Psychotherapy-Mental Health	Adult & Youth	<b>M-F</b>	<b>Same Day</b>	8:00am-7:00pm	<b>Open Access</b>	No
		<b>Sa-Su</b>	<b>Same Day</b>	No	<b>Open Access</b>	No
Outpatient Psychotherapy-Substance Use	Adult & Youth	<b>M-Th</b>	<b>Same Day</b>	8:00am-5:00pm	<b>Open Access</b>	No
		<b>F</b>	<b>Same Day</b>	8:00am-12:00pm	<b>Open Access</b>	No
		<b>Sa-Su</b>	<b>Same Day</b>	No	<b>Open Access</b>	No
Medication Assisted Treatment-Substance Use	Adult	<b>M-F</b>	<b>Same Day</b>	8:00am-5:00pm	<b>Open Access</b>	No
		<b>Sa-Su</b>	<b>Same Day</b>	No	<b>Open Access</b>	No
Assessment--Substance Use	Adult	<b>M-Th</b>	<b>Same Day</b>	8:00am-5:00pm	<b>Open Access</b>	No
		<b>F</b>	<b>Same Day</b>	8:00am-12:00pm	<b>Open Access</b>	No
		<b>Sa-Su</b>	<b>Same Day</b>	No	<b>Open Access</b>	No
Assessment--Mental Health	Adult	<b>M-Th</b>	<b>Same Day</b>	8:00am-6:00pm	<b>Open Access</b>	No
		<b>Sa-Su</b>	<b>Same Day</b>	No	<b>Open Access</b>	No
Intensive Outpatient Treatment--Substance Use	Adult	<b>M-W</b>	<b>Same Day</b>	5:30pm-8:30pm	<b>Open Access</b>	No
		<b>Th-F</b>	<b>Same Day</b>	No	<b>Open Access</b>	No
		<b>Sa-Su</b>	<b>Same Day</b>	No	<b>Open Access</b>	No
<b>Western Community Health Resources</b>		<b>300 Shelton St., Chadron NE 69337</b>			<b>Phone:</b>	<b>308-432-8979</b>
Community Support--Mental Health	Adult	<b>M-F</b>	<b>Same Day</b>	8:00am-5:00pm	<b>Open Access</b>	8:00am-5:00pm
		<b>Sa-Su</b>	<b>Same Day</b>	No	<b>Open Access</b>	No
Recovery Support--Mental Health	Adult	<b>M-F</b>	<b>Same Day</b>	8:00am-5:00pm	<b>Open Access</b>	No
		<b>Sa-Su</b>	<b>Same Day</b>	No	<b>Open Access</b>	No
Recovery Support--Substance Use	Adult	<b>M-F</b>	<b>Same Day</b>	8:00am-5:00pm	<b>Open Access</b>	No
		<b>Sa-Su</b>	<b>Same Day</b>	No	<b>Open Access</b>	No
Youth Transitional Services--Mental Health	Youth	<b>M-F</b>	<b>Same Day</b>	8:00am-5:00pm	<b>Open Access</b>	No

		Sa-Su	Same Day	No	Open Access	No
Supported Employment--Mental Health	Adult	M-F	Same Day	8:00am-5:00pm	Open Access	No
		Sa-Su	Same Day	No	Open Access	No
<b><u>Region II</u></b>	<b>Counties in Region II: Arthur, Chase, Dawson, Dundy, Frontier, Gosper, Grant, Hayes, Hitchcock, Hooker, Keith, Lincoln, Logan, Perkins, Red Willow, Thomas</b>					
<b>110 N. Bailey, North Platte, NE 69103 Phone 308-534-0440</b>						
<b>Region 2 Human Services</b>	<b>110 N Bailey Ave, North Platte NE 69101</b>			<b>Phone:</b>	<b>308-534-0440</b>	
Assessment--Substance Use	Adult	M-Su	Same Day	Contact Provider	Open Access	Contact Provider
Client Assistance Program--Mental Health	Adult	M-Su	Same Day	Contact Provider	Open Access	Contact Provider
Client Assistance Program--Substance Use	Ault	M-Su	Same Day	Contact Provider	Open Access	Contact Provider
<b>CenterPointe</b>	<b>2202 S 11th St, Lincoln NE 68502</b>			<b>Phone:</b>	<b>402-475-6695</b>	
Medication Management--Mental Health	Adult	M-Su	Same Day	Contact Provider	Open Access	Contact Provider
<b>Lutheran Family Services</b>	<b>120 East 12th St, North Platte, NE 69101</b>			<b>Phone:</b>	<b>308-532-0587</b>	
Medication Management--Mental Health	Adult	M-Su	Same Day	Contact Provider	Open Access	Contact Provider
<b><u>Region 3</u></b>	<b>Counties in Region 3: Adams, Blaine, Buffalo, Clay, Custer, Franklin, Garfield, Greeley, Hall, Hamilton, Harlan, Howard, Kearney, Loup, Merrick, Nuckolls, Phelps, Sherman, Valley, Webster, Wheeler</b>					
<b>4009 6th Ave #65, Kearney, NE 68848 Phone: 308-237-5113</b>						
<b>South Central Behavioral Services-Kearney</b>	<b>3810 Central Ave, Kearney NE 68848</b>			<b>Phone:</b>	<b>308-532-0587</b>	
Outpatient Psychotherapy- Mental Health	Adult	M	Same Day	No	Open Access	8:00am-9:00am
Outpatient Psychotherapy-Substance Use	Adult	T-Su	Same Day	No	Open Access	No
<b>South Central Behavioral Services-Hastings</b>	<b>616 W 5th St, Hastings NE 68902</b>			<b>Phone:</b>	<b>402-463-8684</b>	
Crisis Reponse--Mental Health	Adult	M-Su	Same Day	No	Open Access	Contact Provider
Crisis Reponse--Substance Use	Substance Use	M-Su	Same Day	No	Open Access	Contact Provider
Outpatient Psychotherapy--Mental Health	Adult & Youth	M-W	Same Day	No	Open Access	No
		Th	Same Day	No	Open Access	10:00am-11:00am
		F-Su	Same Day	No	Open Access	No
Outpatient Psychotherapy--Substance Use	Adult & Youth	M	Same Day	No	Open Access	No
		T	Same Day	No	Open Access	1:00pm-2:00pm
		W-Su	Same Day	No	Open Access	No
<b>Lutheran Family Services-Grand Island</b>	<b>1811 W 2nd St, Grand Island, NE 68803</b>			<b>Phone:</b>	<b>308-382-4255</b>	
Outpatient Psychotherapy--Mental Health	Adult	M	Same Day	8:00am-10:00am	Open Access	No
		T	Same Day	No	Open Access	No
		W	Same Day	1:00pm-3:00pm	Open Access	No
		Th-Su	Same Day	No	Open Access	No
<b>The Lanning Center</b>	<b>835 S Burlington Ave, Suite 108, Hastings, NE 68901</b>			<b>Phone:</b>	<b>402-463-7711</b>	

Outpatient Psychotherapy--Mental Health	Adult	M	Same Day	No	Open Access	No
		T	Same Day	No	Open Access	1:00pm-3:00pm
		W	Same Day	No	Open Access	No
		Th	Same Day	No	Open Access	1:00pm-3:00pm
		F-Su	Same Day	No	Open Access	No
<b><u>Region 4</u></b>						
<b>206 Monroe Ave, Norfolk, NE 68701 Phone: 402-370-3100</b>		<b>Counties in Region 4: Antelope, Boone, Boyd, Brown, Burt, Cedar, Cherry, Colfax, Cuming, Dakota, Dixon, Holt, Keya Paha, Knox, Madison, Nance, Pierce, Platte, Rock, Stanton, Thurston, Wayne.</b>				
<b>Heartland Counseling Services, Inc-O'Neill</b>		<b>221 W Douglas St, O'Neill Ne 688763</b>			<b>Phone:</b>	<b>402-336-2800</b>
Assessment--Mental Health	Adult & Youth	M-Th	Same Day	Contact Provider	Open Access	Contact Provider
		F-Su	Same Day	No	Open Access	No
Assessment--Substance Use	Adult & Youth	M-Th	Same Day	Contact Provider	Open Access	Contact Provider
		F-Su	Same Day	No	Open Access	No
Crisis Reponse--Mental Health	Adult	M-Su	Same Day	Contact Provider	Open Access	Contact Provider
		M-Su	Same Day	Contact Provider	Open Access	Contact Provider
<b>Heartland Counseling Services, Inc. South Sioux City</b>		<b>1201 Arbor Dr., South Sioux City, NE 68776</b>			<b>Phone:</b>	<b>402-494-3337</b>
Assessment--Mental Health	Adult & Youth	M-Th	Same Day	Contact Provider	Open Access	Contact Provider
		F-Su	Same Day	No	Open Access	No
Assessment--Substance Use	Adult & Youth	M-Th	Same Day	Contact Provider	Open Access	Contact Provider
		F-Su	Same Day	No	Open Access	No
Crisis Reponse--Mental Health	Adult	M-Su	Same Day	Contact Provider	Open Access	Contact Provider
		M-Su	Same Day	Contact Provider	Open Access	Contact Provider
<b>South Central Behavioral Services-Hastings</b>		<b>616 W 5th St, Hastings NE 68902</b>			<b>Phone:</b>	<b>402-463-5684</b>
Outpatient Psychotherapy--Substance Use	Adult	M-F	Same Day	8:00am-5:00pm	Open Access	8:00am-5:00pm
		S-Su	Same Day	No	Open Access	No
<b>South Central Behavioral Services-Kearney</b>		<b>3810 Central Ave, Kearney NE 68848</b>			<b>Phone:</b>	<b>308-532-0587</b>
Outpatient Psychotherapy--Substance Use	Adult	M-F	Same Day	8:00am-5:00pm	Open Access	8:00am-5:00pm
		S-Su	Same Day	No	Open Access	No
<b>Women's Empowering Lifeline</b>		<b>910 W Park Ave, Norfolk, NE 68701</b>			<b>Phone:</b>	<b>402-379-3622</b>
All Services--Mental Health	Adult & Youth	M-Th	Same Day	Contact Provider	Open Access	No
		F	Same Day	Contact Provider	Open Access	8:00am-1:00pm
		S-Su	Same Day	Contact Provider	Open Access	No
All Services--Substance Use	Adult & Youth	M-Th	Same Day	Contact Provider	Open Access	No
		F	Same Day	Contact Provider	Open Access	8:00am-1:00pm
		S-Su	Same Day	Contact Provider	Open Access	No
<b><u>Region V</u></b>		<b>Counties in Region V: Butler, Fillmore, Gage, Jefferson, Johnson,</b>				

<b>1645 N Street, Lincoln, NE 68508</b>		<b>Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Saline, Saunders, Seward, Thayer, York</b>					
<b>Phone: 402-441-4343</b>					<b>Phone:</b>	<b>308-382-4255</b>	
<b>Lutheran Family Services</b>	<b>1811 W 2nd St, Grand Island, NE 68803</b>						
Assessment-Mental Health	Adult	<b>M,W,F</b>	Same Day	No	Open Access	No	
		<b>T, Th</b>	Same Day	8:00am-10:00am 1:00pm-3:00pm	Open Access	8:00am-10:00am 1:00pm-3:00pm	
		<b>S-Su</b>	Same Day	No	Open Access	No	
Assessment--Substance Use	Adult	<b>M,W,F</b>	Same Day	No	Open Access	No	
		<b>T, Th</b>	Same Day	8:00am-10:00am 1:00pm-3:00pm	Open Access	8:00am-10:00am 1:00pm-3:00pm	
		<b>S-Su</b>	Same Day	No	Open Access	No	
<b>Associates in Counseling and Treatment</b>		<b>600 N Cotner Blvd, #119, Lincoln, NE 68505</b>			<b>Phone:</b>	<b>402-261-6667</b>	
Assessment--Substance Use	Adult	<b>M-Th</b>	Same Day	9:30am-5:30pm	Open Access	9:30am-5:30pm	
		<b>F-S</b>	Same Day	No	Open Access	No	
		<b>Su</b>	Same Day	11:00am-4:00pm	Open Access	11:00am-4:00pm	
<b>CenterPointe</b>		<b>2202 S 11th St, Lincoln NE 68502</b>			<b>Phone:</b>	<b>402-475-6695</b>	
Assessment--Mental Health	Adult	<b>M,W,F</b>	Same Day	No	Open Access	No	
		<b>T&amp;Th</b>	Same Day	Contact Provider	Open Access	Contact Provider	
		<b>S-Su</b>	Same Day	No	Open Access	No	
Outpatient Psychotherapy--Mental Health	Adult	<b>M-F</b>	Same Day	8:00am-5:00pm	Open Access	8:00am-5:00pm	
		<b>S-Su</b>	Same Day	No	Open Access	No	
Outpatient Psychotherapy--Substance Use	Adult	<b>M-F</b>	Same Day	8:00am-5:00pm	Open Access	8:00am-5:00pm	
		<b>S-Su</b>	Same Day	No	Open Access	No	
Medication Management--Mental Health	Adult	<b>M-F</b>	Same Day	8:00am-5:00pm	Open Access	8:00am-5:00pm	
		<b>S-Su</b>	Same Day	No	Open Access	No	
<b>Region 6</b>							
<b>471 South 132nd St., Omaha, NE 68137</b>		<b>Counties in Region 6: Cass, Dodge, Douglas, Sarpy, Washington</b>					
<b>Phone: 402-444-6573</b>							
<b>Alcoholics Resocialization Condition Help</b>		<b>604 S 37th St., Omaha NE 68105</b>			<b>Phone:</b>	<b>402-346-8898</b>	
Halfway House--Substance Use	Adult	<b>M-F</b>	Same Day	9:00am-5:00pm	Open Access	No	
		<b>S-Su</b>	Same Day	No	Open Access	No	
<b>Bay Area Addiction Research and Treatment</b>		<b>1941 S 42nd St. #210, Omaha, NE 68105</b>			<b>Phone:</b>	<b>402-341-6220</b>	
Opioid Treatment Service--Substance Use	Adult	<b>M-Th</b>	Same Day	6:30am-2:00pm	Open Access	6:30am-2:00pm	
		<b>F-Su</b>	Same Day	No	Open Access	No	
<b>Capstone</b>		<b>1941 S 42nd St. #328, Omaha, NE 68105</b>			<b>Phone:</b>	<b>402-644-8444</b>	
Assessment--Mental Health	Adult	<b>M-F</b>	Same Day	10:00am-3:00pm	Open Access	No	
		<b>Sa-Su</b>	Same Day	No	Open Access	No	

Assessment--Substance Use	Adult	M-F	Same Day	10:00am-3:00pm	Open Access	No
		Sa-Su	Same Day	No	Open Access	No
Outpatient Psychotherapy--Mental Health	Adult	M-F	Same Day	10:00am-3:00pm	Open Access	No
		Sa-Su	Same Day	No	Open Access	No
Outpatient Psychotherapy--Substance Use	Adult	M-F	Same Day	10:00am-3:00pm	Open Access	No
		Sa-Su	Same Day	No	Open Access	No
<b>Charles Drew Health Center, Inc</b>	<b>2915 Grant St, Omaha, NE 68111</b>				<b>Phone:</b>	<b>402-451-3553</b>
Assessment--Substance Use	Adult	M	Same Day	No	Open Access	No
		T	Same Day	8:30am-12:00pm	Open Access	8:30am-12:00pm
		W-Su	Same Day	No	Open Access	No
<b>CHI Health Clinic Psychiatric Associates-Immanuel</b>	<b>7101 Newport Ave, Bldg 3, Omaha, NE 68152</b>				<b>Phone:</b>	<b>402-572-2916</b>
Assessment--Substance Use	Adult	M,W,F	Same Day	No	Open Access	No
		T-Th	Same Day	8:00am-12:00pm	Open Access	8:00am-12:00pm
		S-Su	Same Day	No	Open Access	No
<b>CHI Health Clinic Psychiatric Associates-Likeside</b>	<b>16909 Lakeside Hills Ct #400, Omaha, NE 68130</b>				<b>Phone:</b>	<b>402-758-5850</b>
Assessment--Substance Use	Adult	M	Same Day	Contact Provider	Open Access	Contact Provider
		T-Su	Same Day	No	Open Access	No
<b>Community Alliance</b>	<b>7117 Jones Cir, Omaha, NE 68106</b>				<b>Phone:</b>	<b>402-715-5668</b>
Assessment--Mental Health	Adult	M-F	Same Day	8:30am-4:30pm	Open Access	8:30am-4:30pm
		Sa-Su	Same Day	No	Open Access	No
Medication Management--Mental Health	Adult	M-Su	Same Day	Contact Provider	Open Access	Contact Provider
<b>Douglas County Community Mental Health Center</b>	<b>4102 Woolworth Ave, Omaha NE 68105</b>				<b>Phone:</b>	<b>402-444-7000</b>
Adult Inpatient Psychiatric Hospital--Mental Health	Adult	M-Su	Same Day	Contact Provider	Open Access	Contact Provider
Detoxification Services--Substance Use	Adult	M-Su	Same Day	Contact Provider	Open Access	Contact Provider
Medication Management--Mental Health	Adult	M-F	Same Day	8:30am-4:30pm	Open Access	No
		S-Su	Same Day	No	Open Access	No
Outpatient Triage-Mental Health	Adult	M-F	Same Day	8:00am-11:30am 1:00pm-3:00pm	Open Access	8:00am-11:30am 1:00pm-3:00pm
		S-Su	Same Day	No	Open Access	No
<b>Heartland Family Services--42nd Street</b>	<b>2101 S 42nd St, Omaha, NE 68105</b>				<b>Phone:</b>	<b>402-552-7400</b>
Outpatient Psychotherapy--Mental Health	Adult & Youth	M-Su	Same Day	Contact Provider	Open Access	Contact Provider
Outpatient Psychotherapy--Substance Use	Adult & Youth	M-Su	Same Day	Contact Provider	Open Access	Contact Provider
Psychiatric Evaluations--Mental Health	Adult & Youth	M-Su	Same Day	Contact Provider	Open Access	Contact Provider
<b>Heartland Family Services--Sarpy</b>	<b>302 American Pwky, Papillion, NE 68046</b>				<b>Phone:</b>	<b>402-339-2544</b>
Outpatient Psychotherapy--Mental Health	Adult & Youth	M-Su	Same Day	Contact Provider	Open Access	Contact Provider
Outpatient Psychotherapy--Substance Use	Adult & Youth	M-Su	Same Day	Contact Provider	Open Access	Contact Provider
Psychiatric Evaluations--Mental Health	Adult & Youth	M-Su	Same Day	Contact Provider	Open Access	Contact Provider
<b>Lutheran Family Services</b>	<b>7929 W. Center Road, Omaha, NE 68124</b>				<b>Phone:</b>	<b>402-342-7007</b>
Assessment--Mental Health	Adult	M-W	Same Day	No	Open Access	No
		Th	Same Day	1:00pm-3:00pm	Open Access	1:00pm-3:00pm

