

Nebraska Tobacco Quitline

The Nebraska Tobacco Quitline provides free access to counseling and support services around the clock. Who is using this important resource?

3,876

calls came into the Quitline in 2022 for...

2X

DID YOU KNOW?

Combining counseling and quit medication can double your chance of successfully quitting tobacco.



Counseling



Questions



Craving Support



Healthcare Provider Inquiries and Referral

28,502

motivational texts sent to Nebraskans from the Quitline



1,776

tobacco users registered for Quitline services over the phone and online

GENDER

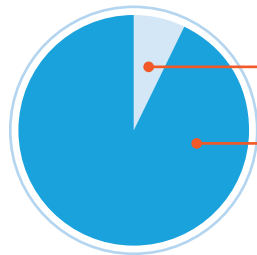


63%
Women



36%
Men

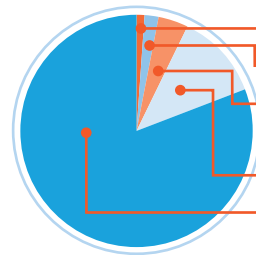
ETHNICITY



7% Hispanic

93% Non-Hispanic

RACE



1% Asian

2% Other

4% Native American or Alaska Native

12% African American

81% White

Participants with chronic conditions

Many participants have more than one condition.



13%

Heart Disease



15%

Diabetes



48%

Anxiety



9%

Schizophrenia



44%

Depression



8%

Cancer



22%

Asthma



26%

Chronic Obstructive Pulmonary Disease



23%

Bipolar Disorder



41%

None

How participants heard about the Nebraska Tobacco Quitline:



30%

Health Care Professional



23%

Television



9%

Family/Friends



38%

Other

Quitline coaches help with quitting all types of tobacco

Many participants use more than one type of tobacco product.



Cigarette



E-cigarette



Cigar/Pipe



Smokeless

69%

of participants received quit medication

In 2022, a total of 3,556 weeks worth of quit medication was supplied to Quitline participants.



Gum



Lozenge



Patch

NEBRASKA TOBACCO QUITLINE

QuitNow.ne.gov

1-800-QUIT-NOW (784-8669) | 1-855-DÉJELO-YA (335-3569)

NEBRASKA DEPARTMENT OF HEALTH & HUMAN SERVICES • TOBACCO FREE NEBRASKA

Updated March 2023