

# Nebraska Olmstead Planning

The background of the slide features a low-angle shot of the Nebraska State Capitol building, showing its iconic dome and classical architectural details. The sky is a vibrant blue with scattered white clouds, and a large, dense flock of birds is captured in flight, filling the right side and top of the frame.

**Prepared for the Olmstead  
Advisory Group  
November 5, 2019**

# Today's Discussion

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- Welcome and Role Call
- Olmstead Timeline
- Olmstead Plan Format
- Nebraska's Olmstead Core Values and Guiding Principles
- High Level Overview of the Nebraska Olmstead Goals, Strategies, and Measures
- Next Steps
- Public Comment

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# Nebraska Olmstead Planning Timeline

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- October 1
  - First Draft of Plan to DHHS and partner agencies
- October 18
  - Steering Group Meeting with six Advisory Committee Representatives.
- November 4
  - Revised draft report due to Olmstead Advisory Committee
- November 5
  - Olmstead Advisory Committee Meeting
- November 22
  - Olmstead Advisory Committee comments due back to TAC

# Plan Structure

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## Formatting and Structure

- ▶ Executive Summary
- ▶ Core Values and Guiding Principles
- ▶ Progress Made and Ongoing Challenges to Achieve the Vision of Olmstead
- ▶ Nebraska's Goals
  - ▶ Strategies
  - ▶ Measureable Outcomes
- ▶ Closing Summary

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# Nebraska Olmstead Core Values

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Nebraska's Olmstead Plan reflects the following fundamental beliefs in supporting individuals with disabilities. Nebraska is committed to:

1. Person-and-Family Centered approaches
2. Ensuring the safety of, and an improved quality of life, for people with disabilities

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# Nebraska Olmstead Core Values (con't)

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Nebraska's Olmstead Plan reflects the following fundamental beliefs in supporting individuals with disabilities. Nebraska is committed to:

3. Services that are readily available, at locations accessible to individuals in need, and their families
4. Supporting individuals to live a meaningful life in the community in which they choose

# Nebraska Olmstead Guiding Principles

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In addition to our Core Values, the following Core Principles serve as a foundation for our Olmstead Plan:

1. Self Determination and Choice
2. Independence and Least Restrictive
3. Use of Respectful Language, Including People first language
4. Evidence Based Strategies
5. Services across the lifespan

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# Nebraska Olmstead Guiding Principles (con't)

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In addition to our Core Values, the following Core Principles serve as a foundation for our Olmstead Plan:

6. Safety
7. Diversity
8. Inclusive
9. Integrated
10. Accountability



# Nebraska's Visions for Community Integration

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**People with disabilities are living, learning,  
working, and enjoying life in the most  
integrated setting**

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# Nebraska Olmstead Goal 1

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**Nebraskans with Disabilities Will Have Access to Individualized Community-based Services and Supports that Meet their Needs and Preferences**

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# Goal 1 Strategies

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## ▶ 9 Strategies Across DHHS and The Commission for the Deaf and

### Hard of Hearing including:

- DDD will create a “No Wrong Door” approach
- DDD will seek to create a new Medicaid Home and Community Based Services (HCBS) waiver-community inclusion
- Division Behavioral Health (DBH) will expand Oxford Houses for individuals with Opioid Use Disorder (targeted to women with dependent children)
- Medicaid and Long Term Care (MLTC) will implement the 1115 Substance Use Disorder (SUD) Demonstration waiver expanding access to Medication Assisted Treatment

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# Goal 1 Strategies (cont.)

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- DHHS will explore the effectiveness of, expansion or investment in additional community-based options for children/youth with MH/IDD
- DBH will assess and quantify the need for expansion of Behavioral Health services, such as Assertive Community Treatment (ACT) Teams statewide
- The Commission for the Deaf and Hard of Hearing will spearhead an initiative to center resources around the community and families with children who are Deaf, Hard of Hearing or Deaf and Blind (D/HH/DB)
- Telehealth-still under discussion
- CFS and APS-still under discussion

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# Goal 1 Measures

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## ➤ 7 Measures Focused on:

- Increase the percentage of state appropriations each fiscal year to fund the Medicaid HCBS DD Waivers waitlist
- Increase access to Medication Assisted Treatment (MAT) for adults with Opioid Use Disorders (OUD)
- Telehealth will increasingly support the provider-patient relationship for Nebraskans (still under discussion)
- Increase participant use of Community Habilitative Inclusion (HCBS DD waiver service)
- Measure discussion with Commission for the Deaf and Hard of Hearing

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# Nebraska's Olmstead Goal 2

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**Nebraskans with Disabilities Will Have Access to Safe, Decent, Affordable, Accessible Housing in the Communities in Which They Choose to Live**

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# Goal 2 Strategies

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- ▶ 6 Strategies Across DHHS and HUD Housing Support Program Including:
- ▶ Division Public Health (DPH) will explore collecting data related to housing needs as part of the Community Health Needs Assessment
- ▶ DBH will determine how housing data can be incorporated into the state health assessment and needs assessment
- ▶ DHHS in partnership with the HUD Housing Support programs will collaborate, create an administrative structure to prioritize some affordable housing capacity, and encourage and facilitate access to new housing resources for people living with disabilities
- ▶ DHHS will explore partnerships and the feasibility of accessing 811 PRA NOFA funds for project based rental assistance

# Goal 2 Measure

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## Goal 2 Measure

- Increase the number of people with disabilities receiving state-funded rental assistance by 150
- Still need additional measures

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# Nebraska's Olmstead Goal 3

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## Nebraskans with Disabilities Will Receive Services in the Settings Most Appropriate to Meet their Needs and Preferences

### *3 Subcategories*

- 1. Strategies to Divert Admissions to and facilitate transitions from Institutional Care*
- 2. Strategies to Divert Admissions to Segregated Settings*
- 3. Strategies to Reduce Justice Involvement and Homelessness*

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# Goal 3 Strategies

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## *Strategies to Divert Admissions to and facilitate transitions from Institutional Care*

- ▶ 7 Strategies to Divert Admissions to and facilitate transitions from Institutional Care across DHHS including:
  - MLTC, DDD and DBH will provide in-reach to people in nursing homes and other institutions or segregated settings
  - DDD will continue to engage in administrative simplification and intermediate care facilities (ICF) consolidation at the Beatrice State Development Center (BSCD)
  - DBH will work with the Regional Centers to develop agreed upon criteria admission and discharge criteria

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# Goal 3 Strategies (cont.)

## *Strategies to Divert Admissions to Segregated Setting*

### ▶ 8 Strategies Across DHHS and DOE to Divert Admissions to Segregated Settings Including:

- CFS will target resources for evidence-based practices that prevent out-of-home and congregate care settings placements for children with Serious Emotional Disorders
- DBH will collaborate with the Nebraska Department of Education (DOE) to develop and implement a plan for educating school personnel about mental health resources
- DPH will complete an assessment of its ability, within existing regulatory authority, to restrict new admissions to an Assisted Living Facility (ALF) that has documented deficiencies related to residents' care, health and safety

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# Goal 3 Strategies (cont.)

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## *Strategies to Reduce Justice Involvement and Homelessness*

### ▶ 6 Strategies Across DHHS and DOC to Reduce Justice Involvement and Homelessness Including:

- DBH will work to identify and address barriers to admissions to acute care inpatient beds and other community-based services that, absent these services, result in interface with the Justice system
- Department Of Corrections and DHHS will encourage counties to pursue involvement in Stepping Up and other Justice Diversion initiatives
- DDD will conduct an analysis of individuals with I/DD with high levels of law enforcement contact and criminal justice system involvement

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# Goal 3 Measures (cont.)

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## *Diverting Admissions to and Facilitation of Transition from Institutional Care*

- 5 Measures related to diverting Admissions to and Facilitate Transition from Institutional Level of Care Including:
  - Continue consolidation of state owned ICFs.
  - DDD will continue to engage in administrative simplification and ICF consolidation at the BSDC, repurposing Long Term Care Beds at BSDC to develop capacity for acute crisis and transition services
  - Reduce admissions to the LRC for Competency Evaluation and Restoration Services

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# Goal 3 Measures (cont.)

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## *Diverting Admissions to Segregated Settings*

### 3 Measures related Diverting Admissions to Segregated Settings Including:

- Continue to appropriately divert youth from admissions to out-of-home treatment settings and acute care inpatient units.
- Continue to appropriately divert adults from admissions to acute care inpatient units (Mobile Crisis Response)
- BH consumers report "I am better able to deal with crisis" on the DBH annual consumer survey

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# Goal 3 Measures (cont.)

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## *Reducing Justice Involvement and Homelessness*

### 4 Measures related to Reducing Justice Involvement and Homelessness Including:

- Reduce the time individuals with Severe Mental Illness (SMI) spend waiting in jail for Competency Evaluation and Restoration Services.
- Increase family involvement in treatment and discharge planning for youth at the Youth Rehabilitation and Treatment Centers (YRTC's)
- Reduce homelessness among young adults, ages 18 to 24, in Nebraska
- Increase in the number of young adults who voluntarily choose to participate in extended foster care, aka Bridge to Independence

# Nebraska's Olmstead Goal 4

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## **Nebraskans with Disabilities Will Have Increased Access to Education and Choice in Competitive, Integrated Employment Opportunities**

### *2 Subcategories*

- 1. Strategies to Support Integrated Education*
- 2. Strategies to Support Competitive, Integrated Employment*

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# Goal 4 Strategies

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## Strategies to Support Integrated Education

- ▶ 9 Strategies Across DHHS and Nebraska Department of Education Offices of Special Education and Early Childhood Education, Department of Labor, and Commission for the Blind and Visually Impaired Including:
  - DHHS and DOE Offices of Special Education will establish regularly scheduled meetings
  - DOL will continue to seek additional school districts interested in implementing JAG
  - Nebraska Commission for the Blind and Visually Impaired (NCBVI) will continue supporting youth who are blind or visually impaired to graduate and transition to adulthood

# Goal 4 Strategies (cont.)

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## Strategies to Support Competitive, Integrated Employment

- ▶ 11 Strategies DHHS, Vocational Rehabilitation (VR), and DOL to Support Competitive, Integrated Employment Including:
  - VR and DHHS will coordinate the delivery of pre-employment transition services
  - Nebraska VR and the DHHS (DDD and DBH) will coordinate funding to sustain supported employment milestones when VR is implementing an Order of Selection and individuals are on VR's waiting list for employment services
  - DDD will implement a mechanism for tracking employment for participants in Medicaid DD HCBS Waivers
  - The Regional Centers will explore utilization of Peer Bridgers to support consumer transitions from institutional settings

# Goal 4 Measures

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## Integrated Education

### ➤ 3 Measures Across DOE and DOL to address Integrated Education

#### Including:

- The 4-year graduation rate for Nebraskan students receiving Special Education will increase to 86% by 2026.
- The 7-year (extended) graduation rate for Nebraska students receiving Special Education will increase to 94% by 2026
- Nebraska Department Of Labor (NDOL) will increase participation in the Jobs for America's Graduates (JAG) program by 100

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# Goal 4 Measures (cont.)

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## Competitive, Integrated Employment Opportunities

- 6 Measures Across DHHS, VR, and the Commission for Blind and Visually Impaired Including:
  - Increase the number of students who participate in Project SEARCH
  - Increase the number of youth who participate in the Developing Youth Talent Initiative
  - DOE-VR will reduce the wait list for VR services.
  - Increase the number of individuals who receive VR supported employment who exit with competitive integrated employment.

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# Nebraska's Olmstead Goal 5

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**Nebraskans with Disabilities Will Have Access to Affordable and Accessible Transportation Statewide**

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# Goal 5 Strategies

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- ▶ 8 Strategies Across DHHS, Nebraska Department of Transportation (NDOT), and Assistive Technology Partnership Including:
  - DHHS will establish regular meetings with NDOT to open lines of communication and collaboration
  - The statewide Mobility Manager will assess the interest in and need for a Mobility Manager in each of the 6 regions
  - NDOT will conduct a feasibility study to implement inter-city bus service between Lincoln and Omaha as well as between Grand Island, Hastings and Kearney
  - NDOT will facilitate collaboration among communities that lack any public transportation with neighboring counties/communities that do have public transportation, to explore cross-county services
  - ATP will focus efforts towards educating Service Coordinators and VR staff on Vehicle Modifications and the process to obtain them

# Goal 5 Measures

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## ➤ 3 Measures Including:

- Increasing Rural Passenger
- Increasing Intercity Passenger Boarding's
- The number of individuals with disabilities receiving DOE-ATP supported vehicle modifications will increase

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# Nebraska's Olmstead Goal 6

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**Individuals with Disabilities will Receive Services and Supports that Reflect Data Driven Decision-making, Improvement in the Quality of Services, and Enhance Accountability Across Systems**

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# Goal 6 Strategies

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## Data Reporting/Evaluation

### ▶ 7 Strategies Across DHHS to Address Data Reporting and Evaluation Including:

- DHHS will establish data governance policies that define utilization of data for continuum of care management and cross-divisional care management
- DHHS will explore cross agency data reporting and data sharing
- DHHS will work to integrate data to understand how many people in Nebraska are waiting for services
- DHHS will explore a satisfaction survey as part of monitoring the implementation of this Olmstead Plan

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# Goal 6 Strategies (cont.)

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## Quality Improvement

- ▶ 8 Strategies Across DHHS to Address Quality Improvement Including:
  - DDD and MLTC will, in collaboration with the Developmental Disabilities Council, ensure ongoing integration of Person-Centered Planning principles in all Nebraska LTC programs
  - MLTC and DDD will achieve all milestones as identified in Nebraska's Statewide Transition Plan, assuring full compliance with the Settings Final Rule, by March 2022
  - DDD will contract with a Quality Improvement Organization-like entity to implement a more robust incident management system, including a death mortality review
  - CFS will leverage and align efforts under the Family First Preservation Services Act (FFPSA) to target resources to further support the use of evidence-based practices

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# Goal 6 Measures

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## Quality Improvement

- One Measure to Address Quality Improvement:
  - DDD will achieve improvement annually across the 108 questions in the Adult In-Person Survey of the National Core Indicators

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# Nebraska's Olmstead Goal 7

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**Nebraskans with Disabilities Will Receive Services and Supports from a High Quality Workforce.**

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# Goal 7 Strategies

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## ▶ 5 Strategies Across DHHS, UNMC, and VR Including:

- CFS will continue the Bachelor's in Social Work/Master's in Social Work (BSW/MSW) Stipend Program
- DHHS will work with MMI and additional institutions of higher learning to expand the Respite Service Learning Certification program
- BHECN and DBH will continue to collaborate and align strategic planning, to advance the implementation of evidence-based practices through workforce training and growing the behavioral health workforce
- DHHS and state agency partners will explore opportunities to recruit and hire people with disabilities in high need staffing positions
- VR will work to increase the diversity of traditional health care providers and health system leaders by expanding pipeline programs and other supports and incentives for students

# Goal 7 Measures

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## 2 Measures Including:

- By 2023 increase the number of trained Respite providers available to support families/caregivers by 135
- Increase Nebraska's behavioral health workforce and competencies to serve individuals with complex and co-occurring behavioral health needs through specific and targeted best practices training

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# Nebraska Olmstead Plan

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## Next Steps and Public Comment

- ▶ This presentation will be posted to the Olmstead page on the DHHS website
- ▶ This draft plan will be posted to the Olmstead page of the DHHS website
- ▶ Advisory Group and Public Comments Due November 22
- ▶ December 2 Steering Group Meeting
- ▶ December 15 Submission to the Legislature (Sunday)
- ▶ December 17 Tentative date for Legislative Resolution Hearing
- ▶ Comments can be sent to:

[nebraskaolmstead@tacinc.org](mailto:nebraskaolmstead@tacinc.org)

# Questions & Answers

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**Nebraska Olmstead Website:**

**[dhhs.ne.gov/Olmstead](https://dhhs.ne.gov/Olmstead)**



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