

Application Abstract

The overarching goal for Nebraska's **Adolescent Health Positive Youth Development (AHPYD)-Sexual Risk Avoidance Education (SRAE)** is to provide education to Nebraska youth that normalizes optimal health behaviors by preventing teen sexual activity, which includes education for youth-serving professionals to gain improved knowledge and skills to better support Nebraska youth.

Nebraska's **Adolescent Health Positive Youth Development (AHPYD)-Sexual Risk Avoidance Education (SRAE)** program seeks to address the influences, views, and challenges facing our State's youth population through a broad life course framework. The life course framework acknowledges that each of the different life "stages" (infant, children, youth, and adulthood) provides the opportunity for interventions to improve health outcomes and that health outcomes, whether positive or negative, occur along a continuum that builds upon each preceding life stage rather than occurring in isolation. Nebraska's **AHPYD-SRAE** programming is a comprehensive prevention strategy grounded in the principles of Positive Youth Development (PYD). **AHPYD-SRAE** provides youth opportunities to build connections with caring adults that enhance critical knowledge and skills about STD prevention, values clarification, communication, and healthy relationships and behaviors in the context of their lives.

AHPYD-SRAE sites will be dispersed throughout the state. The program will target areas where teen birth and STD/STI rates are high and where disparities in teen birth rates and/or STD/STI rates are documented. Special population target groups are Vulnerable and Disconnected Youth, which include youth at risk of homelessness and youth in foster care.

The selected evidence-based intervention is Teen Outreach Program® (TOP®). TOP® can easily be replicated in urban or rural communities and adapted to fit cultural needs without compromising fidelity to the model. The TOP® curriculum helps young people develop healthy relationships, life skills, self-regulation, education and career success, and learn about adolescent development.

Nebraska's **AHPYD-SRAE** initiative will be carried out through sub-awards made to qualified recipients by the Department of Health and Human Services (DHHS), Division of Public Health, Lifespan Health Services Unit, Maternal, Child and Adolescent Health group. Program oversight will be the responsibility of the state's Adolescent Health Program Manager, Michaela Jennings who will serve as **AHPYD-SRAE** Project Director and identified contact between DHHS and the federal program office in the Administration for Children Youth and Families. The **AHPYD-SRAE** Project Director is responsible for monitoring all subawardee TOP® sites via annual site visits required by the TOP® program. Additionally, quarterly attendance, narrative, and financial reporting allow for regular sub-awardee monitoring.

Contact and Grant Request Information

State: Nebraska

Fiscal Year: 2018

Grant Allocation Amount: \$311,440

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