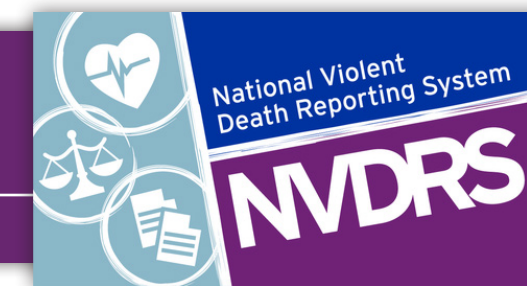
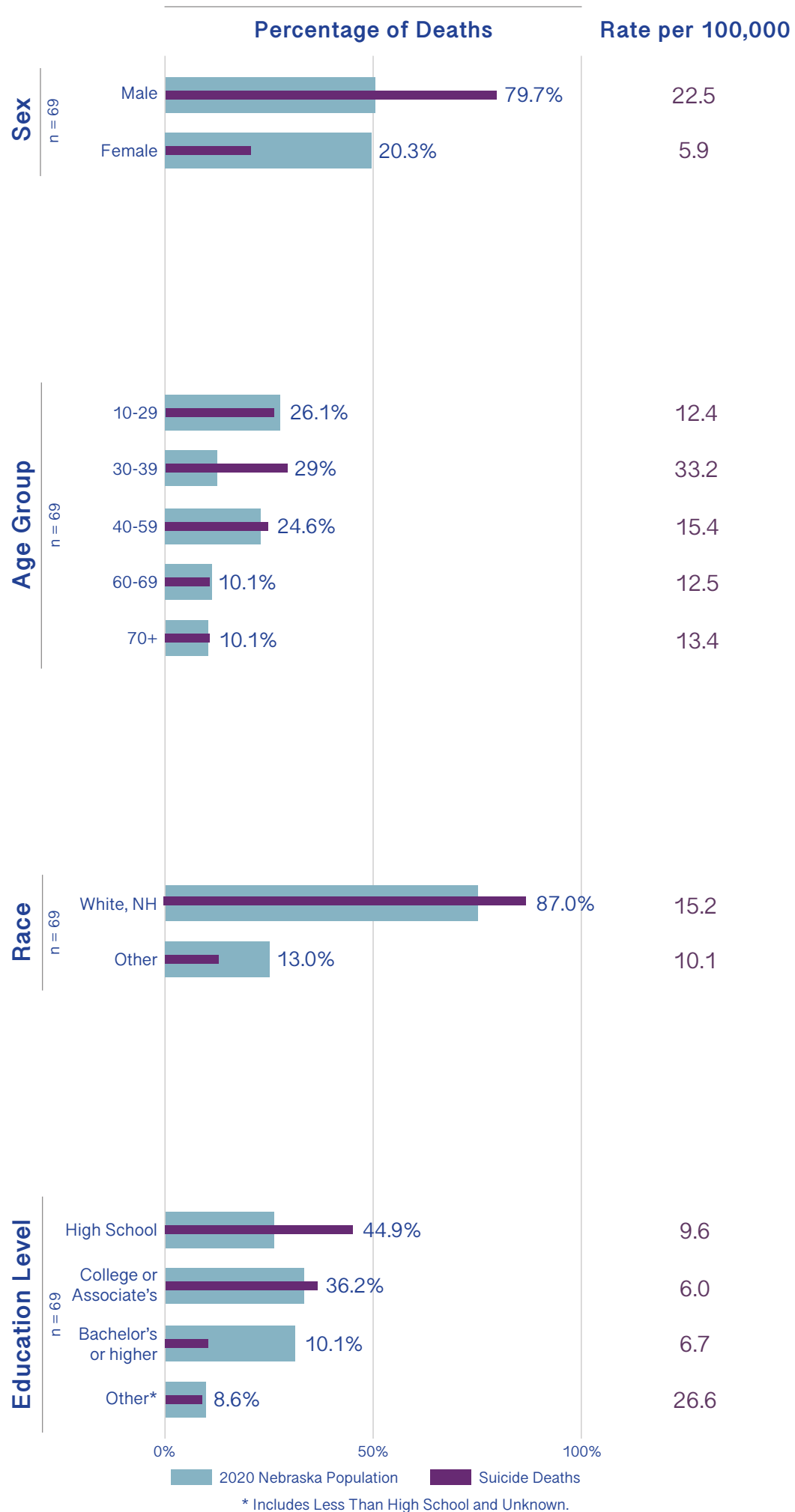


# CDC NeVDRS - 2020 Summary of Suicide Deaths in Nebraska Behavioral Health Region 5



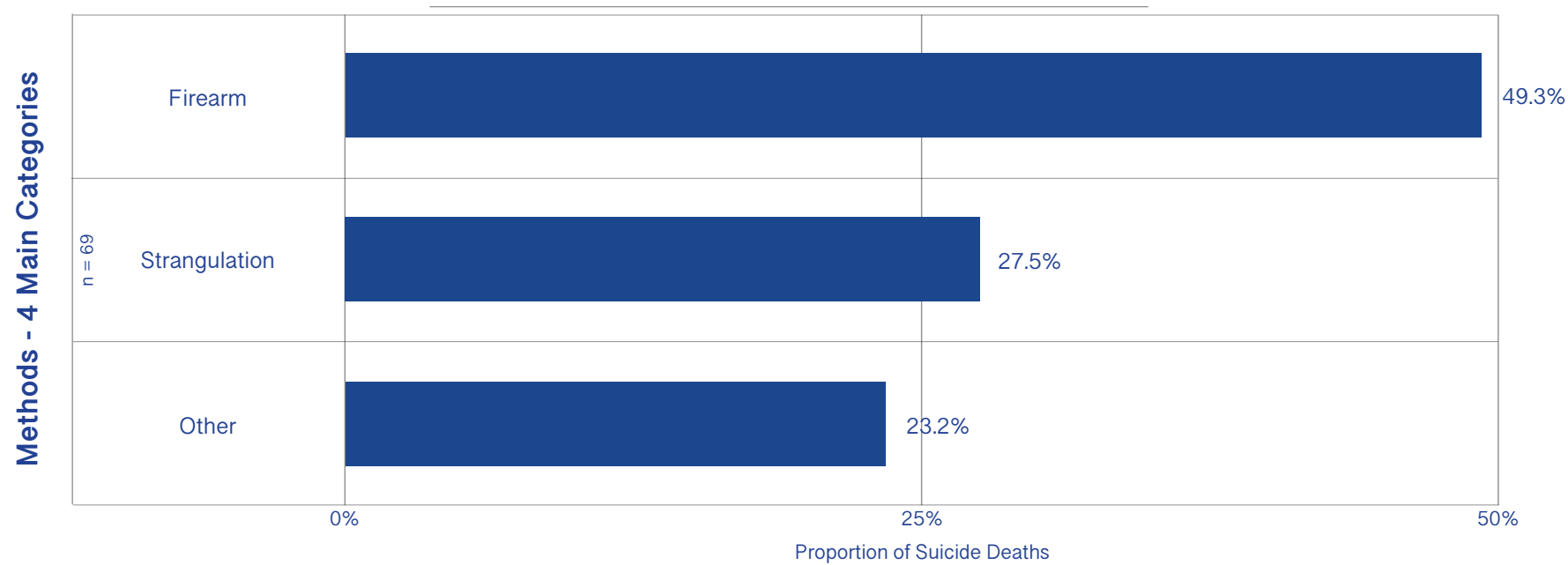
69 Total Deaths (12.2 per 100,000 Population)

## Demographics

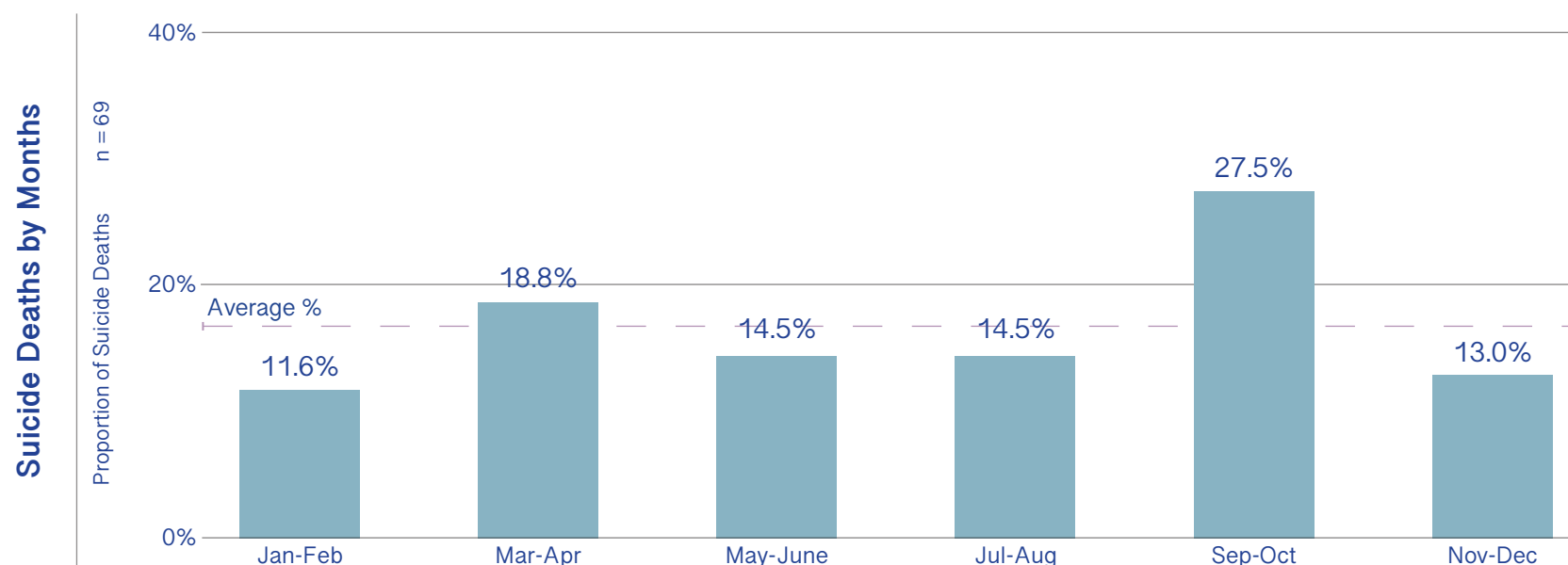


In 2020, white males with a high school education between the ages 30-39 most frequently died from suicide. Black people and American Indian or Alaska Native were disproportionately impacted by suicide in Region 5.

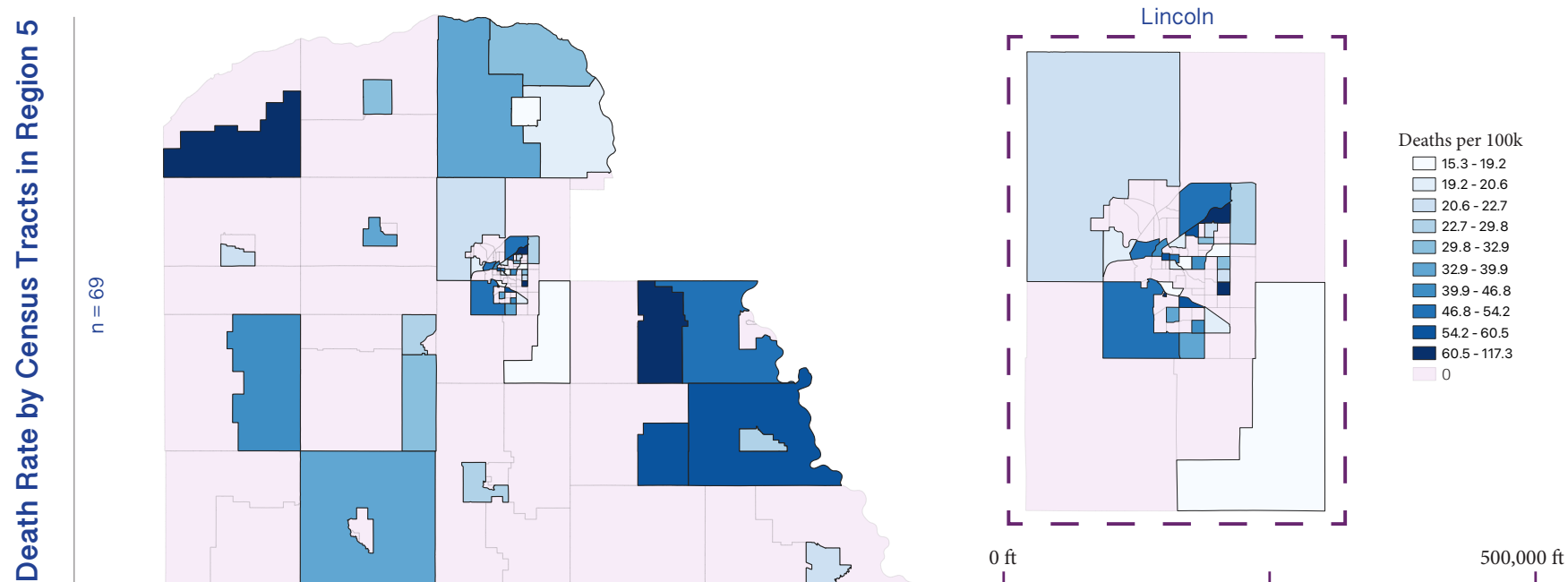
## What methods were used?



Among those who died by suicide in 2020 in Nebraska Behavioral Health Region 5, males were most likely to use firearms, and females were most likely to use poisoning (including drug overdose).



Most suicide deaths occurred in Nebraska Behavioral Health Region 5 in September and October.

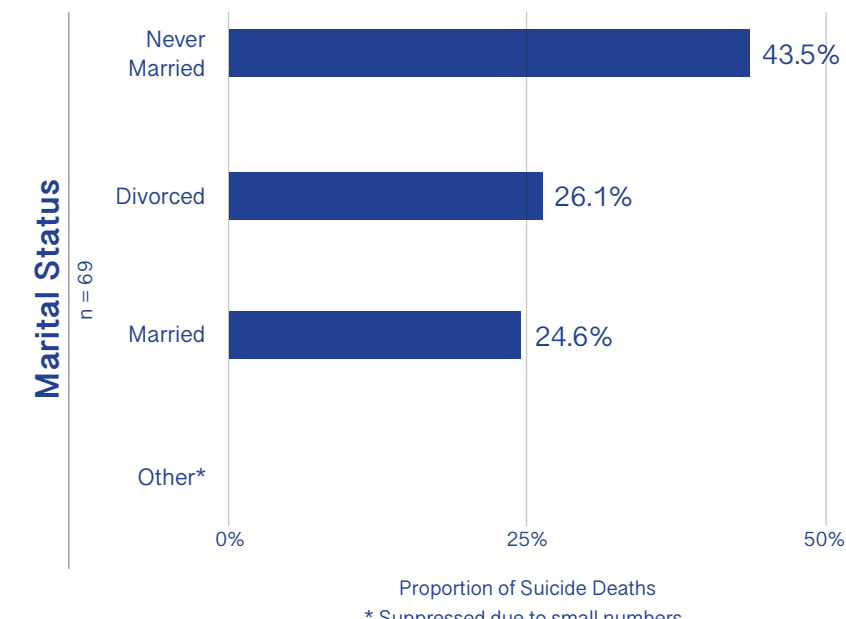


The darker blue areas on this map represent the highest rate of suicide deaths in Region 5 in 2020.

**69%**  
n = 64  
of victims were perceived by others to be depressed at the time of death.

- 76.6%** of total suicide deaths took place in a residence.
- 46.9%** of total victims had previous mental health problems.
- 43.8%** of total victims had a history of suicidal ideation.
- 25.0%** of suicide victims disclosed intent.
- 23.4%** of total victims had a history of suicide attempts.
- 26.6%** of total victims had a history of alcohol abuse.
- 29.7%** of total victims had a history of abusing non-alcoholic substances.
- 28.1%** of total suicide victims left suicide notes.
- 14.1%** of total victims had served in military.

\*statistics based on 64 cases \*categories are not mutually exclusive



Never married individuals were at the highest risk.