

Priority 1 & 2: Nebraskans will have reduced heart disease, stroke and cancer mortality, morbidity and associated risk factors.

Heart disease, stroke and cancer are among the top five leading causes of death in Nebraska. They are some of the most widespread and costly health problems facing our nation and are among the most preventable. The morbidity and mortality of heart disease, stroke and cancer are caused by many factors including high risk behaviors, poor access to care, and lack of understanding of screenings. Strategies that successfully impact these three major health problems are similar, therefore SHIP Priorities 1 and 2 were combined to create a comprehensive approach capitalizing on the efforts of collaborative partnerships.

Category	Sub-Category	Description	Time Period	Actual Value	Current Trend
R	Screenings	Nebraskans utilize preventive health screenings and experience improved coordinated health services.			
I	SHIP	Community health hub pilots are evaluated.	—	—	—
I	SHIP	Standard guidance templates are developed.	—	—	—
I	SHIP	Best practices for community health hubs are disseminated.	—	—	—
I	SHIP	A statewide education campaign to promote health screenings is implemented.	—	—	—
P		Increase the number who receive preventive health screenings and follow-up through the health hub project.			
PM	SHIP	Number of health entities that implemented a health hub project.	2014	16	↗ 1
PM	SHIP	Number of mammography screenings for women 50-74 years old at participating health hub entities.	2013	823	→ 0
PM	SHIP	Number of cervical cancer screenings for women 21-65 years old at participating health hub entities.	2014	2,207	↗ 1
PM	SHIP	Number of colon cancer screenings among 50-74 year olds at participating health hub entities.	2014	2,775	↗ 1
PM	SHIP	Number of screenings for hypertension in adults at participating health hub entities.	2014	602	↘ 1
PM	SHIP	Number appropriately referred for follow-up treatment at participating health hub entities.	2014	100	↗ 1
R	Breastfeeding	Nebraska babies are breastfed and mothers receive lactation support.			
I	SHIP	Training opportunities for lactation professionals designed to support IBCLC certification are provided.	—	—	—
I	SHIP	Preceptor model is developed and preceptor sites are established.	—	—	—
I	SHIP	Lactation support trainings for community health workers are provided.	—	—	—
P		Increase professional lactation support through the use of International Board Certified Lactation Consultants.			
PM	SHIP	Number of International Board Certified Lactation Consultants in Nebraska.	2014	115	↗ 1
PM	SHIP	Number of International Board Certified Lactation Consultants in Nebraska per live 1,000 births	2014	4.13	↗ 1
R	Evidence-Based	Nebraskans health is improved by community organizations implementing evidence-based strategies.			
I	SHIP	Capacity of community organizations to implement evidence-based strategies is assessed.	—	—	—
I	SHIP	Pooled funding models to implement evidence-based strategies are identified.	—	—	—
P	SHIP	Increase the capacity of community organizations to implement evidence-based strategies in community settings.			

PM SHIP Percentage of public health practitioners that report utilizing evidence-based strategies. **2015** **69.2%** **→ 0**

R **Worksite** Nebraska worksites support and improve employee health with wellness programs. Time Period Actual Value Current Trend

- I SHIP** A statewide strategic approach for worksite wellness programs is developed. — — —
- I SHIP** A worksite wellness toolkit and website is developed. — — —
- I SHIP** Worksite wellness council meets routinely and a collective impact conference is hosted. — — —
- I SHIP** Professional development and technical assistance opportunities are facilitated for local businesses to support worksite wellness programs. — — —

P **SHIP** Increase the number of worksites implementing and evaluating comprehensive worksite wellness programs. Time Period Actual Value Current Trend

- PM SHIP** Percentage of worksites with a health promotion or wellness committee. **2013** **20.0%** **→ 0**
- PM SHIP** Percentage of worksites that have one or more policies or programs in place that support healthy eating. **2013** **28.6%** **→ 0**
- PM SHIP** Percentage of worksites that have one or more policies or programs in place that support physical activity. **2013** **31.0%** **→ 0**
- PM SHIP** Percentage of worksites that have a policy that prohibits smoking on the whole worksite campus. **2013** **26.6%** **→ 0**
- PM SHIP** Percentage of worksites that have one or more policies or programs in place that support preventive health screenings. **2013** **76.9%** **→ 0**
- PM SHIP** Number of businesses that are members of a worksite wellness council. **2013** **350** **→ 0**

R **Schools** Nebraska schools support and improve student health with coordinated health programs. Time Period Actual Value Current Trend

- I SHIP** Leaders of coordinated school health approach are convened and efforts are identified. — — —
- I SHIP** A plan for expanding coordinated school health in Nebraska is developed and implemented. — — —

P **SHIP** Increase the number of schools that implement a coordinated school health approach to improve the health of students. Time Period Actual Value Current Trend

- PM SHIP** Number of Nebraska schools that implement the coordinated school health approach. **2014** **52** **↗ 1**
- PM SHIP** Percentage of elementary and secondary schools that ever use the School Health Index or other self-assessment tools to assess school policies, activities and programs related to physical activity. **2014** **40.6%** **↗ 1**
- PM SHIP** Percentage of elementary and secondary schools that ever use the School Health Index or other self-assessment tools to assess school policies, activities and programs related to nutrition. **2014** **41.3%** **↗ 1**
- PM SHIP** Percentage of elementary and secondary schools that ever use the School Health Index or other self-assessment tools to assess school policies, activities and programs related to tobacco. **2014** **34.5%** **↗ 1**
- PM SHIP** Percentage of elementary and secondary schools that have a written school improvement plan that includes objectives related to physical education and physical activity. **2013** **33.5%** **→ 0**
- PM SHIP** Percentage of elementary and secondary schools that have a written school improvement plan that includes objectives to school meal programs, foods and beverages available at schools outside the school meal programs. **2013** **27.3%** **→ 0**