

Important Initials to Know

TBI

Traumatic Brain Injury

DDD

Nebraska Department of Health and Human Services, Division of Developmental Disabilities

This is the DHHS division administering the AD Waiver.

HCBS

Home and Community-Based Services

NF-LOC

Nursing Facility Level of Care

SC

Service Coordination

Helpful Contacts for Eligibility and Services

Call toll-free

(877) 667-6266

TBI Waiver Application and Eligibility for Services

For questions about your TBI Waiver application or eligibility:

DHHS.ADWaiverApp@nebraska.gov

General Questions for Home and Community-Based Services

For any other questions about Community-Based Services:

DHHS.DDDCommunityBasedServices@nebraska.gov

DDD will provide contact information for the participant's chosen Service Coordination office after the Nursing Facility Level of Care determination.

DHHS

Division of Developmental Disabilities

Nebraska State Office Building
301 Centennial Mall South
PO Box 98947
Lincoln, NE 68509-8947

Phone: (877) 667-6266

E-mail: dhhs.dddcommunitybasedservices@nebrsaka.gov

Traumatic Brain Injury (TBI) Waiver

Services and Eligibility

NEBRASKA

Good Life. Great Mission.

DEPT. OF HEALTH AND HUMAN SERVICES

"Helping People Live Better Lives"

October 2023

The TBI Waiver

Medicaid HCBS waivers allow federal Medicaid and state funds, which would otherwise be used for services in institutional settings, to be used for home and community-based services. A person must have Medicaid to receive waiver services.

The TBI Waiver is for adults ages 18 and older who have had a traumatic brain injury. It provides services in the community related to the participant's needs.

The following services may be available:

- Adult Day Health
- Assistive Technology
- Caregiver Training
- Chore
- Community Connections
- Companion
- Home Modifications
- Home-Delivered Meals
- Non-Medical Transportation
- Personal Care
- Personal Emergency Response System (PERS)
- Respite
- Supported Employment—Follow-Along
- Supported Employment—Individual
- Supported Residential Living
- Vehicle Modifications

Work with your Service Coordinator to see which services you qualify to receive.

Service Coordination

Service Coordination is provided to waiver participants. Your Service Coordinator (SC) provides case management to coordinate and oversee your services. **Your Service Coordination will be through either:**

- Agencies on Aging or
- League of Human Dignity

Eligibility Requirements

To be eligible to receive services on any Medicaid Waiver, you must:

- Be a citizen of the United States of America or a qualified alien under the federal Immigration and Nationality Act and be lawfully present in the United States;
- Be a legal resident of the State of Nebraska;
- Be eligible for and receiving Nebraska Medicaid;
- Meet Nursing Facility Level of Care (as outlined in 471 NAC 12); and
- Have a need for waiver services.

To be eligible for the TBI Waiver, you must:

- Be age 18 years or older;
- Be disabled according to Social Security criteria;
- Have a diagnosis of traumatic brain injury; and
- Meet nursing facility level of care.

A person must choose to receive Medicaid HCBS Waiver services instead of living in an institutional setting.

How to Apply

Submit an application for eligibility to be determined. The application is at <http://public-dhhs.ne.gov/Forms/DisplayPDF.aspx?item=3443>.

You can complete, print, sign, and mail to:
DDD Eligibility
PO Box 98947
Lincoln, NE 68509-8947

Or email to: DHHS.ADWaiverApp@nebraska.gov.

You can call DDD toll-free at (877) 667-6266 if you have questions or would like an application be mailed to you.

You can go to any DHHS office and ask for assistance.

TBI Diagnosis

A traumatic brain injury:

- Is a non-degenerative, non-congenital insult to the brain from an external mechanical force;
- May lead to permanent or temporary impairment of cognitive, physical, and psychosocial functions; and
- Has an associated diminished or altered state of consciousness at the time of diagnosis.

The TBI Waiver is not for acquired brain injury caused by strokes, tumors, or other non-traumatic causes.

The term TBI does not apply to brain injuries induced or caused by birth trauma.

Nursing Facility Level of Care

The TBI Waiver is based on the level of care needed to live in a nursing facility (NF-LOC).

The NF-LOC assessment tool looks at needs in activities of daily living, risk factors, medical treatment, and cognition factors.

A separate brochure explains the NF-LOC process.

Other Benefits and Services

You must **apply for and accept** any federal Medicaid benefits for which you may be eligible **and** benefits from other funding sources within the Department and other agencies, to the maximum extent possible. Services normally covered under Medicaid, or other programs, are used before waiver services.