

# dementia caregiving in nebraska

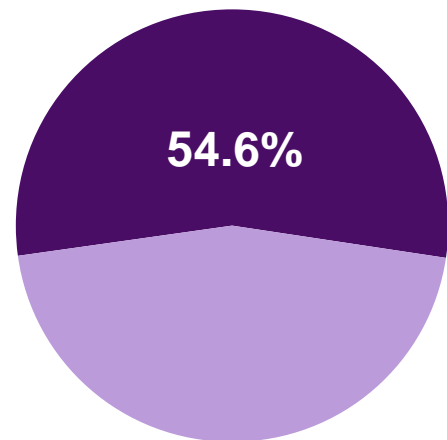
DATA FROM THE 2015 BEHAVIORAL RISK FACTOR SURVEILLANCE SYSTEM

In Nebraska, more than half of all adults providing unpaid care to loved ones with Alzheimer's or another dementia have been doing so for at least two years.

Nearly one-third of Alzheimer's and dementia caregivers provide 9 or more hours of care per week.

One in three dementia caregivers are in the "sandwich generation" – caring for both someone with dementia and a child or grandchild.

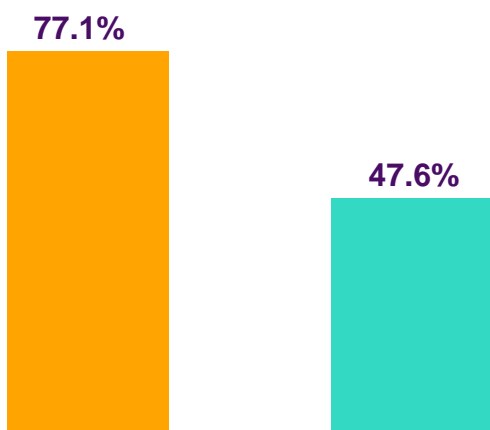
Percent of dementia caregivers providing care for at least 2 years



Characteristics of Alzheimer's and Other Dementias Caregivers

Gender		Age		Hours of Care per Week		Caring for Parent or Parent-in-law	Also Caring for Minor
Women	Men	55-64	65+	1-8	9+	56.9%	33.6%
62.2%	37.8%	53.3%	20.5%	67.8%	32.2%		

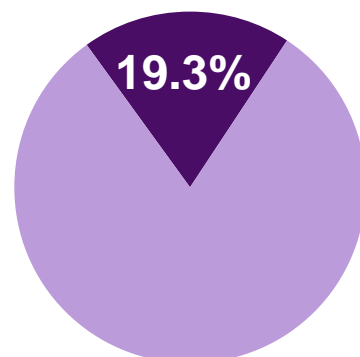
Percent of dementia caregivers providing help with specific tasks



Manage household care, such as cleaning or cooking

Manage personal care, such as feeding or bathing

Percent of dementia caregivers with a history of depression



This Fact Sheet is supported by Cooperative Agreement #NU58DP006115 from the Centers for Disease Control and Prevention (CDC). Its contents are solely the responsibility of the Alzheimer's Association and do not necessarily represent the official views of the CDC.