

# Nebraska Medicaid Home and Community- Based Services (HCBS) Developmental Disabilities (DD) Waivers

# SERVICES QUICK GUIDE

*The Quick Guide is an introduction to services and may be used to decide which services to consider. When a service looks good to you, read more about it in the DD Policy Manual: Chapter 8 gives service definitions, limitations, and what types of providers can offer each service. Your Service Coordinator will also explain services and discuss provider options.*

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DEPT. OF HEALTH AND HUMAN SERVICES

## SERVICES AVAILABLE

Available services are based on which Medicaid Home and Community-Based Services (HCBS) developmental disabilities waiver you are on.

The Division of Developmental Disabilities (DDD) has two HCBS waivers for people who receive developmental disabilities services in the community and meet the same level of care criteria as people living in an Intermediate Care Facility for Individuals with Intellectual Disabilities (ICF-IID):

- The Developmental Disabilities Adult Day Waiver (DDAD) is for people ages 21 and older. The focus is on employment.
- The Developmental Disabilities Comprehensive (CDD) Waiver is for people of all ages.

<b>Services Available</b>	<b>DDAD Waiver</b>	<b>CDD Waiver</b>
<b>Adult Day</b>	Yes	Yes
<b>Assistive Technology</b>	Yes	Yes
<b>Behavioral In-Home Habilitation</b>	-	Yes
<b>Child Day Habilitation</b>	-	Yes
<b>Community Integration</b>	Yes	Yes
<b>Consultative Assessment</b>	Yes	Yes
<b>Day Support</b>	Yes	Yes
<b>Environmental Modification Assessment</b>	Yes	Yes
<b>Home Modification</b>	Yes	Yes
<b>Homemaker</b>	-	Yes
<b>Independent Living</b>	Yes	Yes
<b>Medical In-Home Habilitation</b>	-	Yes
<b>Personal Emergency Response System (PERS)</b>	Yes	Yes
<b>Prevocational</b>	Yes	Yes
<b>Residential Habilitation - Continuous Home</b>	-	Yes
<b>Residential Habilitation - Host Home</b>	-	Yes
<b>Residential Habilitation - Shared Living</b>	-	Yes
<b>Respite</b>	Yes	Yes
<b>Small Group Vocational Support</b>	Yes	Yes
<b>Supported Employment - Follow-Along</b>	Yes	Yes
<b>Supported Employment - Individual</b>	Yes	Yes
<b>Supported Family Living</b>	Yes	Yes
<b>Therapeutic Residential Habilitation</b>	-	Yes
<b>Transitional</b>	Yes	Yes
<b>Transportation</b>	Yes	Yes
<b>Vehicle Modification</b>	Yes	Yes

## **ADULT DAY**

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Adult Day provides meaningful day activities in a safe, supervised place away from your home. You can use this service to do things in your community. Your provider helps you become more independent with health and social needs. Your provider helps you with activities of daily living, health maintenance, and supervision. You cannot use this service for a job or volunteering.

## **ASSISTIVE TECHNOLOGY**

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Assistive Technology includes devices, equipment, and appliances to help you do things on your own so you need less help from other people.

## **BEHAVIORAL IN-HOME HABILITATION**

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Behavioral In-Home Habilitation is a short-term service for when you are having a severe mental health event or behavior that keeps you from your normal daily activity. This service is provided in your home. Your provider helps you with activities of daily living, health maintenance, and supervision. This is a habilitative service.

## **CHILD DAY HABILITATION**

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Child Day Habilitation takes place in a community setting. It provides teaching and staff support to meet the age-appropriate needs of your child, due to a disability or special health condition. The focus is teaching and providing support to promote independence and personal growth while encouraging community integration. This is a habilitative service.

## **COMMUNITY INTEGRATION**

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Community Inclusion teaches self-help, appropriate Behaviors, socialization, and adaptive skills. This service mostly takes place in the community. You decide where and how often you want to go places. This service increases your independence and personal choice, and interactions with people in your community. Your provider helps you with activities of daily living, health maintenance, and supervision. This is a habilitative service.

## **CONSULTATIVE ASSESSMENT**

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Consultative Assessment helps you stay in your current services while keeping you, and others, safe. The provider observes you in your home and where you receive day services, does a functional behavioral assessment, and gives your team recommendations. Behavioral interventions are developed, used, evaluated, and revised as needed. This is a habilitative service.

## **DAY SUPPORT**

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Day Support provides activities in a provider-controlled day location. Your provider teaches self-help, appropriate behaviors, socialization, and adaptive skills. This service is available when you do not have an employment goal and are not looking for a job. Your provider helps you with activities of daily living, health maintenance, and supervision. This is a habilitative service.

## **ENVIRONMENTAL MODIFICATION ASSESSMENT**

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Environmental Modification Assessment is an evaluation to identify devices you need or changes to be made to your home or vehicle. It looks at your health and safety needs, how you access your community and your independence. This service may be required before using Assistive Technology, Home Modifications, or Vehicle Modifications.

## **HOME MODIFICATION**

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Home Modifications are changes to your home to make it easier and safer to get around and do things for yourself. Modifications should help you better access your home and need less help from other people.

## **HOMEMAKER**

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Homemaker helps with general household tasks, such as cooking, laundry, errands, and cleaning. This short-term service can be used when the person who usually does household tasks is not able to help. Homemaker does not include care or supervision. This service is available to people under the age of 18, living in their family home. Other DHHS services can meet this need for people ages 18 and older.

## **INDEPENDENT LIVING**

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Independent Living is provided in your own home. Your provider teaches skills for living independently and doing things in your community. Your provider helps you with activities of daily living, health maintenance, and social and leisure skills. This is a habilitative service.

## **MEDICAL IN-HOME HABILITATION**

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Medical In-Home Habilitation is a short-term service for when you are having a severe medical event that keeps you from your normal daily activity. This service is provided in your home. Your provider helps you with activities of daily living, health maintenance, and supervision. This is a habilitative service.

## **PERSONAL EMERGENCY RESPONSE SYSTEM (PERS)**

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PERS is an electronic device to help you contact someone in an emergency. The system is connected to your telephone and notifies a designated person or call center when you push a button.

## **PREVOCATIONAL**

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Prevocational teaches you general job-related skills needed to get a job in the community. This service can be used for up to 12 months. Your provider helps you with activities of daily living, health maintenance, and supervision. This is a habilitative service.

## **RESIDENTIAL HABILITATION – CONTINUOUS HOME**

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Continuous Home is provided in a provider-controlled home with shift staff. Your provider teaches you skills for living independently and doing things in your community. Your provider helps you with activities of daily living, health maintenance, social and leisure skills, and supervision. This is a habilitative service.

## **RESIDENTIAL HABILITATION – HOST HOME**

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Host Home is provided in the home of an agency provider employee. You live with the employee and share daily life with the family in the home and community. Your provider teaches you skills for living independently and doing things in your community. Your provider helps you with activities of daily living, health maintenance, social and leisure skills, and supervision. This is a habilitative service.

## **RESIDENTIAL HABILITATION – SHARED LIVING**

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Shared Living is provided in the home of an agency provider contractor. You live with the contractor and share daily life with the family in the home and community. Your provider teaches you skills for living independently and doing things in your community. Your provider helps you with activities of daily living, health maintenance, social and leisure skills, and supervision. This is a habilitative service.

## **RESPITE**

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Respite is a short-term service you can use when you cannot care for yourself. Respite is temporary relief to the usual caregiver who lives with you. Your provider helps with activities of daily living, health maintenance, and supervision. This service has yearly limits of 240 hours on the DDAD waiver and 360 on the CDD waiver.

## **SMALL GROUP VOCATIONAL SUPPORT**

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Small Group Vocational Support is provided at a business or in your community. You work alone or with a team to learn work skills and behavior. The business pays your provider and your provider pays you. You may interact with employees or customers. Your provider helps you with activities of daily living, health maintenance, and supervision. This is a habilitative service.

## **SUPPORTED EMPLOYMENT - FOLLOW-ALONG**

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Supported Employment – Follow-Along helps you keep your competitive job. This service may be provided with you or by communicating with your employer for you. This is a habilitative service.

## **SUPPORTED EMPLOYMENT - INDIVIDUAL**

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Supported Employment – Individual provides a job coach for one-on-one teaching to help you keep your competitive job. This service is provided at your job. Your provider helps you with job skills and referrals for other resources. This is a habilitative service.

## **SUPPORTED FAMILY LIVING**

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Supported Family Living is provided in your family home. Your provider teaches you skills for living independently and you do things in your community. Your provider helps you with activities of daily living, health maintenance, social and leisure skills, and community access. This is a habilitative service.

## **THERAPEUTIC RESIDENTIAL HABILITATION**

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Therapeutic Residential Habilitation is an all-inclusive service. It is for when you have co-occurring disorders of developmental disabilities and severe mental illness. This service is provided by shift staff in a provider's residential setting and the community. This is a habilitative service.

## **TRANSITIONAL**

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Transitional pays the one-time expenses to help you move out of an ICF-IID, nursing home, or regional center. It may include essential furniture, household supplies, security deposits, basic utility fees or deposits, or moving costs.

## **TRANSPORTATION**

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Transportation provides rides to and from waiver services, separate from transportation during services. Transportation should not replace other options available to you, such as rides from friends or family. Transportation cannot be used for rides to medical appointments because other DHHS services can meet this need.

## **VEHICLE MODIFICATION**

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Vehicle Modifications are changes to an automobile/van to accommodate your need to integrate more fully into the community. Modifications should help you better access your vehicle and need less help from other people.