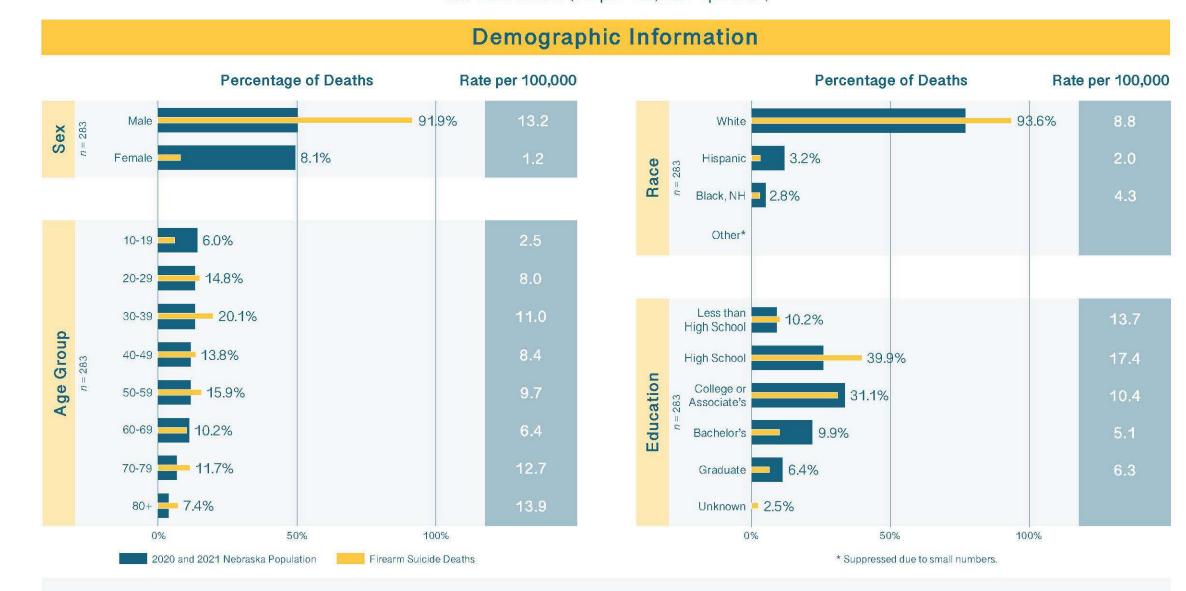
### NEBRASKA DEPT. OF HEALTH AND HUMAN SERVICES

### Summary of Firearm Suicide Deaths in Nebraska

REPORTING SYSTEM

283 Total Deaths (7.2 per 100,000 Population)



In 2020 and 2021, white males with a high school education and between the age of 30-39 years old most frequently died from suicide associated with firearm. American Indian/Alaska Native Non-Hispanic males were disproportionately impacted by firearm suicide in Nebraska.

# Suicide Deaths by Month

In 2020 and 2021, approximately 28.3% of firearm suicides in Nebraska took place in the first quarter. The month of November recorded the highest number of suicides, accounting for 10.6% of the total. The majority of individuals who lost their lives to firearm suicide during the first quarter were white males, with an average age of 48 and possessing some college degree or higher.

### **Marital Status**



of the suicide deaths were among never married

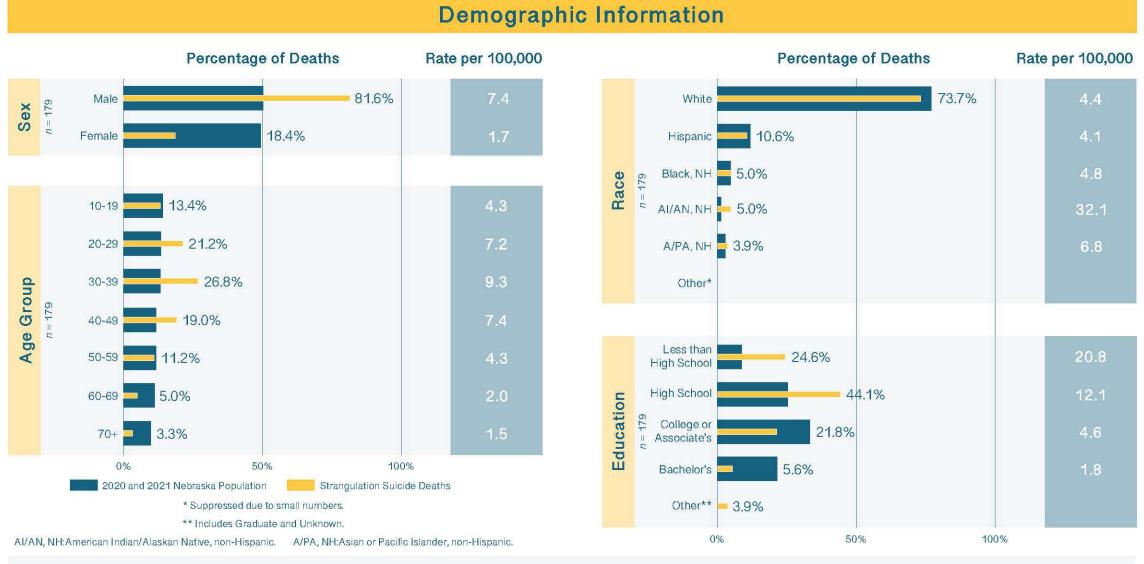
of the suicide deaths were among married individuals.

### Other Decedent Characteristics of total suicide deaths took place in a residence. of total suicide victims experienced homelessness of total suicide victims had previous mental health of total suicide victims were diagnosed with of total suicide victims were diagnosed with bipolar disorder or bipolar disorder. of total suicide victims had history of mental of total suicide victims had current mental health of total suicide victims were perceived by others to be depressed at the time of death. of total suicide victims had a history of suicidal of total suicide victims had a history of suicide of total suicide victims had recently disclosed of total suicide victims had disclosed their suicidal intent to their intimate partner. of total suicide victims left suicide notes. of total suicide victims had a history of alcohol of total suicide victims had a history of substance abuse other than alcohol. of total suicide victims had a history of physical health problems. of total suicide victims had criminal or legal of total suicide victims had intimate partner of total suicide victims had family or other relationship problems. of total suicide victims had known recent

### Suicide Death Rate by Census Tracts Lancaster County 5.6 - 9.6 The darker blue areas on this map represent the highest 9.6 - 10.8 20.7 - 26 rate of suicide deaths in Nebraska in 2020 and 2021. 10.8 - 11.8 26 - 31.1 11.8 - 13.9 31.1 - 83.3 13.9 - 15.4

### Summary of Strangulation Suicide Deaths in Nebraska

179 Total Deaths (4.6 per 100,000 Population)



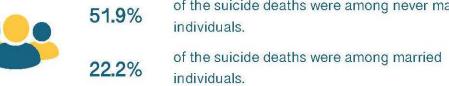
In 2020 and 2021, white males with a high school education and between the age of 20-39 years old most frequently died from suicide associated with strangulation. American Indian/Alaska Native Non-Hispanic males were disproportionately impacted by strangulation suicide in Nebraska.

## Suicide Deaths by Month In 2020 and 2021, approximately 30.9 % of strangulation suicides in

Nebraska took place in the fourth quarter. The month of October recorded the highest number of suicides, accounting for 14.6% of the total. The majority of individuals who lost their lives to strangulation suicide during the fourth quarter were white males, with an average age of 37 and possessing a high school degree.

## of the suicide deaths were among never married

**Marital Status** 

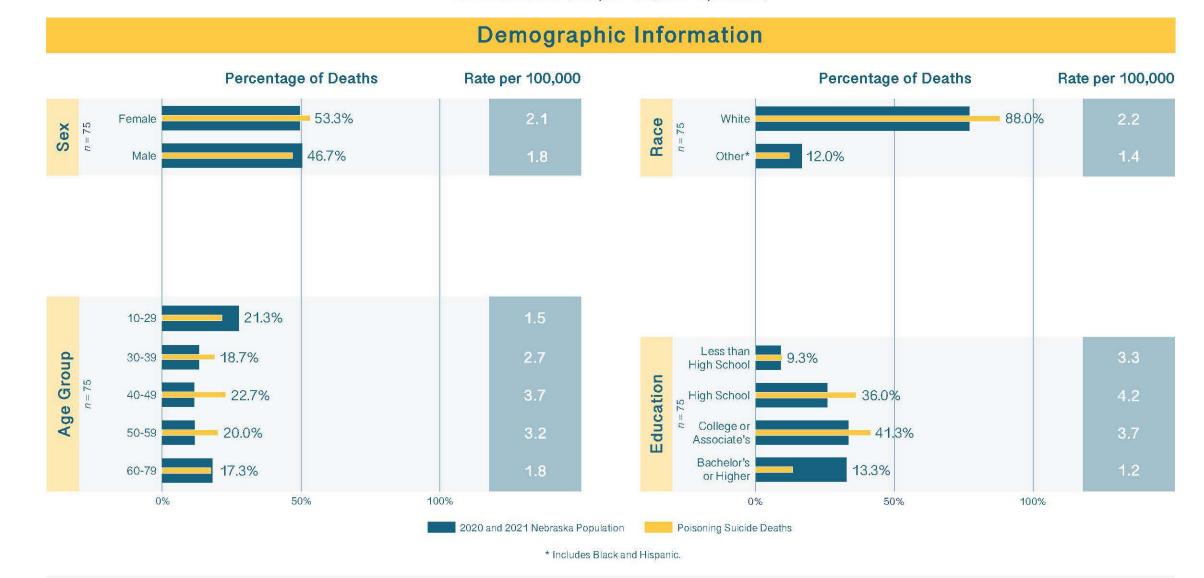


Other Decedent Characteristics of total suicide deaths took place in a residence. of total suicide victims experienced homelessness of total suicide victims had previous mental health of total suicide victims were diagnosed with of total suicide victims were diagnosed with bipolar disorder or anxiety disorder. of total suicide victims had history of mental of total suicide victims had current mental health of total suicide victims were perceived by others to be depressed at the time of death. of total suicide victims had a history of suicidal of total suicide victims had a history of suicide of total suicide victims had recently disclosed their suicidal intent. of total suicide victims had disclosed their suicidal intent to their intimate partner. **28.5%** of total suicide victims left suicide notes. of total suicide victims had a history of alcohol of total suicide victims had a history of substance abuse other than alcohol. of total suicide victims had a history of physical health problems. of total suicide victims had criminal or legal of total suicide victims had intimate partner of total suicide victims had family or other relationship problems. of total suicide victims had known recent

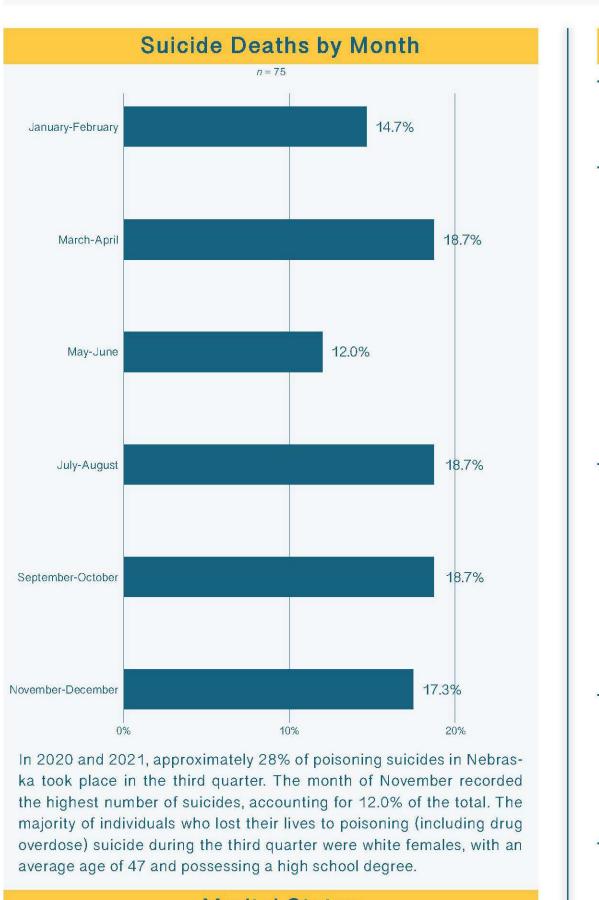
### Suicide Death Rate by Census Tracts Douglas County Lancaster County 6.77 - 9.19 15.64 - 18.94 The darker blue areas on this map represent the highest 9.19 - 9.79 18.94 - 23.62 rate of suicide deaths in Nebraska in 2020 and 2021. 9.79 - 11 23.62 - 29.81 11 - 12.34 29.81 - 52.23 12.34 - 13.93 0

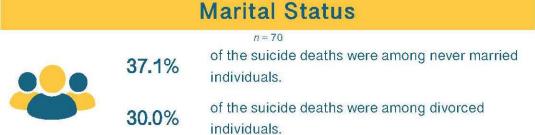
### Summary of Poisoning Suicide Deaths in Nebraska

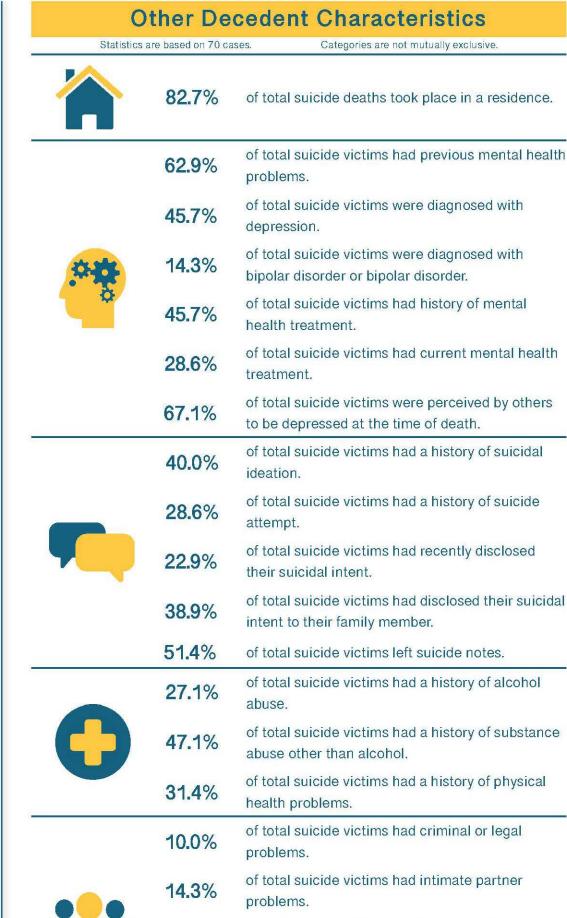
75 Total Deaths (1.9 per 100,000 Population)



In 2020 and 2021, white females with college credits or an Associate's degree and between the age of 40-49 years old most frequently died from suicide associated with poisoning (including drug overdose). Black Non-Hispanic females were disproportionately impacted by poisoning suicide in Nebraska.







of total suicide victims had family or other

of total suicide victims had known recent

relationship problems.

